



# Southern Grampians Glenelg Primary Care Partnership

Bulletin #6 – 8<sup>th</sup> March 2018





## **Active April**

Any physical activity is better than none, all you have to do is get up and get moving! So, sign up with your workplace today and encourage your work colleagues to engage in some sort of physical activity. Some practical options for organisations could be participating in walking meetings, using the stairs instead of the lift, use of standing desks, or lunchtime walks around the block.

To register or for more information/resources click here.

### Awetism Classroom

Exciting PD opportunity for school partners.

*Awetism Classroom* has been developed by a local young person autism advocate Bryce Pace to promote new ways to better include students with autism in classroom activities.

Tuesday 20 March, 9am to 12noon at Brauer College Warrnambool.

For more information and to register visit: www.brycepaceautismadvocate.com/events

# **Funding Opportunities**

- No Interest Loan Scheme a community based program that enables people on low incomes to access affordable, fair, safe, equitable credit for the purchase of essential goods and services. NILS is available through Brophy Family & Youth Services. For information on NILS, including referral information, contact <a href="https://www.hnil.goods.englistics.com">hnil.goods.englistics.com</a>. So information on NILS, including referral information, contact <a href="https://www.hnil.goods.englistics.com">hnil.goods.englistics.com</a>. So information on NILS, including referral information, contact <a href="https://www.hnil.goods.englistics.com">hnil.goods.englistics.com</a>.
- <u>Graffiti Prevention Grants</u> Victorian Councils are invited to apply for grants of up to \$30,000 to partner with community groups to deliver local graffiti prevention initiatives. Applications close 4pm, Friday 20<sup>th</sup> April.
  For more information or to apply, visit <u>www.crimeprevention.vic.gov.au/graffitigrants</u>

#### Southern Grampians Glenelg Primary Care Partnership - Upper Level, 157 Gray Street (PO Box 283), Hamilton 3300 Executive Officer: Janette Lowe Manager Health & Wellbeing: Jo Brown,

Project Officers: Rowena Wylie, Clinton Thomas, Ebony Jenkins Office Coordinator: Robyn Holcombe W: <u>www.sggpcp.com</u> T: (03) 555 18471







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### **Professional Development/Training and Other Opportunities**

- Youth Mental Health First Aid 15<sup>th</sup> and 22<sup>nd</sup> March , 9:30-4:30pm, Warrnambool. Contact Barry Clarke, Wellways T: 55 603019 M: 0408 527 587 E: <u>bclarke1@wellways.org</u>
- Mental Health First Aid for Suicidal Person 26<sup>th</sup> March, 12:30-4:30pm, Warrnambool. Contact Barry Clarke, Wellways
  T: 55 603019 M: 0408 527 587 E: <u>bclarke1@wellways.org</u>
- Non Profit Master Class in Advanced Strategy, Risk & Governance 6<sup>th</sup> April, 8:45am-4pm, Lady Bay Resort, Warrnambool contact: Richard Zerbe, Phone: 0448 505 885 or Email: <u>executiveofficer@communitysouthwest.com</u>
- <u>Standard Mental Health First Aid</u> 23<sup>rd</sup> & 30<sup>th</sup> April, 9:30-4:30pm, Warrnambool. Contact Barry Clarke, Wellways T: 55 603019 M: 0408 527 587 E: <u>bclarke1@wellways.org</u>
- Health Literacy Masterclass 22<sup>nd</sup> & 23<sup>rd</sup> March 2018, Docklands, Melbourne. Further details <u>Click here</u>
- Prevention of Chronic Disease Forum 23<sup>rd</sup> March, The Alfred Hospital, Melbourne. Further details Click here
- No More Harm National Conference 12<sup>th</sup> & 13<sup>th</sup> April 2018 at Melbourne. Further details Click here
- World Elder Abuse Awareness Gerard Mansour, Ambassador for Elder Abuse Prevention and Commissioner for Senior <u>Victorians</u> – Thursday 7<sup>th</sup> June – Open to all people with disability including mental ill health, seniors, carers, family, health, community, justice and family violence workers. E: <u>wjones@mpower.org.au</u> P: 55618127
- Everybody's Business Forum: Prevention of Violence against women with disabilities and seniors 25<sup>th</sup> June, W'bool Open to all people with disability including mental ill health, seniors, carers, family, health, community, justice and family violence workers. E: wjones@mpower.org.au P: 55618127
- <u>19<sup>th</sup> International Mental Health Conference</u> 8<sup>th</sup> 10<sup>th</sup> August 2018, Gold Coast, Queensland. Further details <u>Click here</u>
- National Eating Disorders and Obesity Conference 27<sup>th</sup>-28<sup>th</sup> September 2018, Twin Towns Services Club, Tweed Heads NSW. Further details: <u>Click here</u>
- 2018 Australian Road Safety Conference 3<sup>rd</sup>-5<sup>th</sup> October 2018, Sydney. Further details: Click here





- Port Fairy Community Market March 24, Railway Pl. Port Fairy. E: <u>market@portfairycommunityhouse.com.au</u>
- Merino Produce Swap 10am-11am, Saturday 10<sup>th</sup> March, Merino Community Health Centre 2<sup>nd</sup> Sat of month)
- Sandford Hall Community Market 9am to 1pm, Sunday 11<sup>th</sup> March (2<sup>nd</sup> Sunday of month)
- Henty Annual Market Sunday 8<sup>th</sup> April at Henty Memorial hall
- Farmers & Craft Market HIRL 9am to 12noon, Saturday 28<sup>th</sup> April, 333 North Boundary Road, Hamilton
- Nareen Produce Swap 10am to 11am, Sunday 25<sup>th</sup> March at the Nareen Hall. (Last Sunday of the month)



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