

Healthy Workplace Charter



for employees to have healthy lifestyles and enhance their health and wellbeing. We will provide a workplace that has a supportive environment and enabling culture

We commit to:

- workplace and exploring innovative approaches. Going above and beyond the minimum recommended benchmarks and standards for a healthy
- Taking a population health approach to our healthy workplace rather than focussing on individuals

We believe:

- Healthy employees are happy, productive and appreciate a healthy workplace
- Workplaces have a significant impact on employees' healthy lifestyle choices
- As a partnership, the health and wellbeing of partner organisations' employees are valued as highly as our own
- As a facilitator of health promotion, we will be a leader and 'walk the talk', and share our experience and knowledge in a constructive, non-judgemental manner

We will work to ensure that action on health and wellbeing is integrated into:

- Our policies and procedures
- Every aspect of our work, every time and at every opportunity, ALWAYS

We will achieve this through:

Healthy Culture:

- Leadership and role modelling through policy and processes implementation and accountability
- Recognition of champions
- Incorporating improvement planning into monthly staff meetings
- Being innovative and flexible
- Sharing our experience and knowledge constructively

Supportive Environment:

- Providing an environment that encourages and enhances staff and partner organisations' health and wellbeing
- activities and ideas with partner organisations and staff Proactively sharing and taking every opportunity to promote and share health and wellbeing
- Providing opportunities, support and ideas for our employees and our partner organisations employees to participate in health and wellbeing activities

Adele Kenneally, Chair

Janette Lowe, Executive Officer

Date