

Let's work together and get our community moving!

Join us for an interactive session on Active Travel in the Southern Grampians

Thursday 29th November, 4pm to 6pm

At Hamilton District Skills Centre, Mt Baimbridge Rd, Hamilton

Light refreshments supplied



Connect with passionate stakeholders and community members to together determine what we as a community can do to make it easier for students to be active on the way to school and home again.

Be a part of the active change you want to see!

Who should attend? Community members, community groups, sporting/recreational groups, community safety stakeholders, school communities, local government, health professionals, community development workers, transport providers, disability support workers, welfare agencies.

For RSVP's, contact Ebony Jenkins P: 5551 8475 or E: ebony.jenkins@wdhs.net



BARWON SOUTH WEST

Healthy living forum

CONNECT. SHARE. LEARN

A JOINT INITIATIVE OF SOUTHERN GRAMPIANS GLENELG PRIMARY CARE PARTNERSHIP, SOUTH WEST PRIMARY CARE PARTNERSHIP AND G21

WEDNESDAY

November 28 2018 10AM - 3.30PM

CAMPERDOWN FOOTBALL AND NETBALL OVAL



INTERACTIVE WORKSHOPS FACILITATED BY SEANNA DAVIDSON
Dr Seanna Davidson is the Manager of Systems Thinking at the Australian Prevention Partnership Centre (TAPPC) based at Deakin University. Seanna leads the systems thinking capacity building efforts for the TAPPC network of policy makers, practitioners and researchers including a community of practice and systems thinking workshops.

DISCUSSION ON PLACE-BASED PREVENTION PRINCIPLES
SHARING YOUR HEALTHY EATING AND ACTIVE LIVING PRACTICES
NETWORKING WITH LOCAL PARTNERS AND FELLOW STAKEHOLDERS

Proudly sponsored by



RSVP TO YOUR PCP CONTACT BY NOV 19: joanne.brown@wdhs.net | lsmith@swpcp.com.au | hwb@g21.com.au

Western District Health Service and the Southern Grampians Shire Council invite you to

WALK IN HER SHOES

FOR WHITE RIBBON DAY

Friday November 23, 12pm-1.30pm
Pocket Garden, Hamilton CBD

Join us in standing up and speaking out against family violence

Light lunch available - donation to White Ribbon

Guest speakers -
South West Centre Against Sexual Assault
Social Worker, Tegan Russell
Monivae Student, Ella Lithgow
Victoria Police Inspector, Nick Finnegan



In support of White Ribbon

Southern Grampians Glenelg Primary Care Partnership, Upper Level, 157 Gray Street, Hamilton 3300 (PO Box 283)

Executive Officer: Janette Lowe

Manager Health & Wellbeing: Jo Brown Communications Officer: Maya Eats

Project Officers: Rowena Wylie, Clinton Thomas, Ebony Jenkins

Office Coordinator: Robyn Holcombe W: www.sggpcp.com T: (03) 555 18471



After a deadly month for domestic violence, the message doesn't appear to be getting through

Australia has launched countless domestic violence campaigns over the years. So, why haven't they shifted public attitudes on the problem? Read this thought provoking [article by clicking here](#).

Why aren't there more ads promoting vegetables?



We currently live in a food environment saturated with advertisements for junk food and take-away meals. Recent research, funded by the Heart Foundation, shows that children are being exposed to twice as much unhealthy food advertising as they are exposed to healthy food advertising.

[Read the whole article here.](#)



Professional Development/Training and Other Opportunities



Children and Youth Area Partnerships Conference 2018

Monday 26 and Tuesday 27 November - Mercure Ballarat Hotel and Convention Centre

Keynote speaker is Rosie Batty who will lead discussion on lived experience as a powerful driver of change and reform. For flyer and further [details of program click here](#).



Wills & Estate Forum – invitation to parents/carers. Learn about: making wills, Disability Trust, Powers of Attorney, Probates, Contesting the Will.

Thursday 6th December, 10am to 12noon at Community Programs Room 2, Archie Graham Centre, 118 Timor St, Warrnambool. Bookings essential: P: 55618111 or E: admin@mpower.org.au



Domestic Violence Resource Centre Victoria – quarter 4 training calendar – [click here](#)



Program Logic Training – facilitated by Clear Horizon, Thursday 6th December (venue and time tbc) – Warrnambool. \$40 to cover catering. Further information contact Ailiche: info@btb.org.au M: 0438 044927



15th National Rural Health Conference: Better together! - 24th-27th March 2019. Hotel Grand Chancellor, Hobart. [Click here](#) for further details.

Awards and Funding Opportunities



Community Harmony Grants Program - New grants are available to help Victorians to build greater community harmony and social cohesion in their communities. The program supports Victorians to have a strong sense of belonging – regardless of their religion, ethnicity, cultural identity, gender or sexuality.

For more details click here. **Applications can be submitted at any time before 11.59pm 22 February 2019.**



- **Port Fairy Community Market** – Sat 10th November, Railway Pl. Port Fairy. E: market@portfairycitycommunityhouse.com.au
- **Merino Produce Swap** – 10am-11am, Saturday 24th November, Merino Community Health Centre (2nd Sat of month)
- **Farmers & Craft Market HIRL** – 9am-12noon, Sat 24th Nov, 333 Nth Boundary Road, Hamilton (last Saturday of month)
- **Nareen Produce Swap** – 10am to 11am, Sunday 25th November at the Nareen Hall. (Last Sunday of the month)

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