



Goal Directed Care Planning: Why, When and How!

This interactive program provides staff with the information and practical strategies to support effective goal setting and person centred care planning. Staff also have the opportunity to discuss current challenges and work collaboratively to generate effective and sustainable solutions.

The training is run over **1.5** days. **Session 1** includes:

- Best practice approaches to goal setting with clients and carers
- Strategies to understand clients' needs and priorities and how to translate these into tangible goals
- Effectively engaging clients and carers in GDCP (including clients who have dementia, communication difficulties or limited capacity for effective planning and decision making)
- How to develop and document person centred care plans
- An introduction to the organisational systems that support effective GDCP.

Session 2: A 3 hour follow up session (held up to 6 weeks later) allows staff the opportunity to review progress, discuss challenges and seek support and guidance about how to embed GDCP into their practice. This also includes a collaborative review of organisational tools and systems to support effective practice.

Participant Feedback:

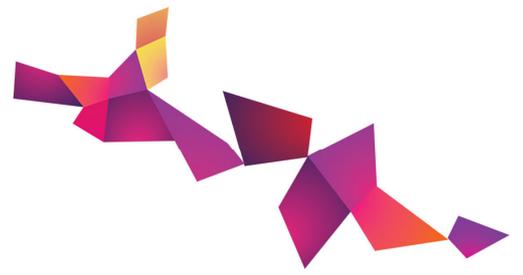
In 2015, 97% of participants found the program valuable and 98% would recommend it to other people

"We have been working on care planning for so long this is the first time I feel that we have received the information we need to actually develop a system that will be useful for our clients and be achievable for us to implement"

"Lots of people think they know about how we practice, but Kate really gets it and we were able to ask questions about applying this in our work with real clients and with the real pressures of normal practice and be confident that Kate understood how to make it work"

Target Group:	This workshop is designed for groups of up to 25 staff who are responsible for assessment, goal setting and care planning. No prerequisite training is required.
Training Dates:	Day 1: Thursday 16 th February 2017 9am to 4.30pm Day 2: Thursday 23 rd March 2017 9am to 12pm
Venue:	Casterton Memorial Hospital (Dr Floyd Community Room), Russell St, Casterton
Cost:	\$100 per person
Notes:	To ensure there is adequate time to answer questions and support group members, sessions are capped at a maximum of 25 participants. Training costs include provision of the GDCP toolkit, full colour handouts and training materials for all participants.
Registrations:	To register please complete the registration form and email to robyn.holcombe@wdhs.net . An invoice will be sent to you after registration; for group bookings an invoice can be sent to your organisation.
Further information:	Rowena Wylie m: 0419 143 652 e: rowena.wylie@wdhs.net or Robyn Holcombe p: 5551 8471 e: robyn.holcombe@wdhs.net





Kate Pascale

MPH, B Occ. Ther.

Kate is an Occupational Therapist, author and the Director of *Kate Pascale and Associates* – a consultancy firm that specialises in supporting health and community services develop strong partnerships and building the capacity of staff and organisations to deliver effective, client centred care.

Kate is passionate about supporting people to be the best they can be. After working as an Occupational Therapist for a decade, Kate began working on a range of quality improvement initiatives and went on to complete her Masters of Public Health.

Kate's work focuses on supporting health and community services develop strong partnerships and building the capacity of staff and organisations to deliver effective, client centred care. Her expertise and experience has placed her in high demand as a facilitator, consultant, lecturer and project manager. Kate is also completing her PhD, focusing on the community's perceptions of access to, and coordination of our public health services.

Over the last 6 years, person centred planning has been a key part of Kate's work. Kate has led a broad range of projects across a number of service types, building the systems, tools and skills to embed effective care planning at an agency, partnership and sector level. She has also developed a range of resources, including the *Goal Directed Care Planning toolkit*, which has been rolled out across Victorian HACC services and is now being used to support best practice in a number of settings.

