



SGGPCP Staff Active in the Community Garden

SGGPCP staff spent some time mulching the local Community Garden as part of their Healthy Together Victoria Achievement Program – Mental Health.

Staff enjoyed getting out in the fresh air and assisting with a community project.



Youth sector consultations

Warrnambool – Friday 10 November 2017, 1 – 3pm (light lunch provided from 12.45pm)

Teleconference – Thursday 2 November 2017, 10 – 11.30 am

The Human Services and Health Partnership Implementation Committee, co-chaired by the Victorian Council of Social Service and the Department of Health and Human Services, is supporting the industry to prepare for policy reform and social, economic and technological change. A [discussion paper](#) has been released for comment.

Youth Affairs Council Victoria (YACVic) has been engaged to host consultation forums for the youth services sector, to ensure these stakeholders have their voices heard. Representatives from organisations whose work includes young people are encouraged to participate. YACVic Policy Manager Dr Jessie Mitchell will conduct the forums with local YACVic staff.

These consultations will address issues such as economic, social and policy trends impacting on service delivery, the changing needs of clients, and moving towards “place-based” and “person-centred” models of care.

Register to take part in the consultations in [Melbourne](#), [Warrnambool](#), or by [teleconference](#).

VCSS is offering other consultation opportunities for the community sector – see details [here](#).

Pharmaceutical Risk and Response Seminar – Western District Region

Australia’s Annual Overdose Report 2017 highlights that the number of deaths attributed to accidental overdose is rapidly increasing – particularly in regional areas. This includes overdoses of illicit drugs but also overdoses of pharmaceutical medications or combinations of drugs and alcohol.

Penington Institute has developed the Pharmaceutical Risk and Response Seminar to equip frontline workers with the skills needed to identify and prevent harm, especially overdose.

Seminar is being held at Portland District Hospital on Tuesday 14th November, 2:30pm – 4:30pm.

To register visit: <https://prrs-westerndistrictportland.eventbrite.com.au>

The seminar is suitable for anyone who works with people at risk of problematic prescriptions and over the counter drug use. This includes but is not limited to primary and secondary Needle and Syringe Program (NSP) workers, outreach workers, primary health service staff, alcohol and other drug service staff, community health centre staff, hospital staff, correctional staff, police and Aboriginal service staff.

DO you Care about the mental health in your community?

Wellways has been successful in gaining an NDIS Capacity Building grant to deliver these workshops across our region and we are seeking organisations and community groups to express interest if they would like a workshop held.

Workshop Aims - to provide community groups with information, knowledge and skills to be supportive, welcoming and inclusive of people affected by mental health issues in their community.

Who is the workshop for? - community groups and organisations who want to provide a supportive, welcoming and inclusive approach to people affected by mental health issues.

Duration - 3hrs with 1 short break. **No. of attendees** - Minimum of 8, maximum of 20 people. (Ideally between 10 -15)

Module 1 – Exploring and understanding mental health

Module 2 – Supporting recovery and creating inclusive communities

Further information contact: **Barry Clarke**, Coordinator Community Education and Participation Wellways Australia

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Applications Open To Engage! Young Victorians

Applications have opened for grants to engage young people and help them reach their full potential and connect with their local community.

Grants are available through the Labor Government's \$12.3 million Engage! 2018-20 program – open to local governments and community organisations – to support young people to engage in community life and access education, training and career opportunities.

The grants of between \$90,000 and \$150,000 also aim to help young people aged 12 to 25 take part in local decision making and other community initiatives.

Eligible local governments and community organisations who work with young people in their communities are encouraged to apply. Applications for the Engage! 2018-20 grant round close on Friday, 10 November 2017.

To apply or for more information visit www.youthcentral.vic.gov.au/

Upcoming Events

- **ACOSS National Conference, in partnership with VCOSS** – Australia 2030: What future do you want? 24 & 25 October. To register or further details [click here](#)
- **How to write an ethics application** – 9th November, 9am to 11am, Barwon Health, Geelong. Enquiries and rsvp: Susan Streat Ph: 421534453, E: susandab@barwonhealth.org.au
- **Integrating sexual health across settings & sectors to improve health outcomes for young people** - 13th November, 10am to 3:30pm, Warrnambool. Register via etouches: <https://www.eiseverywhere.com/cersh> Contact: Karen Walsh, YACVic, Great South Coast - M: 0427 514 870 E: rural.gsc@yacvic.org.au
- **Stop Domestic Violence Conference Australia** – 4-6 December, Rydges Melbourne. [Click here](#)

Funding Opportunities

- **Local Sporting Champions Grants** - To find out more including how to apply, click [here](#).
- **New Funding Stream to Make Water the Drink of Choice** - VicHealth is seeking to give sugary drinks the boot and make water the drink of choice at local sport and recreation venues with \$500,000 in new funding up for grabs. VicHealth's new [Water in Sport Initiative](#) will fund local councils to promote healthy drink options and reduce the availability and promotion of sugary drinks like soft drinks and sports drinks in kiosks and cafes at Victorian leisure centres and sports venues.

Markets & Food/Produce Swaps

Merino Produce Swap – 10am-11am, Saturday 11th November, Merino Community Health Centre (second Saturday of month)

Farmers & Craft Market HIRL – 9am to 12noon, Saturday 28th October, 333 North Boundary Road, Hamilton

Nareen Produce Swap – 10am to 11am, Sunday 29th October at the Nareen Hall. (Last Sunday of the month)



Follow SGGPCP on facebook or twitter, or link into GenR8 Change or SEA Change, by clicking on icons below:



Southern Grampians Glenelg Primary Care Partnership

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SGGPCP is promoting health and wellbeing by reducing the amount of time spent sitting in the workplace.

We actively encourage participants at our meetings to stand, move and/or stretch throughout the meeting to ensure sitting time is reduced.

PLEASE FORWARD YOUR ITEMS FOR INCLUSION IN THE BULLETIN TO: robyn.holcombe@wdhs.net