



Southern Grampians Glenelg Primary Care Partnership

Bulletin #36, 9th November 2017



Let's talk about how we can prevent family violence in our community.

Join us for lunch at Alexandra House in support of White Ribbon

Thursday 23rd November, 12:30pm to 2:00pm

Guest speakers: Victoria Police Superintendent, Peter Greaney & Natalie Russell, VicHealth Principal Program Officer, Mental Wellbeing

\$35 for 2 courses (\$5 from every ticket sold will go to White Ribbon)

Tickets available online at wdhs.net or contact 5551 8540



Nominations close **TODAY: November 9th** for the Southern Grampians Shire Council's Australia Day Awards – who do you know in the community who deserves recognition?

- Categories:
- ★ Citizen of the Year
 - ★ Young Citizen of the Year
 - ★ Community Event of the Year
 - ★ Mayor's Community Recognition Award

Nomination forms available from [Council's website!](#)

The Vulnerable people in emergencies policy

The *Vulnerable people in emergencies policy* is a key part of Victoria's emergency management arrangements to support vulnerable Victorians.

DHHS and MAV are convening consultation events for [local councils](#) to provide feedback on the *Vulnerable people in emergencies policy* in the coming weeks. For more information please contact [MAV](#).

Issues Paper - DHHS will be releasing an Issues Paper in late November. The Issues Paper will outline those aspects of the policy that work well, what improvements and/or initiatives need to be considered and any implementation challenges.

Submissions to the Issues Paper are due by Monday 18 December 2017.

For enquiries about the Issues Paper please contact recovery@dhhs.vic.gov.au

DHHS aims to engage with stakeholders again in early 2018 with findings from the consultations sessions and the Issues Paper, and to seek further contributions to the development of the new policy.

For more information about the overall review process of the *Vulnerable people in emergencies policy* please contact recovery@dhhs.vic.gov.au

The Future of Communities 2017 Power to the People Conference

Australia's only national community engagement conference: highlighting innovative ways to create vibrant communities led by active caring and engaged citizens.

- Tuesday 5th December, 8:30am to 4:45pm & Wednesday 6th December, 8:45am to 2:00pm
- The Angliss Conference Centre, 555 La Trobe Street, Melbourne

Who should attend: Councillors, CEOs, directors, managers (community related), as well as stakeholders, consultants, community groups, community development workers and especially passionate community builders.

[Click here for more information and to register](#)

New Mental Health Website launched

The Australian Government has launched its new digital mental health gateway - [Head to Health](#).

[Head to Health](#) comprises a website which makes it easier for people to access free or low cost Australian digital mental health services. It has been developed in collaboration with people with mental illness and their carers, the community, mental health professionals and digital service providers, and underwent extensive testing with users. Western Victoria PHN was involved in providing input and advice during the development stage.

The initial focus of the website is for people who experience mental illness, and those who support them. Future enhancements to the website will flow through over the coming months. This includes offering greater support to health professionals to assist them in meeting the needs of their patients.





The Head to Health website is now publically available at <https://headtohealth.gov.au/>

SGGPCP is promoting health and wellbeing by reducing the amount of time spent sitting in the workplace.

We actively encourage participants at our meetings to stand, move and/or stretch throughout the meeting to ensure sitting time is reduced.

PLEASE FORWARD YOUR ITEMS FOR INCLUSION IN THE BULLETIN TO: robbyn.holcombe@wdhs.net

Getting Active – Upcoming Community Events

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Wheelchair Basketball Corp Cup – Wbool: Friday 24th Nov, 5:30pm to 8:30pm. Contact: Louise Brown 0488 770114
- 
Lifecycle 55+ Gourmet Ride: Saturday 25th November, 10:00am – 4:00pm. Cycling program designed to encourage people aged 55 or over to get on their bikes, regardless of their experience. Contact: Artisan Festival - Josh Walker, Timboon Distillery 03 5598 3555 or Gourmet Ride – Mark Drehlich, Cycling Victoria 0418 127 792. [Click here for further details](#)
- 
Give Golf A Go: Sunday 12th November. Hamilton Golf Club in conjunction with Professional Ben Roberts are running 3 clinics – Juniors (aged 8-14) at 10am, Adult Beginners - Give Golf a Go at 10:30am or general golfers short game (chipping & putting) at 11:30am. Contact Veronica at Hamilton Golf Club 55712644
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Fox & Lilly Rural Vitality Fun Run: Sunday 12th November at Lake Hamilton. More details: <http://hamiltonfunrun.com/>



Professional Development/Training and Other Opportunities

- The Big Green Bus is Coming to Casterton** - Monday 13th November, 7pm to 8:30pm at the Kathleen Millikan Centre, Casterton (Free Seminar). Come and learn how to continue the conversation at home with your children about eating healthy food.
- Integrating sexual health across settings & sectors to improve health outcomes for young people** - 13th November, 10am to 3:30pm, Warrnambool. Register via etouches: <https://www.eiseverywhere.com/cersh>
 Contact: Karen Walsh, YACVic, Great South Coast - M: 0472 514 870 E: rural.gsc@yacvic.org.au
- Innovation in Community Engagement** – 13th & 14th November, Sydney. www.collaborationforimpact.com
 Register: <http://www.collaborationforimpact.com/event/innovation-in-community-engagement-conference/>
- Pharmaceutical Risk and Response Seminar – Western District Region** - Seminar is being held at Portland District Hospital on 14th November, 2:30pm – 4:30pm. To register visit: <https://prrs-westerndistrictportland.eventbrite.com.au>
- Peter Quail Oration 2017 – Deakin University – The Social Determinants of Health and Collective Impact: Making the case for investment in prevention** - 20th November, 10-11:30am, Deakin Waterfront Campus, Geelong. Places are limited email Christopher.loughnan@deakin.edu.au
- Stop Domestic Violence Conference Australia** – 4-6 December, Rydges Melbourne. [Click here](#)

Funding Opportunities

- Local Sporting Champions Grants** - To find out more including how to apply, click [here](#).

Markets & Food/Produce Swaps

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Merino Produce Swap – 10am-11am, Saturday 11th November, Merino Community Health Centre (second Saturday of month)
- Sandford Hall Country Market** – 9am to 1pm, Sunday 12th November at Sandford Hall
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Farmers & Craft Market HIRL – 9am to 12noon, Saturday 25th November, 333 North Boundary Road, Hamilton
- Merino Community Festival** – 1pm onwards at Merino Recreation Reserve followed by night entertainment 7pm to 11pm
- Nareen Produce Swap** – 10am to 11am, Sunday 26th November at the Nareen Hall. (Last Sunday of the month)

Follow SGGPCP on facebook or twitter, or link into GenR8 Change or SEA Change, by clicking on icons below:



Southern Grampians Glenelg Primary Care Partnership

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