

### SGGPCP Updates:



#### Position available at SGGPCP Project Officer – Systems Improvement (maternity leave, part time – 16 hrs per week)

Hamilton, Portland, Heywood or Casterton

Southern Grampians Glenelg Primary Care Partnership (SGGPCP) is offering an exciting opportunity for a highly motivated person who is committed to improving the primary health care system for our community.

Our PCP is a dynamic and responsive partnership of organisations that are committed to maximising the integration of the primary care service system. A secondment arrangement with an existing employer will be considered.

**Closing Date: 6<sup>th</sup> December 2015**

To obtain further information regarding this opportunity visit our web-site, [www.wdhs.net](http://www.wdhs.net). Alternatively, please call the SGGPCP Office on 55518471. Applications for this position, together with your resume should be forwarded to [human.resources@wdhs.net](mailto:human.resources@wdhs.net)

### SGGPCP 2015 Celebration of Achievements and Christmas



SGGPCP invites you to attend our  
2015 Celebration of Achievements and Christmas

Thursday 10<sup>th</sup> December  
12 noon to 1:00pm, including lunch



At: Glenelg Shire Council, Reception Room, 71 Cliff Street, Portland

RSVP Essential: by Thursday 3<sup>rd</sup> December 2015

Contact Robyn: ☎ 555 18471 ✉ [robyn.holcombe@wdhs.net](mailto:robyn.holcombe@wdhs.net)



### GenR8 Change – making the healthy choice the easy choice

If you haven't checked out the GenR8 Change website yet be sure to have a look. Take a glimpse at our most recent blog post, providing a brief overview of how this website will be used to GenR8 action! <http://genr8change.com/news/>  
You have the power to take the first step in collaborating with other passionate people, why wait? Let's dive into our actions and start making the healthy choice the easy choice! And don't forget to update us on any progress or wins you may have, no matter how big or small!

Share the word and the website link. The more community members on board – the greater momentum we can genR8!

For further information contact Clinton at [clinton.thomas@wdhs.net](mailto:clinton.thomas@wdhs.net) or [Ebony.jenkins@wdhs.net](mailto:Ebony.jenkins@wdhs.net)



[Click here](#)

### Volunteer Grants 2015

Department of Social Services – Volunteer Grants 2015, applications close 2:00pm Wednesday 9 December 2015

[Click here for further details](#)

Please email your enquiries for this funding round to: [vg2015@dss.gov.au](mailto:vg2015@dss.gov.au) (link sends e-mail) or call **VG Hotline 1800 183 374**.

### Southern Grampians Glenelg Primary Care Partnership

Upper Level, 157 Gray Street (PO Box 283), Hamilton 3300

Executive Officer: Janette Lowe, Manager Health & Wellbeing: Jo Brown

Project Officers: Rowena Wylie, Penny Fraser, Clinton Thomas, Claire Nailon, Ebony Jenkins

Office Coordinator: Robyn Holcombe

W: [www.sggpcp.com](http://www.sggpcp.com)

T: (03) 55518471



SGGPCP is promoting health and wellbeing by reducing the amount of time spent sitting in the workplace.

We actively encourage participants at our meetings to stand, move and/or stretch throughout the meeting to ensure sitting time is reduced.

PLEASE FORWARD YOUR ITEMS FOR INCLUSION IN THE BULLETIN TO: [robyn.holcombe@wdhs.net](mailto:robyn.holcombe@wdhs.net)

### RURAL ADJUSTMENT SUPPORT NETWORK (RASNet)

Due to the poor outlook of the farming season in our area, RASNet held a meeting to ensure that our individual agency efforts are well co-ordinated to support our rural community.

A follow up meeting will be held on Wednesday 16<sup>th</sup> December, 12noon to 1:30pm at SGGPCP, 157 Gray Street (Upper Level), Hamilton.

Covering the Southern Grampians and Glenelg Shire area, RASNet is a network of interested agencies, organisations, businesses and individuals that exchange information, provide networking opportunities as well as establish and deliver collaborative initiatives to support people and rural communities in coping with change. RASNet evolved from the Southern Grampians and Glenelg Drought committee which was formed in November 2006.

If you would like further information about RASNet or would like to attend meeting, please contact Robyn Holcombe, T: 555 18471 or E: [robyn.holcombe@wdhs.net](mailto:robyn.holcombe@wdhs.net)

### Regional Health and Wellbeing Forum

Regional Health and Wellbeing Forum will be held on Tuesday 8<sup>th</sup> December 2015, 9:45am to 3:30pm at Five Star Function Centre, Adeney Street, Camperdown.

Speakers will include: Professor Steven Allender (Deakin University)  
Monica Evans (City of Greater Geelong)  
Kelly Horton (VicHealth)

The forum will be an opportunity to share information regarding local priorities and approaches with VicHealth. This is a free event and lunch will be provided. Please register your attendance by 30<sup>th</sup> November.

To register: [Click here](#)

### Hamilton Services Network Meeting

The BSW Family Law Pathways Network and the BSW Homelessness Network invite you to attend information sharing sessions about local services.

This is an opportunity to share and gain knowledge about local services and supports to improve outcomes for people in your service.

All practitioners in the local community welfare and legal professional's services are invited to attend.

Where: Frances Hewett Community Centre, 2 Roberts Street, Hamilton

When: Tuesday 24<sup>th</sup> November, 2:00pm to 4:00pm.

These sessions are free with light afternoon tea provided.

RSVP: Natalie Hrabar on 5560 3761 or Email: [VicPathwaysBarwonSouthWest@ozchild.org.au](mailto:VicPathwaysBarwonSouthWest@ozchild.org.au) for catering purposes.



### Food/Produce Swap

**Merino Produce Swap** – 10am-11am, Saturday 12<sup>th</sup> Dec, Merino Community Health Centre (second Saturday of month)

**Heywood Food Swap** – Last Friday of month, next swap Friday 27<sup>th</sup> November, 5:00pm at Heywood Apex Park

**Hamilton HIRL Farmers and Craft Market** – Saturday 28<sup>th</sup> November, 9am-12noon, HIRL, North Boundary Road

**Nareen Produce Swap** – last Sunday of month, next swap Sunday 29<sup>th</sup> November, 10am-11:30am, Nareen Hall

**Portland Neighbourhood House Foodswap** - 2nd Friday of each month, 10am – 12pm, 11<sup>th</sup> December, Portland WorkSkills

**Coleraine Community Market** – Sunday 15<sup>th</sup> November, market day with home grown, homemade produce, new and used products, and lots more! Coleraine Primary School, Coleraine, 10am-1pm **P:** 03 5575 2057 **E:** [coleraine.ps@edumail.vic.gov.au](mailto:coleraine.ps@edumail.vic.gov.au)

**On Track Market** – Sunday 22<sup>nd</sup> November, showcase of local crafts, food, fresh produce, plants, music & kid's activities!

At Hamilton Pastoral Museum, Hiller Rd, Hamilton, 9am-2pm every second & fourth Sunday