

### SGGPCP Updates:

#### SEA Change Portland – work published:

#### ‘A Community Based Systems Diagram of Obesity Causes’

As the SEA Change Portland approach continues to develop and evolve, the initial work that was undertaken in understanding the local issue, from the perspective of the Portland community, was written up and recently published on Plus One.

For anyone unfamiliar with Plus One, it is one of the most popular science journals in the world - effectively putting the SEA Change Portland approach on the international stage.

*Application of system thinking to the development, implementation and evaluation of childhood obesity prevention efforts represents the cutting edge of community-based prevention. We report on an approach to developing a system oriented community perspective on the causes of obesity.*

This is a very exciting development for SEA Change Portland. To read the full publication, click on the following: [A Community Based Systems Diagram of Obesity Causes](#)

#### Health Literacy

The Australian Commission on Safety and Quality in Healthcare has published new resources to assist clinicians, consumers and healthcare executives and managers to improve their understanding of health literacy and provide advice on how to improve it. They have also developed Health Literacy Infographics for organisations to promote health literacy, use on social media or in their organisation training material and presentations. Click the following link to access: <http://www.safetyandquality.gov.au/our-work/patient-and-consumer-centred-care/health-literacy/>

#### National Diabetes Week – 12<sup>th</sup> July to 18<sup>th</sup> July

It is currently National Diabetes Week – 12<sup>th</sup> to 18<sup>th</sup> July.

280 Australians develop diabetes every day. That is one person every five minutes.

For further information on diabetes visit Diabetes Australia website, [click here](#).

#### Public Transport Victoria – Review of Services in Regional Victoria

Public Transport Victoria (PVT) is undertaking a review of services in regional Victoria to help form a Network Development Plan. Hamilton’s workshop will be held on July 28<sup>th</sup> 2015, from 5pm to 7pm at the Hamilton Exhibition and Conference Centre. People interested or who have concerns regarding our public transport system are encouraged to attend.

#### 2015 VCOSS-MAV Emergency Management Forum videos now online

The Forum – ‘Vulnerable people in emergencies: Issues and initiatives’ – included a range of speakers from across the government and community sectors. Sold out within weeks of tickets being released, the Forum showcased a series of statewide and local initiatives that address the needs of people who are more vulnerable before, during and after emergency events. [Watch videos from the event online](#)

#### Industry Fellowship Research Program 2015

RMIT University and VCOSS are proud to present an exciting new Industry Fellowship Research Program, aiming to further enhance the research capability of Victoria’s community service sector.

The Industry Fellowship Research Program will support a chosen fellow to spend up to six months researching an area relevant to their own field of expertise, to assist their organisation and the community services sector as a whole. The selection criteria and application template are provided at [www.vco.org.au](http://www.vco.org.au) and applications are due by 22 July 2015.

#### Southern Grampians Glenelg Primary Care Partnership

Upper Level, 157 Gray Street (PO Box 283), Hamilton 3300

Executive Officer: Janette Lowe, Manager Health & Wellbeing: Jo Brown

Project Officers: Rowena Wylie, Penny Fraser, Clinton Thomas, Claire Nailon

Office Coordinator: Robyn Holcombe

W: [www.sggpcp.com](http://www.sggpcp.com)

T: (03) 55518471



### The 2015 Victorian Senior of the Year Awards

**Nominations close: Friday 17 July 2015.**

There's still time to recognise and celebrate the incredibly valuable contribution that volunteers over 60 make to the community, by nominating them for an award.

There are several awards available –

- **Premier's Award for Victorian Senior of the Year**
- **Healthy and Active Living Award**
- **Promotion of Multiculturalism Award**
- **Veteran Community Award**
- **Council on the Ageing (COTA) Victoria Senior Achiever Awards.**

As a provider of services to the local community, please consider recognising the vital contribution of volunteers over 60, by nominating them for an award. Visit the Seniors online website - [Click here](#)

For further information phone Christine Adams on 9096 9977 or email [christine.adams@dhhs.vic.gov.au](mailto:christine.adams@dhhs.vic.gov.au)

### Brief Communication Interventions in Evidence-Based Behaviour Change – Workshop

Wednesday 29<sup>th</sup> July 2015, 9:30am-12:30pm

Time and money are a limited resource in efforts to achieve public health behavior change. This workshop will examine how effective brief communication interventions can be developed based on theories of health behavior change. The workshop participants will also examine strategies to economically and efficiently disseminate brief communications across whole-populations, such as school or local communities.

Venue: Deakin University City Centre, Level 3, 550 Bourke Street, Melbourne

For further information contact Tina at: [tina.hosseini@mcri.edu.au](mailto:tina.hosseini@mcri.edu.au) or [Click here for flyer](#)



### Adolescent Health Rural Linkage Program

The Centre for Adolescent Health is offering eight fully funded places in the Adolescent Health Rural Linkage Program (AHRLP) for women working with young people in the rural sector.

Successful applicants come together in Melbourne for a 5-day program (Monday 14<sup>th</sup> to Friday 18<sup>th</sup> September 2015) to upgrade their skills and knowledge around adolescent health and wellbeing.

Please complete the [Invergowrie Application 2015](#) and **submit the hard copy or email no later than Monday 27th July 2015**

If you need more information please do not hesitate to contact us.

Natalie Hrabar: T: (03) 5560 3761 M: 0499 800 035 E: [nhrabar@ozchild.org.au](mailto:nhrabar@ozchild.org.au) W: <http://www.ozchild.org.au>

### Facilitation for Change in Collective Impact

**Collaboration for Impact - Facilitation** is our theme for this month - convening diverse stakeholder groups is central to collaboration, both for marking milestones, and building key 'intangibles' of trust, engagement and multi-party ownership within the initiative.

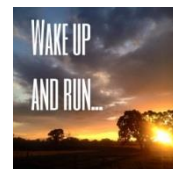
We have some great learnings to share with you in the form of a series of practice pieces from specialists in a variety of facilitation practice methods. In addition, Tanya James will be leading a webinar on **large group facilitation for collaboration** – focusing on a range of facilitation designs that work particularly well in a collective impact context.

For more information and to register, [click here](#)

### Mosaic to Mountain (M2M) Fun Run – Dunkeld

Sunday 2<sup>nd</sup> August - tracks include a 4.7km run/walk, 10km road run, 21.5km trail run and 26km Sturgeon Summit Challenge trail run. M2M is a picturesque run starting and finishing in the heart of Dunkeld. There is a run for all running levels taking in beautiful views of the Grampians.

For further details: [click here](#) or link to [facebook site](#)



### Food/Produce Swap

**Merino Produce Swap** – 2<sup>nd</sup> Saturday of month, 10am -11am Saturday 8<sup>th</sup> August, Merino Community Health Centre

**Hamilton Farmers & Craft Market at Hirl** – Saturday 25<sup>th</sup> July, 9am to 12noon, Nth Boundary Road, Hamilton

**Heywood Food Swap** – will take a winter break and re-convene in September

**Nareen Produce Swap** – last Sunday of month, next swap Sunday 26<sup>th</sup> July, 10am-11:30am, Nareen Hall



SGGPCP is promoting health and wellbeing by reducing the amount of time spent sitting in the workplace.

We actively encourage participants at our meetings to stand, move and/or stretch throughout the meeting to ensure sitting time is reduced.

PLEASE FORWARD YOUR ITEMS FOR INCLUSION IN THE BULLETIN TO: [robyn.holcombe@wdhs.net](mailto:robyn.holcombe@wdhs.net)