



# Southern Grampians Glenelg Primary Care Partnership

Bulletin #7 – 15<sup>th</sup> March 2018



## GenR8 Change Networking Event

All Welcome!

@ Hamilton Gray St Primary School  
Thursday 26th April, 5:30 - 6:30pm

Meet and join forces with like-minded others

Share your ideas and actions

Hear from others making the healthier choice easier

Come and chat together about changes you've seen and new ideas to make the healthier choice the easier choice as our community continues to grow GenR8 Change! Everyone is welcome, bring a friend along!



- Healthy nibbles provided!
- Join the Facebook event @genr8change
- For queries contact Ebony on 5551 8475

**\$10 PER PERSON 0-16years FREE**

Casterton Memorial Hospital

# FAMILY FUN RUN/WALK

Including Colour Run to support Youth Week

**SUNDAY, MAY 6th AT ISLAND PARK**

Choose 3, 6 or 9 km or 2.5km Colour Run  
REGISTRATION BEGINS 8AM  
RUN BEGINS AT 9AM

**ENQUIRIES & PRE-REGISTRATION CSC AND CMH or phone 555 42 555**

## LAST DAY – Family Violence Understanding our Service System Survey

The survey closes at midnight tonight. Thanks to those who have completed it already; it would be great to have a few more from our catchment. It takes about 15 minutes to complete.

<https://www.surveymonkey.com/r/XJF9B7F>

The Wimmera and South West Area Integrated Family Violence Partnership will be undertaking consultation in late April/ May.

## Reforms to the Victorian Liquor Control Reform Act

On Sunday the Victorian Government announced reforms to the Liquor Control Reform Act. They include:

- banning alcohol advertising within 150 metres of all Victorian schools (excluding promotions on the exteriors of pubs, clubs or bottle shops or sporting grounds and racecourses)
- removing a loophole that allows minors accompanied by a parent or guardian to be served alcohol with a meal on licensed premises
- requiring delivery drivers to check identification before leaving alcohol with a person who appears underage
- introducing fines of more than \$19,000 for the delivery of alcohol to a minor
- allowing people to take away their unfinished open bottles of liquor from licensed cafes and restaurants,

For more details see the Victorian Government media release [here](#).



## Active April

Any physical activity is better than none, all you have to do is get up and get moving! So, sign up with your workplace today and encourage your work colleagues to engage in some sort of physical activity. Some practical options for organisations could be participating in walking meetings, using the stairs instead of the lift, use of standing desks, or lunchtime walks around the block. [more information/resources click here.](#)

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## World Environment Day Public Forum – South West Healthcare

The South West Healthcare Environmental Sustainability Committee would like to invite health and allied health professionals, researchers, disease mitigation professionals and interested members of the community to our 2018 World Environment Day Forum. This forum aims to increase dialogue about topics related to environmental sustainability and healthcare. Two prominent guest speakers will speak about the predicted impacts of climate change on population health and disease, and how sustainable procurement is seeking to reduce negative environmental impacts of the health sector.

**Guest speakers: Dr Liz Hanna & Dr Jefferson Hopewell**

**Tuesday 5<sup>th</sup> June, 2:30-4pm** (afternoon tea provided) at ACE Radio Lecture Theatre, Level 1, SWH Warrnambool Base Hospital.

RSVP: by 31<sup>st</sup> May to Elvira Hewson, Environmental Sustainability Project Officer 5563 4068 E: [ehewson@swh.net.au](mailto:ehewson@swh.net.au)

## Healthy Hospitals: Healthy Planet Forum



21<sup>st</sup> & 22<sup>nd</sup> May 2018, Western Centre for Health Research and Education, St Albans. Cost \$50 per day

The forum will look at what big picture changes are needed within our healthcare system to address climate change and environmental sustainability, as well as what can be done in individual hospitals and health services to reduce healthcare's environmental impacts.

## Professional Development/Training and Other Opportunities

- **Non Profit Master Class in Advanced Strategy, Risk & Governance** – 6<sup>th</sup> April, 8:45am-4pm, Lady Bay Resort, Warrnambool contact: Richard Zerbe, Phone: 0448 505 885 or Email: [executiveofficer@communitysouthwest.com](mailto:executiveofficer@communitysouthwest.com)
- **Introduction to Auslan** - April 9, 16, 23 & 30, 10:30am to 12:30pm. At Hamilton Community House, Sedgewich St. Hamilton. For further information contact Erica Smith E: [esmith@mpower.org.au](mailto:esmith@mpower.org.au) P: 0355 618111 M: 0418392592 Bookings/ RSVP contact Debra King E: [hamnh@bigpond.com](mailto:hamnh@bigpond.com) or P: 03 55719780
- **Diversity in Disaster** – April 17-18 at MCG, Melbourne. If you work in the emergency management, community services, urban resilience and diversity fields, we encourage you to [check out the conference program](#). Registrations will close Monday 16 April 2018. To register: <https://www.diversityindisaster.com/>.
- **Gender Equity in Action Workshop** – April 19, 10am to 4pm at Women's Health Victoria, Level 8, 255 Bourke Street, Melbourne. Cost \$220. Registration on [Eventbrite](#) or Check-out [Website](#) for more information
- **Standard Mental Health First Aid** - 23<sup>rd</sup> & 30<sup>th</sup> April, 9:30-4:30pm, Warrnambool. Contact Barry Clarke, Wellways T: 55 603019 M: 0408 527 587 E: [bclarke1@wellways.org](mailto:bclarke1@wellways.org)
- **No More Harm National Conference** - 12<sup>th</sup> & 13<sup>th</sup> April 2018 at Melbourne. Further details [Click here](#)
- **Psychological Play Therapy for Working with Children** – 12<sup>th</sup> May, 9am to 4:30pm, Quest Warrnambool. To register follow this link: <https://www.psychology.org.au/Event/19344?view=true>
- **World Elder Abuse Awareness – Gerard Mansour, Ambassador for Elder Abuse Prevention and Commissioner for Senior Victorians** – Thursday 7<sup>th</sup> June – Open to all people with disability including mental ill health, seniors, carers, family, health, community, justice and family violence workers. E: [wjones@mpower.org.au](mailto:wjones@mpower.org.au) P: 55618127
- **Everybody's Business Forum: Prevention of Violence against women with disabilities and seniors** – 25<sup>th</sup> June, W'bool Open to all people with disability including mental ill health, seniors, carers, family, health, community, justice and family violence workers. E: [wjones@mpower.org.au](mailto:wjones@mpower.org.au) P: 55618127
- **19<sup>th</sup> International Mental Health Conference** – 8<sup>th</sup> – 10<sup>th</sup> August 2018, Gold Coast, Queensland. Further details [Click here](#)
- **Health Promotion Symposium** – 23<sup>rd</sup> & 24<sup>th</sup> August, 8am to 5pm, Canberra [Click here](#)

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- **National Eating Disorders and Obesity Conference** – 27<sup>th</sup>-28<sup>th</sup> September 2018, Twin Towns Services Club, Tweed Heads NSW. Further details: [Click here](#)
- **2018 Australian Road Safety Conference** – 3<sup>rd</sup>-5<sup>th</sup> October 2018, Sydney. Further details: [Click here](#)

## Funding Opportunities

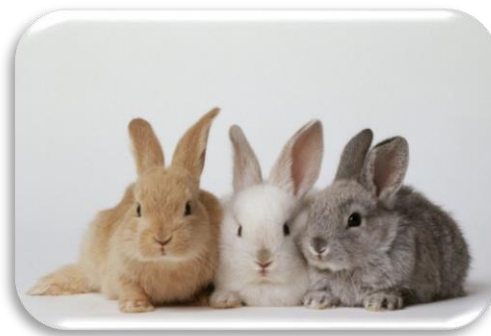
- **Graffiti Prevention Grants** - Victorian Councils are invited to apply for grants of up to \$30,000 to partner with community groups to deliver local graffiti prevention initiatives. Applications close 4pm, Friday 20<sup>th</sup> April. For more information or to apply, visit [www.crimeprevention.vic.gov.au/graffitigrants](http://www.crimeprevention.vic.gov.au/graffitigrants)



- **Port Fairy Community Market** – Sat 31 March, Railway Pl. Port Fairy. E: [market@portfaircommunityhouse.com.au](mailto:market@portfaircommunityhouse.com.au)
- **Merino Produce Swap** – 10am-11am, Saturday 14<sup>th</sup> April, Merino Community Health Centre (2<sup>nd</sup> Sat of month)
- **Sandford Hall Community Market** – 9am to 1pm, Sunday 15<sup>th</sup> April (2<sup>nd</sup> Sunday of month)
- **Henty Annual Market** – Sunday 8<sup>th</sup> April at Henty Memorial hall
- **Farmers & Craft Market HIRL** – 9am to 12noon, Saturday 28<sup>th</sup> April, 333 North Boundary Road, Hamilton
- **Nareen Produce Swap** – 10am to 11am, Sunday 29<sup>th</sup> April at the Nareen Hall. (Last Sunday of the month)



## Wishing everyone a happy and safe Easter



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