

SGGPCP Updates

Adaptation planning for community service organisations and primary care partnerships



SGGPCP has played an integral role in developing a policy briefing paper to state government as a direct result of VCCCAR's (Victorian Centre for Climate Change Adaptation Research) Implementing Adaptation Research Project. The policy brief entitled **Adaptation planning for community service organisations and primary care partnerships** identifies the impacts of climate change on health and wellbeing and recognises the particular implications for disadvantaged people. The policy paper recommends that in order to support vulnerable people we need to engage in adaptation planning and that primary health and community agencies can play a central role in facilitating improvements to community resilience. The paper also reminds us that we need to move beyond emergency and extreme weather event planning. The document includes a number of policy recommendations and key messages including that adaptation planning needs to be a key priority for the health sector and that PCP should be co-ordinators for adaptation and action.

<http://www.vcccar.org.au/sites/default/files/publications/Implementing%20Adaptation%20Policy%20Brief.pdf>

Plan, Prepare Lead – Workshop

SGGPCP together with Southern Grampians Shire Council and RMIT are very excited to present a workshop, Plan Prepare Lead facilitated by Alianne Rance to assist agencies and community services to plan for climate change. Supported through the Victorian Adaptation and Sustainability Partnership, this workshop is being made available as part of the Rural People: Resilient Futures Project. In order to reduce the impact of climate change on our community, health and community service agencies will play a vital role reducing the impacts on their services and their clients and consumers. This workshop provides a unique opportunity to plan together with expert facilitation and leadership.

Thursday 4 September, 10am – 2pm, RMIT University, Ballarat Road Hamilton

RSVP Jo Brown joanne.brown@wdhs or 555 18563

Find out more about the Rural People: Resilient Futures Project: http://sggpcp.com/?page_id=29

Leadership Great South Coast 2015 Program Applications Now Open – Over \$15,000 scholarships available*

Ready to develop your leadership skills and contribute to the growth and development of your region? Challenge yourself with the ultimate professional and personal development program - Leadership Great South Coast.

Learn more about the 2015 Program and download an application form: <http://www.leadershipgreatsouthcoast.org.au/application-2/> Leadership Great South Coast has been formed to provide an innovative leadership development program to support a thriving and resilient Great South Coast region. Click here for more info: <http://www.leadershipgreatsouthcoast.org.au/> Our annual leadership development program is aimed at emerging and new leaders sourced from the diversity of business, government and community sectors within the region.

How Do I Apply? Visit www.leadershipgreatsouthcoast.org.au for program and speaker information, FAQ's, application forms and application submission details.

First Round applications close 25 September 2014. All scholarship applications are advised to submit by this date.

**Scholarship information and criteria are available upon request.*

For further information contact Leadership Great South Coast Executive Officer, Amanda Hennessy on 0408 627 066

Port Fairy Good Health Day

Good health is important for everyone. Come along to our good Health Day to learn about managing stress with Ray Reardon, plus senior's rights, driving for older people and in-dependence as you age.

Tuesday 30th September 2014, 10:30am to 2:30pm, The Victoria Hotel, Drill Hall, 42 Bank Street, Port Fairy

Morning tea and lunch provided

RSVP and further information: Mpower on 5561 8111 by Friday 26th September 2014

Southern Grampians and Glenelg Primary Care Partnership,

Upper Level, 157 Gray Street (PO Box 283), Hamilton 3300

Executive Officer: Janette Lowe, Manager Health & Wellbeing: Jo Brown

Project Officers: Rowena Wylie, Penny Fraser, Clinton Thomas, Claire Nailon, Mel Russell

Office Coordinator: Robyn Holcombe

W: www.sggpcp.com

T: 03 55518471



Local Landscape Enhancement Grants NOW OPEN

The Victorian Government has announced the opening of a new grants program - the Local Landscape Enhancement Grants. Applications are invited for this grants program from members of the community who are seeking to undertake projects that improve our environment, contribute to our environmental knowledge and encourage people to enjoy their local area.

- **Project funding:** applications are being sought for small and medium grants of **up to \$50,000**.
- **Project duration:** single year projects that are completed by 30 December 2015 are eligible for funding.
- **Applications close: 4pm Monday 15 September 2014**
- **Application form:** to view the application form or to apply, go to <https://depi.smartygrants.com.au/LLEG>

More information: see the program guidelines and FAQs via this link <http://www.depi.vic.gov.au/environment-and-wildlife/community-programs/LLEG-program> and/or call the Grants Information Line on 1300 366 356 (during business hours).

Building Respectful Relationships: Stepping Out Against Gender-Based Violence

DEECD has released a new resource, *Building Respectful Relationships: Stepping Out Against Gender-Based Violence*. It provides teaching and learning activities planned around key themes of gender, power, violence and respect as well as advice around a whole-school approach to violence prevention. The resource enables schools to integrate the activities into existing health and sex education programs, other learning areas or areas such as pastoral care and personal development.

The full resource is available at <http://www.education.vic.gov.au/school/teachers/health/pages/respectrel.aspx>.

Carers Victoria Professional Development Workshop

Carer Recognition Act (targeting management)

Tuesday 9 September, 9:30am-12:30pm, Archie Graham Community Centre, 118-130 Timor Street, Warrnambool

Did you know that there is federal and state legislation which recognises the family carer and which is aimed at producing attitudinal and practical change in organisations?

In this workshop, you will:

- Come to understand the principles which underpin the legislation, and the issues which carers face
- Learn about the measures your organisation needs to take to comply with the legislation.
- Learn how to ensure that family carers, both as clients and employees, are included and recognised as laid down in the Act

Cost: \$55 incl GST **RSVP Friday 5 September 2014**

Further information and copy of registration form contact Wendy Jones 5561 8127 or wjones@mpower.org.au

REGISTRATION MUST BE RECEIVED AND PAID TO SECURE YOUR PLACE

Arthritis and Osteoporosis Victoria Webinar – Ankylosing Spondylitis

Title: Ankylosing spondylitis: if you don't know what to look for, how are you going to treat it?

Date and Time: 7-8pm (AEST), Monday 8 September 2014

Webinar overview: Up to 5% of chronic back pain is inflammatory. Many of these patients with inflammatory back pain will have a spondyloarthritis such as ankylosing spondylitis. Most patients do not get the correct diagnosis for a decade, meaning multiple visits to GPs, musculoskeletal therapists, alternative medicine practitioners and allied health professionals. The result is frustration, persistent pain and suffering. Dr Irwin Lim and Mr Errol Lim will discuss reasons why this is the case and discuss measures to try and improve this. They will update you on new management strategies.

Audience: Health professionals of various disciplines across the musculoskeletal health and other sectors

For further information and to register, click here: <http://www2.redbackconferencing.com.au/AOV8SEPT14>

For further information about other webinars in our 'MSK Health' webinar series, click here:

<http://www.arthritisvic.org.au/Courses-and-Events/Musculoskeletal-Health-Webinar-Series>



Food/Produce Swap

Bring along any excess produce that you have and swap for something you don't grow. Swaps are a great opportunity to share knowledge and skills.

Merino Produce Swap – 2nd Saturday of month, next swap Saturday 13th Sept, 10am-11am, Merino Community Health Centre

Heywood Food Swap – last Friday of month, next swap Friday 29th August, 5pm-6:30pm, Apex Park

Nareen Produce Swap – last Sunday of month, next swap Sunday 31st August, 10-11:30am at Nareen Hall