

Mental Health Service Coordination in Southern Grampians

# **PROJECT OVERVIEW**

### Objective

To enhance the journey for mental health consumers and their carers in Southern Grampians by improving service coordination and partnerships across the mental health care continuum.

#### Background

Recently, there have been several forums in which coordination of mental health services in Southern Grampians has been raised as an area for improvement. The emerging themes include access to services, coordination of services and collaboration of services. Initial presentation and comprehensive discussion of these themes with services providers in the region on 12<sup>th</sup> February 2015 has resulted in the following considerations for moving forward with the improvement of service coordination of Mental Health in Southern Grampians.

- Being creative with service delivery within existing resources, think about different ways of doing business
- Supporting the community to uptake technology to access more services
- Simplifying and coordinating information on what services are available in Southern Grampians (1 page document)
- Exploring opportunities to co-ordinate services better at a local level
- Continuing to develop new and existing partnerships to improve the consumer experience of the system, including looking at the wider community picture for the consumer.

## Referral pathways mapping project

As part of Southern Grampians Glenelg PCP's commitment to systems improvement, we are undertaking a referral pathways mapping project to identify current services available, key referral pathways and opportunities to further develop partnerships in this area. The project will involve

- Interviews with a range of stakeholders (including consumers) from the mental health sector
- Assessing pathways and ease of access to services
- Identifying key referral linkages and opportunities to enhance these linkages.

## How to get involved

We are seeking input from as many service providers and consumers as possible. If you would like to participate or require any further information, please contact Claire Nailon Project Officer (03) 5551 8562; <u>claire.nailon@wdhs.net</u>

