

Southern Grampians Glenelg Primary Care Partnership Bulletin #29, 21st September 2017

VicHealth 'Preventing violence against women: From policy to practice'

Women's Health and Wellbeing Barwon South West invites you to attend the VicHealth 'Preventing violence against women: From policy to practice' – Short course (1-day workshop) at Hamilton on Monday 16th October 2017 – 9am to 4:30pm Venue: Comfort Inn Grange Burn, 142 Ballarat Rd, Hamilton

\$125 p/p (includes catering) (+\$0.30 booking fee)

Online Registration & Payment ESSENTIAL – Registration closes 9th October 2017 – Click here to register

The short course is aimed at providing an introduction and overview of the policy and evidence base for preventing violence against women before it starts. The course will be valuable for people from a range of sectors seeking to integrate prevention into their daily work – for example in workplaces, local government, arts, sports and recreation, health and community sectors. The course provides practical tools and resources for planning and delivering prevention programs and for making prevention part of your core business.

Great South Coast Regional Partnership - Your ideas, your future. Be part of the conversation



Register to attend the 2017 Regional Assembly - Unleash the Potential of the Great South Coast Come and join our 2017 Regional Assembly in Portland on 12 October. Click here to register.

HAVE YOUR SAY ON THE FUTURE OF THE GREAT SOUTH COAST REGION

Residents will be given the chance to engage one-on-one with key State Government Ministers when the Great South Coast Regional Partnership hosts its second Regional Assembly in Portland next month.

The round table session, being held on Thursday 12 October at Portland, is an opportunity for the people of south west Victoria to voice their ideas for the future of the region.

Over the next month, residents from Glenelg, Moyne, Warrnambool, Southern Grampians and Corangamite municipalities are encouraged to visit the assembly website to provide their views on these key themes.

All responses from the online survey will be directed to key government ministers, including Regional Development Minister Jaala Pulford, who will chair the October 12 forum.

To complete the survey and to register for the regional Assembly, head to engage.vic.gov.au/great-south-coast

How to read to children and have them listen



A workshop with Claire Jennings - Wednesday 18th October, at Hamilton Library from 2-3.30pm or 4-5.30pm Afternoon tea from 3.30-4.00pm

RSVP by 10th October to Shirley Gregory by email on <u>Gregory.shirley.d@gmail.com</u> OR add your name to the list in the Hamilton Library

2017 Youth Conference



Blue Light Victoria and Victoria Police are proud to present the 2017 Youth Conference. This is an opportunity to hear from experts working to improve outcomes for young people at-risk of coming into contact with police and youth justice.

For any one working with young people this one-day conference will equip you with tools and insights to help make you more effective in the work you do as well as providing valuable networking opportunities.

Wednesday 11th October, 8:30am to 4:30pm, Richmond Football Club, Punt Road, Richmond

TICKETS ARE ONLY \$120 (includes morning & afternoon tea and lunch) Click here: BOOK NOW

Karen Burns, Victorian Blue Light Operations Manager M: 0421 992 532 www.bluelight.org.au

Hamilton and Surrounds Mental Health Forum



Mental Health Community Forum will be held on World Mental Health Day – Tuesday 10th October, 7:30pm at Hamilton Lawn Tennis Club, Rippon Road, Hamilton. Supper provided.

For further information contact: Leonie Neylon E: leonieneylon@gmail.com M:0428 790200

SGGPCP is promoting health and wellbeing by reducing the amount of time spent sitting in the workplace.

We actively encourage participants at our meetings to stand, move and/or stretch throughout the meeting to ensure sitting time is reduced.



Southern Grampians Glenelg Primary Care Partnership Bulletin #29, 21st September 2017

Social and Emotional Wellbeing: Creating a Future we want for our Community

South West PCP are coordinating a Social and Emotional Wellbeing Appreciative Inquiry Day to uncover new possibilities for our community and begin to create a plan for sustainable positive change.

Thursday 12th October, 9am – 3:30pm, South Warrnambool Football Netball Club, Hyland Street, Warrnambool For further information or to register your attendance contact Kerrianne Furusa, South West Primary Care Partnership by Wednesday 27th September on kfurusa@swpcp.com.au

Upcoming Events

- <u>Carers Victoria Workshop Communication with Professionals</u> 11th October, 10am to 12noon, Portland Business Hub, 33
 Percy Street, Portland. This workshop provides practical skills to help build your confidence when working with services.
 Free of charge. For bookings and further information contact Mpower on 55 618 111. RSVP by Tuesday 3rd October
- Making Music4Film 14 October, 10:30am-4:30am, Port Fairy Community House. Free workshop for music & film makers 15-25 y/o with exerienced composers and musicians Jen Anderson and Craig Pilkington Contact Karen; rural.gsc@yacvic.org.au to register or find out more
- Applied Suicide Intervention Skills Training (ASIST) 17th & 18th October, at Hamilton. Two day workshop that teaches participants to carry out life saving interventions for people at risk of suicide. Cost \$185 per person.
 Registrations to accounts@lifelineswv.org.au by 5pm 11th October. Contact Lifeline South West Vic on (03) 5559 0555
- Deakin Health Literacy Masterclass Using health literacy for health service improvement & community development 11th & 12th October, 9am-5pm at Deakin University Warrnambool. For more information contact Carol Wildey at (03) 9246 8971 or hltrain@deakin.edu.au
- 9th Australian rural & Remote Mental Health Symposium 12th & 13th October, Albury NSW. Theme: Impacts & Outcomes: Putting People First. For further information, visit the conference website here.
- ACOSS National Conference, in partnership with VCOSS Australia 2030: What future do you want? 24 & 25 October.
 To register or further details <u>click here</u>
- Stop Domestic Violence Conference Australia 4-6 December, Rydges Melbourne. Click here

Funding Opportunities

- Local Sporting Champions Grants To find out more including how to apply, click here.
- Small Grants for Rural Communities Provides funds for projects and activities that offer clear public benefit for communities with populations of 10,000 or less, living in small rural and remote locations in Australia. Opens 14 August and closes 27 September. Click here for more details.
- Mercy Foundation Grants The Mercy Foundation Grants to End Homelessness are available for seeding initiatives, services, projects, advocacy and research that contribute to the goal of ending homelessness by supporting housing first & permanent supportive housing solutions. Grants are up to \$50,000. Closing date is 9 October 2017. For more details click here.

Markets & Food/Produce Swaps



Merino Produce Swap – 10am-11am, Saturday 8th October, Merino Community Health Centre (second Saturday of month)

Farmers & Craft Market HIRL – 9am to 12noon, Saturday 30th September, 333 North Boundary Road, Hamilton

Nareen Produce Swap – 10am to 11am, Sunday 24th September at the Nareen Hall. (Last Sunday of the month)



Follow SGGPCP on facebook or twitter, or link into GenR8 Change or SEA Change, by clicking on icons below:









Southern Grampians Glenelg Primary Care Partnership

Upper Level, 157 Gray Street (PO Box 283), Hamilton 3300 Executive Officer: Janette Lowe

Manager Health & Wellbeing: Jo Brown

Project Officers: Rowena Wylie, Clinton Thomas, Ebony Jenkins

Office Coordinator: Robyn Holcombe W: www.sggpcp.com T: (03) 555 18471

