

Winners - Victorian Public Healthcare Awards (Supporting Healthy Populations)



The GenR8 Change and SEA Change Portland initiatives were announced as the winner of the *Supporting Healthy Population Category* at the Victorian Public Healthcare Awards held in Melbourne last night.

The award recognises innovation, excellence and quality where health services work with partners to drive a stronger focus on prevention to improve the health of the community.

Congratulations to the amazing efforts of the Southern Grampians and Portland communities, SGGPCP partners and stakeholders and Deakin University.

Walk to School Month



Walk to School Month has arrived! Walk to school is a free, easy and fun way for primary school kids and their families to get active this October. With ALL Southern Grampians Primary Schools participating this year, no doubt your child will be tracking their walks in the classroom and vying for prizes, so be sure to encourage or even join them on the walk to school!

The student displaying the greatest effort in building a walking habit from each participating school will win a FitBit prize! There are minor prizes up for grabs too, so there are plenty of reasons to get walking!



Further information contact Ebony Jenkins at SGGPCP, E: ebony.jenkins@wdhs.net P: 555 18475

YACVic Rural Youth Awards



Youth Affairs Council Victoria (YACVic) announced Lee Anne Nelson of Portland and Glenelg Live4Life as award winners at its inaugural [YACVic Rural Youth Awards](#) in a ceremony held at Queen's Hall in Victoria's Parliament House.

YACVic received over 100 nominations across its three award categories in this year's inaugural awards.

Lee Anne Nelson was shortlisted as one of five inspirational finalists in the Youth workers making a difference in rural or regional Victoria category and was announced last week as the award winner.

Glenelg Shire is also celebrating Youth Live4Life as the winner in the Innovative youth projects or programs in rural or regional Victoria category. Glenelg Live4Life is one of the three sites for

this program which focuses on a whole of community approach to mental health education and suicide prevention in order to build resilient young people and communities.

Safe in the SouthWest, a project of Brophy Family & Youth Services was also a finalist in this category. Safe supports schools, community services and organisations in Warrnambool and across the South West region to become LGBTIQ+ friendly and inclusive. It has had impact on many young people feeling as though they can thrive in their local community and be part of the LGBTIQ+ community as well.

The winners were presented with a certificate, trophy and \$1,000 by guest the Minister for Youth Affairs, the Hon. Jenny Mikakos and YACVic CEO, Leo Fieldgrass.

The YACVic Rural Youth Awards are Victoria's opportunity to shine a spotlight on the young people leading change in rural and regional Victoria. They also give the community a chance to celebrate our amazing young people, youth workers and innovative youth projects from across country Victoria.

Southern Grampians Glenelg Primary Care Partnership, Upper Level, 157 Gray Street, Hamilton 3300 (PO Box 283)

Executive Officer: Janette Lowe

Manager Health & Wellbeing: Jo Brown Communications Officer: Maya Eats

Project Officers: Rowena Wylie, Clinton Thomas, Ebony Jenkins

Office Coordinator: Robyn Holcombe W: www.sggpcp.com T: (03) 555 18471



Changes to the Farm Household Allowance Program



The Australian Government announced changes to the Farm Household Allowance program recently – increasing the cap on the assets and income tests (allowing more farmers to be eligible) and adding a couple of \$3,000 supplementary payments payable in September 2018 and March 2019. Farmers have until 30 November 2018 to submit a claim to be eligible for the September 2018 supplementary payment. Rural Financial Counsellors can help fill out and submit claims.

[Click here](#) or Phone: 1300 735 578

Professional Development/Training and Other Opportunities

Building Capability for Cross Sector Partner Training

Training will be delivered by the international organisation, the Partnership Brokers Association.

There are two options for training dates; November 2018 or February/March 2019

The workshop is a great opportunity for our region to gain access to these important skills

For further information contact Richard Zerbe, Executive Officer, Community Southwest M: 0448 505 885

E: executiveofficer@communitysouthwest.com W: www.communitysouthwest.com .



The Victorian Waste Education Conference – Tuesday 23rd October, Bendigo - [Register](#) today to secure your spot. <https://waste-education-conference-2018-bendigo.eventbrite.com.au>



Domestic Violence Resource Centre Victoria – quarter 4 training calendar – [click here](#)

Local Community Events



Sunday 14th October 2018

3km | 5.7km | 10km | 21km | 42km

Team: Run 4 Farmer Health

Visit: www.farmerhealth.org.au/run-4-farmer-health to register or donate



Right of Way Seniors Day - Thursday 18th October, Hamilton Exhibition and Conference Centre

Celebrate Seniors week and find out how you can make the most of life in our region.

Morning tea from 10am.

Talk to someone in the know about getting fit and active, looking after your health, volunteering, or finding a hobby or social group.

For more information or to register contact: Deb King, Hamilton Community House P: 555 719280

Hamilton and Surrounds Mental Health Group Free Community Lunch Saturday 20th October

To be held at the Hamilton Pocket Garden, Corriedale Lane (behind the National Australia Bank) from 11am to 1pm.

RSVP: Leonie Neylon, M: 0428790200 Email : leonieneylon@gmail.com

Hamilton Mental Health and Wellbeing Expo – Sunday 21st October

Inclusive, free community event aimed to promote awareness of mental health and wellbeing. Local health and community services will offer short workshops and information on opportunities available in the community, including; yoga, art, pottery, massage, Community Garden, Self Defense, Community Markets, Drumming and much more. Event also welcomes local artists to showcase and promote various forms of art.

Venue: HIRL 333 Nth Boundary Rd, Hamilton **Time:** 11am-3pm **Cost:** Free **Email:** jgarfoot@swh.net.au **Tel:** 03 5551 8418

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Awards and Funding Opportunities



Community Harmony Grants Program - New grants are available to help Victorians to build greater community harmony and social cohesion in their communities. The program supports Victorians to have a strong sense of belonging – regardless of their religion, ethnicity, cultural identity, gender or sexuality.

For more details click [here](#). **Applications can be submitted at any time before 11.59pm 22 February 2019.**

Southern Grampians Shire Council's Australia Day Awards – Who do you know who deserves recognition for their contribution to our community or a wonderful event they've ran?

Categories: Citizen of the Year; Young Citizen of the Year (under 25's); Community Event of the Year; Community Recognition Award

Nomination form available from Council offices and [Council's website](#).

Send nominations to AusDay@sthgrampians.vic.gov.au by Nov 1 or call 5573 0444 for more info.



- **Port Fairy Community Market** – Sat 13th October, Railway Pl. Port Fairy. E: market@portfairycountryhouse.com.au
- **Merino Produce Swap** – 10am-11am, Saturday 13th October, Merino Community Health Centre (2nd Sat of month)
- **Sandford Hall Country Market** – 9am to 1pm, Sunday 14th October, Sandford Hall
- **Farmers & Craft Market HIRL** – 9am-12noon, Sat 27th October, 333 Nth Boundary Road, Hamilton (last Saturday of month)
- **Nareen Produce Swap** – 10am to 11am, Sunday 28th October at the Nareen Hall. (Last Sunday of the month)
- **MAGIC (Music, Art, Garden in Casterterton)** – commences 10am, Sunday 28th October, Wilkin Community Hall Cost \$15