

SGGPCP Updates

Award Winners – Balmoral Fire Connect Project



The Balmoral Fire Connect Project was announced as the winner of the Access and Inclusion Award at the Fire Awareness Awards held in Melbourne on Monday night. The Honorable Lily D’Anbrosio, Minister for Energy Environment and Climate Change presented the award to our team Tiff Heeson (CFA), Maedeh Karkarvandi (RMIT), Jo Brown (SGGPCP), Louise LeNay (CFA). The judges were impressed with the collaborative project which demonstrated the valuable role that the Balmoral Bush Nursing Centre (BBNC) plays in enhancing the resilience of their community to bushfire. Balmoral Fire Connect used social network analysis to highlight the relationships of four key staff at BBNC and how they integrate fire related preparedness messages into their everyday processes and conversations. A *Pass the Parcel* approach was also utilized, where a parcel of fire safety information was passed around in the community, extending the reach of fire safety information.

[Click here](#) for a comprehensive project report.

The Balmoral Fire Connect project forms part of the SGGPCP strategic priority focus: Community Resilience through climate change adaptation. For further information contact joanne.brown@wdhs.net



New local 2017
Childhood
Health Data

Our community has worked hard over the past two years towards making the healthier choice the easier choice for people in the Southern Grampians, especially children – but are we making an impact?

**Location: Hamilton Botanic Gardens (meet at the Rotunda)
Friday 8th December, 12noon-1pm OR
Tuesday 12th December, 5:15pm-6:15pm**

A FREE Health BBQ lunch will be supplied at the conclusion the event

**Join the GenR8
Change Community
Walk-Shop to find out!**



If you’re worried about the term ‘Walk-shop’, don’t be. The walking part is not essential! Children and prams are also most welcome.

RSVP to ebony.jenkins@wdhs.net, phone 5551 8475, or respond to the Facebook event for catering purposes.

Thanks, we hope to see you on 8th or 12th of December as we gather to celebrate and learn about the health of our local kids!

Rural Chances Scholarships



Rural Chances Scholarships are for young rural Victorians who are facing significant financial or social challenges, who have career aspirations and want to or are studying at TAFE, undertaking an apprenticeship. More than \$70,000 is available for scholarships.

For full details [click here](#).

Applications close at midnight, 20th December 2017. <http://www.msrf.org.au/ruralchances>

Well Together Workshops

Wellways has been successful in gaining an NDIS Capacity Building grant to deliver workshops aimed at providing community groups with information, knowledge and skills to be supportive, welcoming and inclusive of people affected by mental health issues in the community. Expressions of Interest are open for organisations and community groups who would like a workshop held. For more information, see flyer [here](#) or contact Barry Clarke on 5560 3019.

SGGPCP is promoting health and wellbeing by reducing the amount of time spent sitting in the workplace.

We actively encourage participants at our meetings to stand, move and/or stretch throughout the meeting to ensure sitting time is reduced.

PLEASE FORWARD YOUR ITEMS FOR INCLUSION IN THE BULLETIN TO: robyn.holcombe@wdhs.net

Getting Active – Upcoming Community Events

- **Hamilton Park Run** – Lakes Edge Adventure Playground, lake Hamilton, Rippon Road, Hamilton. Every Saturday at 8am www.parkrun.com.au/Hamilton

Professional Development/Training and Other Opportunities

- **Summer Readiness Workshop for the Health and Community Sector** – 11th December at Hamilton District Skills Centre, 10am to 1:30pm or 12th December at Winda-Mara, Heywood, 10am to 1:30pm.
The workshops have been designed for anyone who works in a community or health service setting with people who may be considered vulnerable due to health and social circumstances.
Places are limited, rsvp Jo Brown, at SGGPCP P: 555 18563 M: 0428 310280 E: joanne.brown@wdhs.net
- **Field Research Methods: 5 day short course** - 14th-16th February & 22nd-23rd February at Deakin's Warrnambool campus. Click on link <http://bit.do/DEAKIN-FRM> for further information
- **No More Harm National Conference** - 12th & 13th April 2018 at Melbourne. Further details [Click here](#)

Funding Opportunities

- **'Look over the farm gate'** – is a series of community-led events which help rural communities to:
 - Look out for one another
 - Promote social inclusion
 - Create awareness about mental health
 - Reduce the impact isolation can haveCommunity groups can apply for grants up to \$1,500 to host an event which supports mental health. Applications for round one grants are open until 20 December 2017. Visit <http://lookoverthefarmgate.org.au/> for more information or to apply for a grant.
- **2017/18 Summer Local Initiatives Grants Program**
CFA Community Safety 2017/18 Summer Local Initiatives Grants are now open.
 The Summer Local Initiatives Grants Program aims to empower community leadership, create awareness, build shared responsibility and self-reliance with the ultimate goal of creating more resilient communities.
The program offers one-off funding to community organisation's and brigades to enable them to develop and trial locally-led engagement initiatives. Contact the SLI team for more information: sli@cfa.vic.gov.au
- **Local Sporting Champions Grants** - To find out more including how to apply, click [here](#).

Markets & Food/Produce Swaps

- **Merino Produce Swap** – 10am-11am, Saturday 9th December, Merino Community Health Centre (second Saturday of month)
- **Farmers & Craft Market HIRL** – 9am to 12noon, Saturday 9th December, 333 North Boundary Road, Hamilton
- **Nareen Produce Swap** – 10am to 11am, Sunday 28th January 2018 at the Nareen Hall. (Last Sunday of the month)

Follow SGGPCP on facebook or twitter, or link into GenR8 Change or SEA Change, by clicking on icons below:



Southern Grampians Glenelg Primary Care Partnership

Upper Level, 157 Gray Street (PO Box 283), Hamilton 3300

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