

SGGPCP Updates:

SGGPCP Annual General Meeting and Launch of the Enhancing Networks for Resilience Report

SGGPCP are holding their 2016 Annual General Meeting and Launch of the Enhancing Networks for Resilience Report on Thursday 15th December, 11:45am to 12:45pm, followed by lunch, at Hamilton Golf Club, 170 Rippon Road, Hamilton

Guest speakers: Jacinta Wareham and Naomi Turner, Woolly West Fest, 'Chief Knit Wit and Chief Lit Wit'



Asset based community development in action

Jacinta Wareham and Naomi Turner founded The Woolly West Fest in 2014 – the result of a self-imposed challenge to do something 'fun' for the community.

The festival draws on the region's most famous natural resource – wool – and showcases its creative potential with a broad range of community art projects.

Believed to be the largest (geographically speaking) community arts project in Victoria and possibly even Australia, the Woolly West Fest unites ten towns from across the Shire of Southern Grampians in a single two-week celebration of wool and early childhood literacy.



Enhancing Networks for Resilience Launch

The Enhancing Networks for Resilience Project, funded through Emergency Management Victoria as part of the National Strategy for disaster resilience, investigated the inter-organisational network of Southern Grampians Glenelg Primary Care Partnership with a focus on disaster resilience.

If you would like to attend please contact Robyn Holcombe

RSVP Essential: by Thursday 8th December 2016 Contact Robyn: ☎ 555 18471 ✉ robyn.holcombe@wdhs.net



White Ribbon Day 2016

The White Ribbon Campaign is the largest global male-led movement to stop men's violence against women. White Ribbon is an organisation that works to prevent violence against women by changing attitudes and behaviours. In Australia White Ribbon engages and enables men and boys to lead this social change by using a combination of social marketing, the Ambassadors Program and prevention initiatives in communities, schools, universities, sporting codes and workplaces.

Staff from SGGPCP attended a lunch in support of White Ribbon, with guest speakers Michael Costigan, Tara Costigan Foundation CEO and Nick Finnegan, Hamilton Police.

16 Days of Activism Fast Approaching

The '16 Days of Activism' – a global campaign to raise awareness of gender-based violence – starts on November 25th (the International Day for the Elimination of Violence Against Women) and runs until December 10 (Human Rights Day).

What's happening in the Glenelg Shire

23 & 30 November

It's In The Bag



It's in the Bag, a Share the Dignity campaign, is designed to make sure that women experiencing hardship feel special and cared for at Christmas time. It's easy: buy or donate a handbag you no longer use, and fill it with items that would make a woman feel special, such as personal care items, vouchers, books, and a card or note.

Portland Girl Guides are a local collection point for It's in the Bag. You can drop donations off at the Guide Hall on Otway Court from 4pm on Wednesday the 23rd and 30th November. Contact Jan Lineker on 0417 428 371 or visit

<http://www.sharethedignity.com.au/itsinthebag.html> for more information.

Friday 25 November

Go Orange Day / White Ribbon Day



Workplaces, schools, and community members are encouraged to show their support for stopping gender-based violence by wearing orange (supported by the Victorian State Government) or white (supported by White Ribbon Foundation).

Glenelg Shire Council will be going Orange on Friday 25 November, please wear something orange to support the campaign.

SGGPCP is promoting health and wellbeing by reducing the amount of time spent sitting in the workplace.

We actively encourage participants at our meetings to stand, move and/or stretch throughout the meeting to ensure sitting time is reduced.

PLEASE FORWARD YOUR ITEMS FOR INCLUSION IN THE BULLETIN TO: robyn.holcombe@wdhs.net



An Exciting Campaign: #16DaysCoffeeCups

Women's Health and Wellbeing Barwon South West is excited to be running a major campaign for the 16 days – titled #16dayscoffeecups – where thousands of custom-printed coffee cups with messages that make the link between gender inequality and violence against women will be used by coffee shops across the Barwon South West over the 16 days. Participating businesses will have posters on their doors, info on their counters and cards contain support service details. The campaign calls upon people to snap a photo of themselves with their coffee cup, name the café and use the hashtag #16dayscoffeecups when they post to social media (Instagram, Facebook or Twitter). Look out for the orange cups during the 16 Days of Activism.

You the Man

A thought provoking theatre show exploring the issue of relationship violence from varied perspectives, highlighting how bystanders can interrupt the cycle of abuse.

PORTLAND: Tuesday, 29th November, Portland Arts Centre (4 Glenelg St) 6.30pm for light refreshments, 7pm performance.

Registration online essential: www.youthemanportland.eventbrite.com.au

WARRNAMBOOL: Wednesday, 30th November, Warrnambool Corporate Centre @ Deakin (163 Timor St), 6.30pm for light refreshments, 7pm performance. Registration essential online: www.youthemanwarrnambool.eventbrite.com.au

CAMPERDOWN: Thursday, 1st December, Camperdown Theatre Royal (210-212 Manifold St) 6.30pm for light refreshments, 7pm performance. Registration online essential: www.youthemancamperdown.eventbrite.com.au

Enquiries: Sarah McKean 0455 333 990

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Helen McPherson Smith Trust Grants - open 27 January 2017

Our grants program reflects our mission statement:

"To help build fair, creative and resilient Victorian communities through initiatives that promote positive change."

[For details click here....](#)

Upcoming Events

- **The Deakin Health Literacy Masterclass** - 28-29 November 2016, 9:00am-5:00pm at Melbourne Burwood Campus. Contact: Carol Wildey (03) 9246 8971 hltrain@deakin.edu.au To register: [click here](#) 6
- **YACVic and Youthlaw training opportunity: failure to disclose and failure to protect** - Wed 7 December, 11.30am – 2pm, Port Fairy – Charlie's On East, Port Fairy Surf Life Saving Club. To register [click here](#)
- **2017 South Western International Women's Day Art Prize** - Entry closes 28th January 2017. [Click here](#) for details
- **Professor Tony Attwood - Autism Spectrum Disorder and Asperger's Syndrome** – 30th & 31st March 2017, Warrnambool Contact Janet Collins, South West Disability Network P: 0439 116092 E: janetcollins@westnet.com.au

Markets & Food/Produce Swaps

Merino Produce Swap – 10am-11am, Saturday 10th Dec, Merino Community Health Centre (second Saturday of month)

Heywood Food Swap – Last Friday of month, next swap Friday 25th November, 5:00pm at Heywood Apex Park

Nareen Produce Swap – Last Sunday of month, next swap Sunday 27th November, 10am to 11:30am, Nareen Hall

On Track Market - Hamilton Harness Racing Club, - every 2nd & 4th Sunday, next market is Sunday 27th November

Informal Garden & Produce Swap Meet – Hamilton Pocket Garden (Corriedale Lane), 2nd Sat of month. Sat 10th Dec @ 10am

Southern Grampians Glenelg Primary Care Partnership

Upper Level, 157 Gray Street, (PO Box 283), Hamilton 3300

Executive officer: Janette Lowe Manager Health & Wellbeing: Jo Brown

Project Officers: Rowena Wylie, Clinton Thomas, Claire Nailon, Ebony Jenkins

Office Coordinator: Robyn Holcombe

W: www.sggpcp.com

T: (03) 555 18471



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