

Mental Health Services in Southern Grampians

May 2015



Tertiary	<p>Acute Mental Health Inpatient Unit - SWH 15 bed acute Mental Health inpatient unit (AIU) Extended Care Inpatient Unit (ECIU) In hours: 5551 8418/5563 1222 After Hours: 1800808284</p>	<p>Adult Mental Health Service - SWH Provides assessment and treatment for consumers/patients aged 18-65 years who are affected by a serious mental illness HAMILTON: 5551 8418</p>	<p>Child Adolescent Mental Health - SWH Provides family inclusive assessment and treatment for infants, children and young people up to 18 years of age, with significant MH concerns 5561 9100/5551 8418</p>	<p>Aged Persons Mental Health - SWH Provides assessment and treatment for consumers/patients aged 65 years and over who are affected by serious mental illness or behaviour problems associated with dementia 5561 9100/5551 8418</p>	<p>Emergency Department – WDHS Provides 24 hour emergency medical care for the community 5551 8216</p>
Secondary	<p>Mental Illness Fellowship Provides community based rehabilitation for people with mental illness, their families and friends in order to gain inclusion into communities; to create a home, get a job and build meaningful relationships. 1300 022 760 / 5551 3470</p>	<p>Primary Mental Health Team - SWH Offers support to GP and other Primary care providers to identify, assess and treat consumers/patients diagnosed with high prevalence disorders (anxiety/depression) 5564 6000/5551 8418</p>	<p>Early Intervention Dual Diagnosis - SWH Provides an EI service for people aged 16-25 years, including those 'at risk' of developing a serious mental illness due to a range of vulnerabilities including substance use 5551 8418</p>	<p>MIND - PHaMs Provides community mental health services with outreach support to people 16 years and over, supporting them in their recovery from mental ill-health to build and sustain self-defined, purposeful lives. 1300 286 463 / 5500 1003</p>	<p>Quamby Drug Treatment Services including inpatient and outpatient withdrawal service, youth outreach, support individual/family supported accommodation, diversion programs, drink/drug drive programs, counselling & referral 1300 022 760 / 5551 8450</p>
	<p>Headspace Inreach services (part-time) provided for young people aged 12-25 at Monivae College and Winda Mara. Full Headspace services provided at Warrnambool Headspace. 1300 276 749</p>	<p>eheadspace eheadspace is a confidential, free and secure space where young people 12 - 25 or their family can chat, email or speak on the phone with a qualified youth mental health professional www.eheadspace.org.au</p>	<p>Private Psychology Providers of private psychology services, Medicare Better Access initiative and the ATAPs initiative www.psychology.org.au</p>	<p>ACSO Consumer Intake Assessment line for Community Mental Health Support Services and Alcohol & Drug Treatment Services 1300 022 760</p>	<p>Health Psychology - WDHS Provision of psychological assessment and interventions to address the needs of clients with chronic illness with a focus on anxiety, depression, pain, symptom, weight management, adjustment and coping. 5551 8087/5551 8379</p>
Universal	<p>GP Diagnosis and treatment of MH conditions Hamilton Medical Group – 5572 2422 Coleraine Medical Centre – 5553 2045 Tristar Medical Peshurst – 5552 3027</p>	<p>Counselling - WDHS Generalist counselling support service for all age groups 5551 8450</p>	<p>Centacare Part time family and relationship counselling, family dispute resolution, separation, divorce, mediation. 5572 4466 / 5559 3000</p>	<p>CASA Advocacy and counselling services to victims / survivors of sexual assault, their non-offending family members, partners and friends Warrnambool – 5564 4144 Sexual Assault Crisis Line – 1800 806 292</p>	<p>Emma House Outreach, court and accommodation services for women and their children who have or who are experiencing domestic/family violence. 5561 1934 / 5551 8450</p>
	<p>Rural Financial Counselling Service Assisting rural farming individuals and families understand their finances; help identify their options and develop a plan of action. Wimmera South West 1300 735 578</p>	<p>Brophy Family service programs including family counselling, support and advice for parenting and behaviour management, group work, mediation and case management as needed. 1300 543 779 / 5551 8556</p>	<p>Bethany Child and family services, financial counselling, problem gambling and housing support on a part-time basis in Southern Grampians (Frances Hewett Centre) 1300 510 439</p>	<p>Oz Child Family law program, family dispute resolution, counselling, emergency relief, NILS 1300 661 790</p>	<p>Salvo Connect Coordinates emergency, transitional and short-term housing for adults and families. 5572 5822 1800 825 955</p>
	<p>Primary & Preventative Health - WDHS Frances Hewett- 5551 8480 Hamilton House – 5551 8349</p>	<p>Balmoral Bush Nursing Centre 55701304</p>	<p>Winda Mara Hamilton – 5572 5715</p>	<p>Southern Grampians Shire Council (HACC) Community Services – 5551 8480</p>	<p>St Vincent De Paul Hamilton – 5571 9859</p>
	<p>Private Counselling Various Providers</p>	<p>Victoria Police Hamilton – 5551 1900</p>	<p>Centrelink Hamilton – 13 24 90</p>	<p>SW Tafe Hamilton – 5551 4144</p>	<p>Employment services WDEA – 5571 2443 West Vic – 5551 3400</p>
			<p>Department of Education and Training Hamilton – 1300 333 231</p>	<p>Hamilton Community House 5571 9780</p>	
				<p>Department of Health and Human Services Hamilton – 5551 3299</p>	
				<p>Religious Groups Various providers</p>	