

Southern Grampians Glenelg

PCP BULLETIN Issue #26, 4th September 2014



SGGPCP Updates

Assessment of Chronic Illness Care (ACIC) 2014

Since 2007, the Department of Health has conducted annual Service Coordination survey through the PCPs. This process has changed in 2014, and Primary Care Partnerships are now required to submit an Assessment of Chronic Illness Care (ACIC) improvement plan to the Department of Health. SGGPCP is inviting member agencies to participate in the survey during September 2014. This is an opportunity to measure how chronic illness care is practiced or progressed by your agency and benchmark with like organisations. For further information or to participate, please contact Claire Nailon (Project Officer) claire.nailon@wdhs.net, (03) 5551 8562 or visit www.sggpcp.com . Click here for direct link to Systems Improvement page

Online Service Coordination Learning Module

SGGPCP is encouraging member agencies to participate in the Online Service Coordination Learning Module. Service Coordination places consumers at the centre of service delivery - ensuring that they have access to the services they need, opportunities for early intervention and improved health outcomes. The Module is an e-learning tool developed by the Victorian Department of Health (DH) and the Victoria Primary Care Partnerships to support the practice of Service Coordination in Victoria. The course takes approximately one hour to complete (you can save and return at any time) and is an 'open-book' learning experience where you can access the Victorian Service Coordination Practice Manual throughout the course. To complete the online learning module, click here: http://www.health.vic.gov.au/pcps/workforce/

BREAKING THE ICE – PORTLAND FORUM ON DRUG USE

An opportunity for the Portland and district community to air concerns, ask questions and share thoughts on ICE and other drug and alcohol issues.

Thursday 11th September, 7pm sharp until 9:30pm, Portland Golf Club, Madeira Road, Portland.

Hear the latest advice on what is ICE, how it effects people, how to recognize signs of ICE use, and practical strategies to reduce harm.

For further information contact Glenelg Southern Grampians Drug Treatment Service on 5521 0350

Are you engaged in Primary Health Service Delivery?



Primary healthcare is changing mid-2015 with the introduction of Primary Health Networks.

Great South Coast Medicare Local seeks input from health professionals and health organisations to identify the health services and functions that will best serve our unique rural needs.

Wednesday 17th September

Hamilton, 12noon-1:30pm, Western District Health Service Education Centre, Kitchener Street, Hamilton Portland, 6:30pm-8:00pm, Portland District Health Board Room, Bentinck Street, Portland

Thursday 18th September

Warrnambool, 8am-9:30am, Great South Coast Medicare Local, 24-36 Fairy Street, Warrnambool Camperdown, 7pm-8:30pm, Camperdown Golf Club, Bullen Merri Road, Camperdown

RSVP essential by Friday 12th September to Kate Hogan P: 55645888 E: khogan@gscml.com.au

Community Transport Organisation - Annual Conference 2014

CTO Annual Conference 2014 will be held from 22nd to 24th September 2014 at the Australian Institute of Sport, Leverrier St, Bruce ACT 2617. For further information click here

Loddon Mallee Region Prevention Conference 2014: Working Together for Healthy Communities

The conference will be held on Monday 15th & Tuesday 16th September 2014 at the All Seasons Hotel in Bendigo.

For further information: http://www.health.vic.gov.au/regions/loddonmallee/events.htm

Register online through the registernow link: https://www.registernow.com.au/secure/Register.aspx?E=13851

Southern Grampians and Glenelg Primary Care Partnership,

Upper Level, 157 Gray Street (PO Box 283), Hamilton 3300 Executive Officer: Janette Lowe, Manager Health & Wellbeing: Jo Brown Project Officers: Rowena Wylie, Penny Fraser, Clinton Thomas, Claire Nailon, Mel Russell Office Coordinator: Robyn Holcombe W: www.sggpcp.com





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MENTAL HEALTH WEEK - 5th - 11th October 2013

SOUTH WEST MENTAL HEALTH WEEK CONSULTATIVE COMMITTEE

Funding Applications - Applications close Friday 12th of September 2014

The aims of Mental Health Week are to activate, educate and engage Victorians around mental health and related issues through the organisation of a variety of events and activities.

The funds are to assist local mental health week event committee's, registered organisations and groups with financial assistance to conduct events and activities that will increase the communities awareness of mental health issues, promote social connectedness, participation and social and emotional wellbeing that would not otherwise be possible.

Please contact Mandy at Mental Illness Fellowship Aspire Services on 5560 3000 for a copy of the application form and funding guidelines. E: mvandenberg@mifellowship.org www.mifellowship.org











For further information: http://www.farmerhealth.org.au/run-4-farmer-health

TOILET TRAINING – CHILDREN WITH SPECIAL NEEDS

Free workshop for professionals - Friday 21 November, 9am to 4pm, Comfort Inn Grange Burn, Hamilton The workshop covers; developing toilet skills, strategies to assist in learning toilet skills, constipation and its effects, diet and bowel health, toilet training app, toileting programs.

Who should attend? Professionals working with families and children with special needs, particularly early childhood intervention service providers.

Bookings are essential as places are limited. Phone: 039816 8266 | Email: info@continencevictoria.org.au RSVP by 7th November.

Healthy Eating Activity & Lifestyle (HEAL)

Are you interested in improving your health and energising your life? Then join us at Heywood Rural Health for a HEAL program.

Tuesday 7th October 2014, weekly on a Tuesday, 1pm to 3pm **Commences:** HRH Primary Care Services Building, 21 Barclay Street, Heywood. Venue:

Facilitators: Carolyn Millard, Tracy Staford and Alecia Watson

Cost: Free to concession card holders. All others - gold coin donation

Who? Anyone who wants to learn how to improve on healthy eating activity and lifestyle habits.

Phone 1300468870 to express your interest and discuss the next steps. Assessments need to be completed prior to the first class. Get on board to create the new healthier you!

Glenelg Township Youth Advisory Groups

A youth advisory group is a crew of young people who come together to get things happening in their town and promote the voice of young people in their communities.

We are looking for young people aged 12-25 who live across the Glenelg Shire Council. Information session: 4pm Tuesday 23rd September, Julie Street, Creative Space, Portland

Glenelg FREEZA – Youth Music and Cultural Events

Be a part of your local FREEZA Committee to get more happening in your town.

When: 4pm, Tuesday 16th September Where: Julia Street, Creative Space, Portland

Contact: Glenelg Shire Youth TXT: 0400 151 447



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Client Intake Service Models for the GSC Region

Exploring the impacts:

- O What will be the impact on service providers?
- O How will they add value to clients and carers?
- O How will it streamline care coordination processes?
- O Will there be technology efficiencies?
- o Will they link to existing service coordination systems?

Wednesday 1st October, 1pm to 4pm at Medicare Local Training Room Bayside City Plaza, 24-36 Fairy St, Warrnambool RSVP: Monday 22nd September to Fay Duffield – P: 5564 5822 E: <u>fdufflied@swpcp.com.au</u>

SalvoConnect – Getting Ahead Program

SalvoConnect invites your organisation to refer eligible clients into the Getting Ahead program – *Getting Ahead in a Just Getting' by World*. This is a free program that aims to build personal and social capital in participants through a valuable workshop process in which participants work through a series of 20 motivational sessions over 10 weeks. The course is being held in Portland, and there are only twelve (12) places available.

If you have any queries please contact Kerry Arnott T: 0409 217 236

Mood & Emotions in MS – ½ day Professional Development



Wednesday 17th September, 1:30pm to 4:30pm

Register online or email for a registration for and tax invoice: Bookings Registration fee: \$70 (\$30 students)

Venue: The Nerve Centre, 54 Railway Road, Blackburn. Contact: Andrea Salmon P: 9845 2700 E: educationvic@ms.org.au

Ride 2 Work Day 2014



Ride 2 Work Day 2014 will take place this year on Wednesday 15 October with a free breakfast for riders to be held at the Hamilton Indoor Leisure and Aquatic Centre (HILAC).

The event is organised by Southern Grampians Shire Council in conjunction with the Western District Health Service (WDHS) and the Southern Grampians and Glenelg Primary Care Partnership.

Ride 2 Work Day is promoted by Bicycle Network Victoria and aims to encourage people to make their way to work by bicycle, to improve fitness and reduce the environmental impact caused by motor vehicles.

Registration for Ride to Work Day can be completed on the Bicycle Network Victoria website www.bv.com.au and riders are asked to RSVP for catering purposes to the Southern Grampians Shire Council on 55730256

Sessional Group Work male and female co-facilitators required

Women's Health and Wellbeing Barwon South West (WHW BSW) is seeking expressions of interest from enthusiastic facilitators to deliver the *Take A Stand Against Domestic Violence: It's Everyone's Business* program throughout the Barwon South West Region.

Take A Stand (TAS) is a group program delivered in workplaces that aims to prevent violence against women before it occurs.

Women's Health and Wellbeing BSW is implementing the *TAS* program across the Barwon South West region over the next two years.

For further information about this position please contact:

Nathalie Davis (*Take A Stand* Project Coordinator) on **0438 010 475** E: ndavis@womenshealthbsw.org.au **Applications close 5.00pm Friday 12th September 2014.**



Food/Produce Swap

Bring along any excess produce that you have and swap for something you don't grow. Swaps are a great opportunity to share knowledge and skills.

Merino Produce Swap – 2nd Saturday of month, next swap Saturday 13th Sept, 10am-11am, Merino Community Health Centre Heywood Food Swap – last Friday of month, next swap Friday 26th September, 5pm-6:30pm, Apex Park Nareen Produce Swap – last Sunday of month, next swap Sunday 28th September, 10-11:30am at Nareen Hall Merino - Rowan's Garden Larder – first Saturday of month, next date Saturday 6th Sept, from 10am at the Merino General Store. Locally-grown heritage, rare, unusual and old-fashioned fruit, veg & seeds.