

SGGPCP Updates:

The Rural People: Resilient Futures Project – Final Project Report Launch



The report of the Rural People: Resilient Futures Project was launched at Mulleraterong Centre in Hamilton on Wednesday. The report was launched by a client of Mulleraterong Centre together with Alison Dunn, Communications Co-ordinator, Mulleraterong Centre.

Alianne Rance and Dr Hartmut Fuenfgeld from RMIT University (via skype) together with Jo Brown from SGGPCP and representatives from the Victorian Department of Environment Land Water and Planning along with the Southern Grampians Shire Council presented the findings of the project.

The report details the four phases of the project from understanding vulnerability in the Southern Grampians Shire, to investigating the vulnerability interactions and identifying opportunities to integrate and embed adaptation into the everyday operations, policies and procedures of health and community service agencies. Local agencies were presented with case studies documenting their contribution to the project. The report will also be launched in Melbourne on Wednesday 17 June by Emergency Services Commissioner Craig Laplsey.



For further information contact **Jo Brown**, Manager Health & Wellbeing, Southern Grampians Glenelg Primary Care Partnership, t: 5551 8563 f: 5572 3692 m: 0428 310 280

Mental Health Services in Southern Grampians

Our one page directory of Mental Health Services in Southern Grampians has been updated, [click here](#) for the latest information.

Any further information or updates please contact Claire Nailon, E: Claire.nailon@wdhs.net

Data Collection – Southern Grampians and Glenelg

Across the Great South Coast area children's weights and heights are being measured in schools. As well as providing information about behaviours that effect healthy weight, this will provide accurate local information to guide prevention work across the region. The aim is to develop an ongoing sustainable monitoring program and to achieve this it has required local data collectors working with Deakin University and the local schools. Data collection has finished in Southern Grampians and a big thank you to Western District Health and Southern Grampians Shire Council who undertook the data collection with SGGPCP and Deakin.

In the Glenelg region there will be a lot of activity next week within Glenelg Shire Council, Portland District Health, Active Health, Dhauwurd Wurrung Elderly & Community Health, community volunteers along with SGGPCP and Deakin, undertaking the data collection. The data will be available in early term three.

For more information contact Janette Lowe, M: 0408 553095, E: Janette.lowe@wdhs.net

National and Regional Allied Health Conferences

Updated information for upcoming conference: [click here](#)

Southern Grampians Glenelg Primary Care Partnership

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Webinar: 'Managing Back Pain in Primary Care'

Arthritis and Osteoporosis Victoria invites health professionals to register for the fourth webinar in its 2015 'Musculoskeletal Health' webinar series which is titled 'Managing back pain in primary care: Incorporating new research findings into clinical practice'.

Wednesday 17 June 2015, 7:00-8:00pm Cost: \$38 (inc. GST) members and \$55 (inc. GST) for non-members

More information about the webinar, including registration, is available [online](#).

Men and Family Law Conference

Thursday 25th June 2015, 9:00am to 4:30pm, Colac Community Library and Learning Centre, 173 Queen Street, Colac

Keynote speakers: Gregory Ridett - counselling, consulting, transforming
Paul Zappa (Nirodah) – Be the hero

Cost: \$80

For registration forms and queries contact: Natalie Hrabar, Email: nhrabar@ozchild.org.au

Western District Health Service - July Holiday Program

Activities include: Laser Tag (W/bool), Paintballing (Mt Gambier), Disney on Ice (Melbourne), Indoor Skate Park (Geelong) For young people aged 11 to 18 years of age.

For bookings or further information please contact: Frances Hewett Community Centre,
2 Roberts Street Hamilton (Monday to Friday 9am–5pm)
Mail: Youth Holiday Program, PO Box 283 Hamilton 3300
P: 5551 8450 **F:** 5572 5371 **Email:** fhcc@wdhs.net

My problem with your drinking: Australia's hate-love relationship with alcohol

It's simply easier to say others are flawed than admit you might be the one who is flawed. (*The Conversation*)
[Click here](#)

Did the alcopox tax do the trick?

Did the alcopops tax do the trick in reducing alcohol-related harm? [Click here](#)

Community Safety Fund Grants

Local community groups and Victorian Councils are invited to apply for grants of up to \$10,000 to support local crime prevention initiatives. [Click here](#)



Food/Produce Swap

Merino Produce Swap – 2nd Saturday of month, 10am -11am Saturday 13th June, Merino Community Health Centre

Heywood Food Swap – will take a winter break and re-convene in September

Nareen Produce Swap – last Sunday of month, next swap Sunday 28th June, 10am, Nareen Hall

N A R E E N PRODUCE SWAP - Presents guest speaker - **Michelle Shanahan**, Kitchen Gardener - Royal Mail Hotel, Dunkeld

When: Sunday 28th June 2015 **Where:** Nareen Hall, at 10am **Morning tea provided**

What: Produce Swap as normal then stay and listen to Michelle's gardening tips and stories.

A great opportunity to ask lots of questions and learn more about paddock to plate!

More details: Sardie 0478 053943

