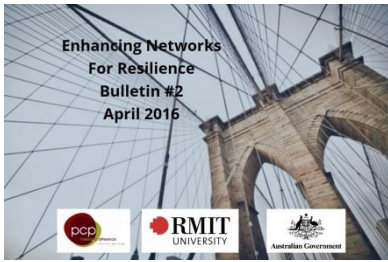


### SGGPCP UPDATES:

#### Enhancing Networks for Resilience Project (EN4R)



The Enhancing Networks for Resilience Project has published the second bulletin to provide everyone with an update of the progress so far and can be accessed by [clicking here](#)

So far 16 of the SGGPCP Partners and 5 stakeholders that work in disaster resilience have participated in semi-structured interviews during the first stage of the research. This has provided understanding the formal networks of the partnership. A survey is about to be disseminated which will enable the creation of a number of Social Network Maps.

For further information contact Jo Brown [joanne.brown@wdhs.net](mailto:joanne.brown@wdhs.net) or 555 18563



#### GenR8 Change – making the healthy choice the easy choice

Numerous local school communities have joined the GenR8 Change movement recently, with Gray St Primary School and Baimbridge College being the first to hold GenR8 Change workshops at their schools.

Schools are embracing GenR8 Change and using these workshops not only to celebrate what the school is already doing well in regards to healthy eating and physical activity, but also to brainstorm solutions and begin taking action towards a healthier school environment. We look forward to working with more schools in the near future to make the healthier choice the easier choice for our local students!

For more information about the recent GenR8 Change workshops in schools, or to register your interest for a workshop contact Ebony at [ebony.jenkins@wdhs.net](mailto:ebony.jenkins@wdhs.net) or 5551 8475. [Click here](#)



#### SEA Change newsletter 'Celebrate' – [click here for direct link](#)

#### Farming Fantasies Rural Realities

##### *A day for women on the land to learn, share and enjoy.*

Friday 13<sup>th</sup> May, 10am to 4pm, Dunkeld Community Centre, 14 Stirling Street, Dunkeld.

This is a free event open to all members of our community.

Benefits of the day...meet other rural women, enjoy a delicious lunch, browse the local produce and creative output, listen to inspiring local women as they share their stories. Take part in an afternoon workshop that is of most interest to you. Help plan the best future for ourselves, our families, our farms and our communities.

RSVP Essential: Monday 9<sup>th</sup> May to Marty Gent, P: 55513305, M: 0428 141 599 E: [m.gent@ghcma.vic.gov.au](mailto:m.gent@ghcma.vic.gov.au)

For more details visit the GHCMA website: [www.ghcma.vic.gov.au](http://www.ghcma.vic.gov.au)

#### Census recruiting now in your community

Apply now for temporary, part-time Census jobs. To apply or find more information, go to [www.abs.gov.au/careers](http://www.abs.gov.au/careers)



#### The Hamilton Community Garden Association invites you to film screening of **HAIL CAESAR**

at Hamilton Cinema, 109 Brown Street, Saturday 7<sup>th</sup> May  
7:00pm for drinks & nibbles, movie starts at 7:45pm

\$25 per ticket - Proceeds to the Hamilton Community Garden Association

For tickets contact Helen Henry 0428 742 287, Sue McGinnity 0468 878 478 or Kylie McIntyre 5573 0220

#### Southern Grampians Glenelg Primary Care Partnership

Upper Level, 157 Gray Street (PO Box 283), Hamilton 3300

Executive Officer: Janette Lowe

Manager Health & Wellbeing: Jo Brown

Project Officers: Rowena Wylie, Penny Fraser, Clinton Thomas, Ebony Jenkins

Office Coordinator: Robyn Holcombe W: [www.sggpcp.com](http://www.sggpcp.com) T: (03) 555 18471



SGGPCP is promoting health and wellbeing by reducing the amount of time spent sitting in the workplace.

We actively encourage participants at our meetings to stand, move and/or stretch throughout the meeting to ensure sitting time is reduced.

PLEASE FORWARD YOUR ITEMS FOR INCLUSION IN THE BULLETIN TO: [robyn.holcombe@wdhs.net](mailto:robyn.holcombe@wdhs.net)

### Hamilton Sustainable Living Expo – ‘The Best of Your Back Yard’



Saturday 21<sup>st</sup> & Sunday 22<sup>nd</sup> May, Hamilton Institute of Rural Learning 333 North Boundary Road, Hamilton

- Saturday afternoon, 1pm to 5pm, Workshops – vegie gardening, beekeeping, jam making, pruning fruit trees and more
- Saturday night – 5pm to 9pm, Bandicoot walk and interactive talk
- Sunday – 10am to 3pm, Seminars, specialist exhibits, recycled fashion parade, electric car Gold coin entry

For further information, visit [www.sthgrampians.vic.gov.au](http://www.sthgrampians.vic.gov.au) or phone: 03 5573 0220 or E: [kmcintyre@sthgrampians.vic.gov.au](mailto:kmcintyre@sthgrampians.vic.gov.au)

### Upcoming Events

[Introduction to Collective Impact Training](#): various workshops across the region from May 9<sup>th</sup> to May 12<sup>th</sup>  
For more information contact Adele Kenneally on 0419 354 022 E: [akenneally@greatsouthcoast.com.au](mailto:akenneally@greatsouthcoast.com.au)

[Cultural Competence and Working with CALD](#): Friday 13<sup>th</sup> May, Hamilton  
Enquiries about the workshop: Carolyn Gatti M: 0417 180047 E: [Carolyn.gatti@diversitat.org.au](mailto:Carolyn.gatti@diversitat.org.au)

[3<sup>rd</sup> Eating Disorders and Obesity Conference](#): – May 17<sup>th</sup> & 18<sup>th</sup>, 2016

[Australian and New Zealand Addiction Conference 2016](#) – May 18<sup>th</sup> to 20<sup>th</sup>, 2016

[Breakthrough: ICE Education for Families](#): Tuesday 24<sup>th</sup> May 2016, 11am to 3pm, Warrnambool

[The Art of Facilitating Asset Based Community Drive \(ABCD\) Initiatives](#) – May 18<sup>th</sup>, 2016

[Introduction to Research Methods](#) – May 19<sup>th</sup> 2016

[Introduction to Biostatistics](#) – May 20<sup>th</sup>, 2016

[The Engaging Men Male Health Promotion Program](#) – May 23<sup>rd</sup> to 27<sup>th</sup>, 2016

### Community Resilience Grants are now open

[Community Resilience Grants](#) are now open.

**Applications are open until 11.59pm on Sunday 15 May 2016, and must be received via the [electronic portal](#).**

Please ensure that you view the [YouTube video](#) and read the [Guidelines](#) before calling to discuss your application on 1300 366 356.

Please visit [www.dpc.vic.gov.au/CommunityResilience](http://www.dpc.vic.gov.au/CommunityResilience) for additional information.



BreastScreen Victoria would like to invite women aged 50-74 for a free breast screen at our mobile screening service in Hamilton.

Located at Melville Oval, Lonsdale Street. Appointments are available from 29<sup>th</sup> March to 1st July. Book by [clicking here](#) or call 13 20 50

### Markets & Food/Produce Swaps

**Merino Produce Swap** – 10am-11am, Saturday 14<sup>th</sup> May, Merino Community Health Centre (second Saturday of month)

**Heywood Food Swap** – Last Friday of month, next swap Friday 27<sup>th</sup> May, 5:00pm at Heywood Apex Park

**Portland Foodswap** - 2nd Friday of month, 5pm-7pm, 13<sup>th</sup> May, Warratah Centre, 38 Waratah Cres, Portland

**Nareen Produce Swap** – Last Sunday of month, next swap Sunday 28<sup>th</sup> May, 10am to 11:30am, Nareen Hall

**On Track Market** – **has moved venues until the end of August – now at the Hamilton Harness Racing Club,**

21 Caldows Road, Hamilton - every second & fourth Sunday, next market is Sunday 8<sup>th</sup> May, 9am-2pm

**Informal Garden & Produce Swap Meet** – Hamilton Pocket Garden (Corriedale Lane), held on the 2<sup>nd</sup> Saturday of each month.

The next one is Saturday 14<sup>th</sup> May @ 10am

**Friends of the Community Market** - Sunday May 8th at the Sandford Football Reserve, 9am-1pm

*SGGPCP is promoting health and wellbeing by reducing the amount of time spent sitting in the workplace.*

*We actively encourage participants at our meetings to stand, move and/or stretch throughout the meeting to ensure sitting time is reduced.*

**PLEASE FORWARD YOUR ITEMS FOR INCLUSION IN THE BULLETIN TO: [robyn.holcombe@wdhs.net](mailto:robyn.holcombe@wdhs.net)**