

### Resilient Australia Award



Balmoral Fire Connect has been announced as the Victorian Community winner of the Resilient Australia Awards. Announced at a ceremony in Melbourne last week by the Emergency Management Commissioner Andrew Crisp, the judges were impressed with the methodology and outcomes, building the value of the community and health sector partnerships in enhancing community resilience. This is the second major award for the project having won the Inclusion and Access Award at the 2017 Fire Awareness awards. The Balmoral Fire Connect project investigated the flow of information from the hub of the Balmoral Bush Nursing Centre by looking at the dissemination of fire safety information through a pass the parcel approach with user groups of the centre and using social network analysis to understand the flow of information from four key staff.

[Click here](#) to view the full project report. For further information contact Jo Brown [joanne.brown@wdhs.net](mailto:joanne.brown@wdhs.net)



### GenR8 Change Celebration breakfast

Over 30 Southern Grampians community members came together this morning for the GenR8 Change celebration breakfast! A great start to the day was had by all, as four community members shared their stories of making healthy change. Thanks to Jackie Wilson from the Hamilton Indoor Leisure and Aquatic Centre - HILAC, Amanda Adamson representing the Australian Breastfeeding Association Hamilton Branch, Julie Pickering from Hamilton North



Primary School and John Hedley from Western District Health Service for sharing information around their actions to make the healthy choice the easy choice, and key lessons learnt through their endeavours! There was certainly lots of buzz in the room following the story telling and we hope everyone walked away motivated and ready to keep driving and supporting actions that make healthy easy! A big thank you also to Cafe Gray Hamilton for a yummy healthy breakfast spread.



For further information contact Ebony Jenkins, P: 0466 554 562 E: [ebony.jenkins@wdhs.net](mailto:ebony.jenkins@wdhs.net)



### RU OK? Day – Thursday 13<sup>th</sup> September

RU OK? Day is a national day of action dedicated to reminding everyone that any day is the day to ask, “Are you ok?” and support those struggling with life.

Taking part can be as simple as learning [RU OK?'s four steps](#) so you can have a conversation that could change a life. Further information [click here](#).

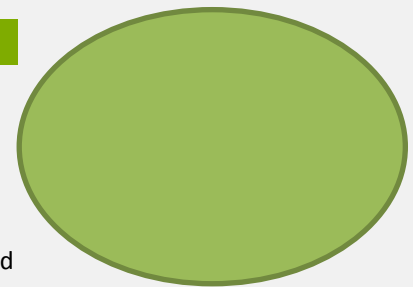


### Pick My Project - Last chance to vote

If you enjoy a great neighbourhood celebration, and would love to see your community come together more often to share food, festivities and fun, then jump onto the Pick My Project website and vote to make *Connecting Neighbours in Southern Grampians and Glenelg* a winner!

*Connecting Neighbours in Southern Grampians and Glenelg* project was designed to connect neighbours and strengthen local neighbourhoods across the Southern Grampians and

Glenelg shires. If successful, the project will also identify and nurture the ‘community connectors’ within the district – those people who are passionate about their community and have a knack for connecting people. Voting closes: September 17. or by calling the SGGPCP team on 5551 8471.



**Southern Grampians Glenelg Primary Care Partnership, Upper Level, 157 Gray Street, Hamilton 3300 (PO Box 283)**

**Executive Officer: Janette Lowe**

**Manager Health & Wellbeing: Jo Brown    Communications Officer: Maya Eats**

**Project Officers: Rowena Wylie, Clinton Thomas, Ebony Jenkins**

**Office Coordinator: Robyn Holcombe W: [www.sggpcp.com](http://www.sggpcp.com) T: (03) 555 18471**



### Professional Development/Training and Other Opportunities

#### **Building Capability for Cross Sector Partner Training**

Training will be delivered by the international organisation, the Partnership Brokers Association.

There are two options for training dates; November 2018 or February/March 2019

The workshop is a great opportunity for our region to gain access to these important skills

For further information contact Richard Zerbe, Executive Officer, Community Southwest M: 0448 505 885

E: [executiveofficer@communitysouthwest.com](mailto:executiveofficer@communitysouthwest.com) W: [www.communitysouthwest.com](http://www.communitysouthwest.com) .



**Lifeline's DV-alert (Domestic & Family Violence Response Training)** – Sept 17<sup>th</sup> & 18<sup>th</sup>, 8:45am to 5pm, Lyndoch Living, 10 Hopkins Road, Warrnambool. [Dvalert.org.au](http://dvalert.org.au) Contact [Megan.walsh@lifeline.org.au](mailto:Megan.walsh@lifeline.org.au) P: 55590521



**The 2018 VCOSS-MAV Emergency Management Forum – Towards resilience** – will be held on 21 September. It will explore current approaches to building the resilience of people that may be more vulnerable in an emergency, and also an opportunity to contribute to the Department of Health and Human Services' *Increasing emergency resilience for vulnerable Victorians* strategy. [For more information or to register, click here.](#)

**Digital Story Telling Workshop** - Are you a young Australian rural adult, aged 18-34? Have you managed a health challenge? Survived an accident? Lived with flood, bushfire or drought? Cared for someone with a disability? Have you had another life-changing experience? Do you want to use your experience to make a real difference in your rural community? **Then join us for our next digital storytelling workshop 25-27 Sept at Hamilton.** Contact Alison Kennedy on (03) 5551 8533 or [alison.kennedy@wdhs.net](mailto:alison.kennedy@wdhs.net)

**National Eating Disorders and Obesity Conference** – 27<sup>th</sup>-28<sup>th</sup> September 2018, Twin Towns Services Club, Tweed Heads NSW. Further details: [Click here](#)

**2018 Australian Road Safety Conference** – 3<sup>rd</sup>-5<sup>th</sup> October 2018, Sydney. Further details: [Click here](#)

**National Ageing Research Institute – Annual Seminar - Elder Abuse: innovation, research, policy and practice.** – 12<sup>th</sup> October, South Melbourne [Find out more and register](#)

**The Victorian Waste Education Conference** – Tuesday 23<sup>rd</sup> October, Bendigo - [Register](#) today to secure your spot. <https://waste-education-conference-2018-bendigo.eventbrite.com.au>

### Awards and Funding Opportunities

**Community Harmony Grants Program** - New grants are available to help Victorians to build greater community harmony and social cohesion in their communities. The program supports Victorians to have a strong sense of belonging – regardless of their religion, ethnicity, cultural identity, gender or sexuality.

For more details click here. **Applications can be submitted at any time before 11.59pm 22 February 2019.**



### Local Community Events



- **Port Fairy Community Market** – Sat 22<sup>nd</sup> September, Railway Pl. Port Fairy. E: [market@portfairycommunityhouse.com.au](mailto:market@portfairycommunityhouse.com.au)
- **Merino Produce Swap** – 10am-11am, Saturday 13<sup>th</sup> October, Merino Community Health Centre (2<sup>nd</sup> Sat of month)
- **Farmers & Craft Market HIRL** – 9am-12noon, Sat 29<sup>th</sup> Sept, 333 Nth Boundary Road, Hamilton (last Saturday of month)
- **Nareen Produce Swap** – 10am to 11am, Sunday 30<sup>th</sup> Sept at the Nareen Hall. (Last Sunday of the month)

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