



Hamilton Kangaroos FNC are teaming up with VFL Women's clubs Melbourne University WFC and Darebin Falcons to support inclusion and equality. Hamilton Kangaroos FNC senior team will wear specially designed rainbow jumpers for the clash against South Warrnambool on June 17 at Melville Oval. On the same day, Melbourne University and Darebin will play the first VFL Women's match at Melville Oval, in what is a re-match of last year's Grand Final. With up to 40 AFLW representatives between them, MUWFC and Darebin will both also wear specially designed rainbow jumpers to support this initiative.

Football clubs have a big role to play in promoting inclusion and equality and providing positive role models for the LGBTI community.

The day has been organised by former Monivae College student Charles Beaton (from Gay that's OK) and former Hamilton resident and well known Melbourne blogger Annie Nolan (UncannyAnnie).

Luncheon to be held at Alexandra House from 12.30pm, with guest speakers including 3 time premierships player Russell Greene, Charles Beaton and Annie Nolan.

Clinic to be held for local children on Sunday morning, featuring both VFL womens team

The NDIS is coming to this region

Community Information Session – how to get NDIS ready.

Delivered by the National Disability Insurance Agency (NDIA) staff and partners wanting to start raising awareness and understanding of the scheme for potential participants, family and community members. We will also provide information on Getting Plan Ready.

- Warrnambool – Monday 17th July, 7pm-9pm, Lighthouse Theatre, 185 Timor St. [Click here](#)
- Portland – Monday 24th July, 7pm-9pm, Portland TAFE, 154 Hurd Street [Click here](#)
- Hamilton – Tuesday 25th July, 7pm-9pm, Hamilton Performing Arts Centre, 113 Brown St. [Click here](#)

Contact: 52727662 for further information

Are you a Victorian Woman, aged 25-35 years?

If so we would love to hear from you

We are carrying out a project to explore the social supports women draw when making reproductive decisions. This includes decisions about contraception use, and whether or not to have children.

We are looking for participants to take part in an anonymous online questionnaire, which will take approximately 15 minutes to complete. www.facebook.com/WRDMproject

For more information please contact Carly Dennis, E: cjdennis@deakin.edu.au M: 0411 757 010



Are you interested in making your Club/Facility Canteen healthier?

Would you like to see more of your members consuming healthy drinks and less sugar sweetened beverages? Here is your chance!

If your club or association is interested in making a healthy change, the Nudge Program is for you! For more details [click here](#).

Funding Opportunities

- **Community Safety Fund grants** - Community Safety Fund grants provide funding for communities in Victoria to implement locally based crime prevention solutions. Applications close 4pm on Friday 14 July 2017 [For more details click here...](#)
- **The Victorian Regional Achievement & Community Awards** are designed to encourage, acknowledge and reward the valuable contributions individuals, communities and businesses are making throughout regional and rural Victoria. **Nominations Close:** 12 July 2017. For more [details click here...](#)
- **The Health Condition Support Grants program** provides one-off grants of up to \$5,000 per year over a two year period, to assist health condition specific peer-led support groups. Applications close 5pm Friday 14th July. [Click here for details](#)

Upcoming Events

- **South West Sport Club Workshop – Effective Club Committee Meetings** - 6:00pm to 7:30pm. To book [click here](#)
 - Port Fairy – Tuesday 20th June, Community Services Centre, Atkinson Street, Port Fairy
 - Portland – Wednesday 21st June, Glenelg Council Reception Room, Cliff Street, Portland

Contact Mark Taylor, Club Development Officer, South West Sport. P: 55611689 E: mark@southwestsport.com.au
- **YACVic Rural Conferences** - two exceptional professional development and networking opportunities for people who work with young people in rural and regional Victoria
 - Echuca 21 & 22 June – Health and wellbeing focus
 - Halls Gap 28 & 29 June – Employment and education focus

Click here for further details: <http://www.yacvic.org.au/news/events/736-yacvic-rural-conferences>
- **Understanding Mental Illness Workshop**
 - **Hamilton** – Tuesday 20th June, 10am-1pm, Southern Grampians Adult Education & Community College, 48 Thompson St
 - **Warrnambool** – Friday 23rd June, 10am-1pm, Wellways Training Room, 505 Raglan Parade
 - **Camperdown** – Thursday 29th June, 10am-1pm, Camperdown Community House, 6 Gunner Street
 - **Portland** – Friday 30th June, 10am-1pm, Portland Library, 32 Bentinck Street

Places are limited. To register contact: Mandy on 5560 3000 or e: mvandenberg@wellways.org
- **Digital Storytelling Workshop (NCFH)** – Wednesday 5th July to Friday 7th July, Swinburne University, Hawthorn
Contact Alison Kennedy, NCFH. PH: (03) 5551 8587 E: alison.kennedy@wdhs.net www.therippleeffect.com.au
- **Mental Health Program: Carers, families & the NDIS** – Warrnambool, 4 sessions commencing Tuesday 18th July, 9:30am to 12:30pm. RSVP by Wednesday 12 July to **Mpower Inc** 5561 8111
- **SEXrurality Conference 2017** – 1-2 August 2017, Grange Cleveland Winery lancefield. [Click here](#) for further details
- **4th National Eating Disorders and Obesity Conference** – 7-8 August, Mantra on View Hotel, Gold Coast. [Click here](#)
- **The Resilience Project – helping young Australians to be mentally healthy** – 22nd August, 7pm, Casterton Town Hall
Hugh van Cuylenburg, *Founding Director/ Presenter*. Further information: <https://theresilienceproject.com.au/about-us/>
- **Port Fairy Women's Weekend** - 26 & 27 August, contact Port Fairy Community House on 03 5568 2681
- **13th Annual ADMA Conference & 21st Chronic Diseases** – 11-12th September, Darwin Convention Centre. [Click here](#)
- **Stop Domestic Violence Conference Australia** – 4-6 December, Rydges Melbourne. [Click here](#)

Markets & Food/Produce Swaps

Merino Produce Swap – 10am-11am, Saturday 8th July, Merino Community Health Centre (second Saturday of month)

Farmers & Craft Market HIRL – 9am to 12noon, Saturday 24th June, 333 North Boundary Road, Hamilton

Nareen Produce Swap – 10am to 11am, Sunday 25th June at the Nareen Hall. (Last Sunday of the month)



Follow SGGPCP on facebook or twitter, or link into GenR8 Change or SEA Change, by clicking on icons below:



Southern Grampians Glenelg Primary Care Partnership

Upper Level, 157 Gray Street (PO Box 283), Hamilton 3300

Executive Officer: Janette Lowe

Manager Health & Wellbeing: Jo Brown

Project Officers: Rowena Wylie, Clinton Thomas, Ebony Jenkins

Office Coordinator: Robyn Holcombe W: www.sggpcp.com T: (03) 555 18471



SGGPCP is promoting health and wellbeing by reducing the amount of time spent sitting in the workplace.

We actively encourage participants at our meetings to stand, move and/or stretch throughout the meeting to ensure sitting time is reduced.

PLEASE FORWARD YOUR ITEMS FOR INCLUSION IN THE BULLETIN TO: robyn.holcombe@wdhs.net