

SGGPCP Updates:

Southern Grampians Community Wellbeing Stakeholder Workshop

Southern Grampians community wellbeing agencies have again shown their awesomeness during our second stakeholder workshop to develop the Community Wellbeing Plan.

The willingness to partner, share knowledge and ideas to achieve outcomes was again very strong. Sharing information about capacity and resources can sometimes be awkward, but such openness was demonstrated by everyone again. Well done to everyone involved, your involvement is going to result in a great plan and more importantly strong implementation.

If you would like any further information please contact Janette Lowe, P: 0408 553 095 or E: janette.lowe@wdhs.net



2017 South West Sport Club Workshops – Effective Club Committee Meetings

Clubs are invited to attend workshops across the South West on 'Effective Club Committee Meetings'. The workshop will help you understand the elements that make up a committee meeting and give you tips and ideas for improving your club committee meetings.

Workshops run from 6:00pm to 7:30pm. To book [click here](#)

- Warrnambool – Tuesday 6th June, Archie Graham Centre, Timor Street, Warrnambool
- Hamilton – Wednesday 7th June, Hamilton Rowing Club, Lake Hamilton, Mill Road, Hamilton
- Camperdown – Wednesday 14th June, Killara Centre, Manifold Street, Camperdown
- Port Fairy – Tuesday 20th June, Community Services Centre, Atkinson Street, Port Fairy
- Portland – Wednesday 21st June, Glenelg Council Reception Room, Cliff Street, Portland

Contact Mark Taylor, Club Development Officer, South West Sport. P: 55611689 E: mark@southwestsport.com.au

Digital Storytelling Workshop

Have you viewed the personal stories from people who have been affected by rural suicide on www.therippleeffect.com.au ? Have you been inspired to create your personal story to help reduce suicide stigma?

The National Centre for Farmer Health is looking for 10 enthusiastic rural people whose lives have been affected by suicide in some way. You need to be comfortable using a computer, be prepared to travel to attend a 3-day workshop (financial support will be available), and be passionate about telling your story to help prevent rural suicide and better support those affected by it.

The Digital Storytelling Workshop is being held Wednesday 5th July to Friday 7th July, Swinburne University, Hawthorn. To register your interest and learn more about the workshop, please contact Alison Kennedy at National Centre for Farmer Health. Ph: (03) 5551 8587 alison.kennedy@wdhs.net

The three hour Understanding Mental Illness workshop provides participants with an in depth understanding of mental illness, wellness and recovery.

- **Hamilton** – Tuesday 20th June, 10am-1pm, Southern Grampians Adult Education & Community College, 48 Thompson St
- **Warrnambool** – Friday 23rd June, 10am-1pm, Wellways Training Room, 505 Raglan Parade
- **Camperdown** – Thursday 29th June, 10am-1pm, Camperdown Community House, 6 Gunner Street
- **Portland** – Friday 30th June, 10am-1pm, Portland Library, 32 Bentinck Street

This program is funded by Wellways Great South Coast.

Places are limited. To register contact: Mandy on 5560 3000 or e: mvandenberg@wellways.org

Mental Health Complaints Commissioner – Invitation

- **Information Session for Staff** – Tuesday 6th June, 9:30am - 10:30am
- **Consumer and Carer Forum** – Tuesday 6th June, 11am – 1pm

Both being held at: Seminar Room, Warrnambool Community Health Building, Koroit Street, Warrnambool or via video conference at:

- Camperdown Mental Health Service, 64 Scott Street, Camperdown
- Portland Mental Health Service, 63 Julia Street, Portland
- Hamilton Mental Health Services, 12 Foster Street, Hamilton

RSVP preferred venue and dietary requirements to Eila Lyon on (03) 55619100 or E: participate@swh.net.au

SAVE THE DATE: WOMEN'S WEEKEND SET TO INSPIRE & CHALLENGE

The much loved Port Fairy Women's Weekend will return **26 & 27 August 2017** with two full days of workshops and activities focusing on inspiring and challenging women from all backgrounds. The Weekend is run by the Port Fairy Community House, supported by a volunteer advisory group made up of local women who share a passion for their community.

The cost of attending the Women's Weekend is \$140 (full fee) and \$120 (concession). Port Fairy Community House Membership is also required (\$10 annual fee.)

Included in the enrolment fee is two full days of workshops, morning tea, lunch and afternoon tea on both Saturday and Sunday, and a celebratory dinner on Saturday night at one of Port Fairy's finest venues. Accommodation is NOT included.

For more information, contact Port Fairy Community House on 03 5568 2681.



Funding Opportunities

- **2017 Men's Shed Funding Round - now open** - Funding applications are due 16 June. Click [here](#) for more information.
- **The Rural Hero Grant** - gives charities the chance to pitch an innovative solution that addresses key issues impacting on farming communities, with the winning project decided via public vote. The grant of up to \$50,000 will be awarded to the project with the most votes. For more [details click here....](#)
- **Community Safety Fund grants** - Community Safety Fund grants provide funding for communities in Victoria to implement locally based crime prevention solutions. Applications close 4pm on Friday 14 July 2017 [For more details click here...](#)
- **The Victorian Regional Achievement & Community Awards** are designed to encourage, acknowledge and reward the valuable contributions individuals, communities and businesses are making throughout regional and rural Victoria. **Nominations Close:** 12 July 2017. For more [details click here...](#)
- **Westpac Foundation Community Grants** are funded through donations and fundraising by Westpac branch employees, Westpac customers and the general public. Community Grants provide \$10,000 to local community organisations delivering educational opportunities, employment pathways or improving the quality of life for people in need. For further [information click here...](#)
- **nib foundation's Community Grant program** supports initiatives which make a positive difference to the health and wellbeing of people living in communities across Australia. Eligible not for profit organisations are invited to apply to the annual Community Grant round for funding of between \$5,000 and \$50,000 to deliver practical programs that focus on the needs of two particular groups: young people or carers. For more [details click here...](#)

Upcoming Events

- **2017 Greater Hamilton Events Forum** – Friday 2nd June, 9am to 3pm, at Sterling Place Community Centre, Dunkeld.
To book your FREE spot, [click here](#) or click on facebook icon 
- **YACVic Rural Conferences** - two exceptional professional development and networking opportunities for people who work with young people in rural and regional Victoria
 - Echuca 21 & 22 June – Health and wellbeing focus
 - Halls Gap 28 & 29 June – Employment and education focus
 Click here for further details: <http://www.yacvic.org.au/news/events/736-yacvic-rural-conferences>
- **SEXrurality Conference 2017** – 1-2 August 2017, Grange Cleveland Winery lancefield. [Click here](#) for further details
- **4th National Eating Disorders and Obesity Conference** – 7-8 August, Mantra on View Hotel, Gold Coast. [Click here](#)
- **13th Annual ADMA Conference & 21st Chronic Diseases** – 11-12th September, Darwin Convention Centre. [Click here](#)
- **Stop Domestic Violence Conference Australia** – 4-6 December, Rydges Melbourne. [Click here](#)

Markets & Food/Produce Swaps

Merino Produce Swap – 10am-11am, Saturday 10th June, Merino Community Health Centre (second Saturday of month)

On Track Market – 9am-1pm, Sunday 11th June at Hamilton Harness Racing Club (2nd Sunday of the month)

Farmers & Craft Market HIRL – 9am to 12noon, Saturday 24th June, 333 North Boundary Road, Hamilton

Nareen Produce Swap – 10am to 11am, Sunday 25th June at the Nareen Hall. (Last Sunday of the month)



Follow SGGPCP on facebook or twitter, or link into GenR8 Change or SEA Change, by clicking on icons below:



Southern Grampians Glenelg Primary Care Partnership

Upper Level, 157 Gray Street (PO Box 283), Hamilton 3300

Executive Officer: Janette Lowe

Manager Health & Wellbeing: Jo Brown

Project Officers: Rowena Wylie, Clinton Thomas, Ebony Jenkins

Office Coordinator: Robyn Holcombe W: www.sggpcp.com T: (03) 555 18471

