

Join next phase of local action to prevent violence against women

Organisations as diverse as schools, councils, sporting clubs, faith groups and businesses are being encouraged to put their hand up to join the latest round of strategy planning for the prevention of violence against women and children in this region.

The Great South Coast Prevention of Violence Against Women Strategy is now embarking on a new phase of planning after completing its first action plan, with a planning workshop in Port Fairy on Friday, June 3. Register online to take part in this free event: [visit eventbrite.com.au](http://eventbrite.com.au) and search for "GSC PVAW Strategy Workshop".

For more information call Ms Lee-Ack on 0401 282 522.

Learn how to have a healthy workplace at the Workplace Health Association of Australia state conferences



Learn how to promote healthy eating in your workplace for improved employee health and better return on investment.

The WHAA state conferences are on in Melbourne (14 June), Sydney (30 June) and Perth (5 August).

[Click here to view the programs and register.](#)

NDIS Information Sessions

MI Fellowship are holding four NDIS information sessions relating to the NDIS and those with Mental Health Issues and their supports.

- Monday 6th June, Francis Hewitt Centre, 2 Roberts Street, Hamilton, 1pm to 2:30pm
- Monday 6th June, Portland Art Centre, 4 Glenelg Street, Portland, 7pm to 8:30pm
- Tuesday 7th June, Warrnambool City Memorial Bowls Club, 50-58 Cramer Street, Warrnambool, 10am to 11:30am
- Tuesday 7th June, Cooina Terang Inc, 35 Dow Street, Terang, 2pm to 3:30pm

Everyone welcome. Tea and coffee provided. RSVP Tracey P: 0417 777 016 or Betti P: 0418 659672 or office: 5560 3050

Youth Participation Practice Network (YPPN) comes to Warrnambool!

YACVic is excited to bring to Warrnambool the YPPN, a network of practitioners who are passionate about young people's social, economic and civil right to participate in the community and in organisational and political structures.

On Friday 17 June we invite you to join us for a discussion about Youth Participation in the Great South Coast; an opportunity to share ideas and to identify Youth Participation opportunities that YACVic Rural can bring to the area.

Following these discussions, stay for a refresher workshop on Youth Engagement, and learn your way around YERP, YACVic's online Youth Engagement portal.

Friday 17 June, 10.30am – 2.30pm, Lighthouse Theatre, 25 Liebzig Street, Warrnambool

Who: People who work with young people **Cost:** FREE! **For further details or to book click [here](#).**

Community Sector Resilience Program

In Victoria, community service organisations play a critical role working with local, State and Commonwealth governments with the provision of important services to those most vulnerable in our community.

The program provides a team of facilitators to work one on one, face to face, in place, with community sector organisations to support the develop of resilience plans.

You are encouraged to attend the Barwon South West workshop on Thursday 23 June 2016, Camperdown Golf Club, as an opportunity to help build the capacity of the sector to plan for natural disasters. The workshop will run from 10am to 2pm, with morning tea and lunch provided. Registration is through Eventbrite (link below. Note that this link works best in Chrome - please copy and paste into your browser).

<https://www.eventbrite.com.au/e/community-sector-resilience-program-tickets-25472212072> Password: resilience

Register by Thursday 16 June 2016 to enable distribution of preparation packs prior to the event.

We look forward to having you join us in this important event for the Barwon South West region.

Rodney Dedman, Acting Manager Health Information & Health Programs, Dept of Health and Human Services



BreastScreen Victoria would like to invite women aged 50-74 for a free breast screen at our mobile screening service in Hamilton. Located at Melville Oval, Lonsdale Street. Appointments are available from 29 March to 1 July. Book by [clicking here](#) or call 13 20 50

SGGPCP is promoting health and wellbeing by reducing the amount of time spent sitting in the workplace.

We actively encourage participants at our meetings to stand, move and/or stretch throughout the meeting to ensure sitting time is reduced.

PLEASE FORWARD YOUR ITEMS FOR INCLUSION IN THE BULLETIN TO: robyn.holcombe@wdhs.net

Let's Nut it Out



Let's Nut it Out is a network, resource building and critical skill development workshop for leaders, progress associations, event organisers and visionaries of all kinds. It will be an interactive event for those who want to develop ideas and may have specific projects they want to realise. The day will be facilitated and hosted by Make a Change Australia www.makeachange.org.au with yummy food and good vibes promised!

Sunday 19th June 2016 at Hamilton and Alexandra College, Kantor Music and Performing Arts Centre, Hamilton

Cost: Free (Valued \$125) For bookings contact customer service e: marketplaceadmin@sthgrampians.vic.gov.au P: 5573 0256

Upcoming Events

Managing COPD Professional Development Day – Warrnambool – 7th June, 9:30am-4:00pm [Registration](#)

Enquiries: Toinette Hutchins, South West Health Care, P: 5564 4208 – pager no. 823 thutchins@swh.net.au
Janet Williams, Lung Health Promotion Centre P: 9076 2382 M: 0412 531 914

Asthma Workshop Professional Development Day – Hamilton - 8th June, 9:30am-4:30pm, [Registration](#)

Enquiries: Chris McGennissen, Western District Health Service P: 555 18266 or 555 18343
Janet Williams, Lung Health Promotion Centre P: 9076 2382 M: 0412 531 914

Mental Health First Aid – 23 & 30 June, 9:30am-4:30pm, Hamilton. Contact Barry Clarke P: 55603019 E: bclarke1@mifellowship.org or Alanna P: 5560 3014. Further information about Mental Health First Aid Australia, please visit website: www.mhra.com.au

[Dementia & Recreation National Conference](#) – August 17th & 18th 2016, Caulfield North

[Sixth International Conference on Traffic and Transport Psychology \(ICTTP2016\)](#) – August 2nd to 5th 2016

Community-Based Social Marketing Workshop - March 2017

It is with much pleasure that the Glenelg Hopkins CMA has been able to secure Dr Doug McKenzie-Mohr to run a two-day workshop on Community-Based Social Marketing in March 2017 in the Hamilton area.

Introductory Workshop: The two-day introductory workshop provides a comprehensive introduction to community-based social marketing and how it is being applied throughout the world to foster sustainable behaviours. Those who attend the workshop will learn the five steps of community-based social marketing (selecting behaviours, identifying barriers, developing strategies, conducting pilots, and broad scale implementation) and be exposed to numerous case studies illustrating its use.

If you are interested in attending email Aggie Stevenson E: a.stevenson@ghcma.vic.gov.au

The cost for the two-day workshop will be *approximately* \$1000-\$1300 per person.

For more information about Community-Based Social Marketing, you can visit Doug McKenzie-Mohr's website at www.cbsm.com



Markets & Food/Produce Swaps

Merino Produce Swap – 10am-11am, Saturday 9th July, Merino Community Health Centre (second Saturday of month), (note June swap is cancelled because of the long weekend and Casterton Kelpie Muster)

Heywood Food Swap – Last Friday of month, next swap Friday 24th June, 5:00pm at Heywood Apex Park

Portland Foodswap - 2nd Friday of month, 5pm-7pm, 10th June, Warratah Centre, 38 Waratah Cres, Portland

Nareen Produce Swap – Last Sunday of month, next swap Sunday 26th June, 10am to 11:30am, Nareen Hall

On Track Market – **has moved venues until the end of August – now at the Hamilton Harness Racing Club**, 21 Caldows Road, Hamilton - every second & fourth Sunday, next market is Sunday 12th June, 9am-1pm

Informal Garden & Produce Swap Meet – Hamilton Pocket Garden (Corriedale Lane), held on the 2nd Saturday of each month. The next one is Saturday 11th June @ 10am



Southern Grampians Glenelg Primary Care Partnership

Upper Level, 157 Gray Street (PO Box 283), Hamilton 3300

Executive Officer: Janette Lowe

Manager Health & Wellbeing: Jo Brown

Project Officers: Rowena Wylie, Penny Fraser, Clinton Thomas, Ebony Jenkins

Office Coordinator: Robyn Holcombe W: www.sggpcp.com T: (03) 555 18471



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