



***The Executive Committee and Staff at
Southern Grampians Glenelg Primary Care Partnership
wish you all a very merry Christmas and a safe and happy new year.***

The next issue of SGGPCP Bulletin will be 1st February 2019

TOP SPIN COMPETITION



Calling all 18 - 29-year-old Victorians! What do you think about the tips and tricks employed to market alcoholic products? The VicHealth Top Spin competition offers up to \$10,000 in grants and cash prizes. Applications close Feb 18, get your ideas percolating now. [Click here](#)
YOUTUBE.COM

Live4Life Wins Awards



Congratulations to Youth Live4Life Inc which won the Improving Mental Wellbeing category at the 2018 VicHealth Awards. Live4Life was also recognised at the inaugural YACVic Awards in September for best 'Innovative youth project in rural or regional Victoria'. Glenelg Shire based Victoria Police youth resource officer, Lee-Anne Nelson, was also recognised winning the YACVic 'Youth workers making a difference in rural/ regional Victoria' category.



Live4Life runs in three sites across Victoria – in Glenelg Shire, Macedon Ranges and Benalla. The program helps increase mental health knowledge of local young people, school staff and the community. Approximately 50% of current students enrolled in years 7-12 in Glenelg Shire have participated in teen MHFA in 2017 and 2018.

SGGPCP is a proud member of the Live4Life Partnership Group and looks forward to supporting Live4Life in continuing to achieve improved mental health outcomes for young people.



- **Port Fairy Community Market** – Sat 22nd December, Railway Pl. Port Fairy. E: market@portfaircommunityhouse.com.au
- **Merino Produce Swap** – 10am-11am, Saturday 12th January, Merino Community Health Centre (2nd Sat of month)
- **Farmers & Craft Market HIRL** – 9am-12noon, Sat 23rd February, 333 Nth Boundary Road, Hamilton
- **Nareen Produce Swap** – 10am to 11am, Sunday 26th January at the Nareen Hall. (Last Sunday of the month)

Southern Grampians Glenelg Primary Care Partnership, Upper Level, 157 Gray Street, Hamilton 3300 (PO Box 283)

Executive Officer: Janette Lowe

Manager Health & Wellbeing: Jo Brown Communications Officer: Maya Eats

Project Officers: Rowena Wylie, Clinton Thomas, Ebony Jenkins, Sardie Edgar

Office Coordinator: Robyn Holcombe W: www.sggpcp.com T: (03) 555 18471



Getting Active – Upcoming Community Events



Hamilton Park Run – Lakes Edge Adventure Playground, lake Hamilton, Rippon Road, Hamilton. Every Saturday at 8am
www.parkrun.com.au/Hamilton

Parkrun have decided to host two ADDITIONAL approved parkrun events. On Christmas Day, Tuesday 25 December 2018 and New Years Day, Tuesday 1 January 2019 (8am).



Our usual free, weekly, timed 5km walk/jog/run, will still take place as usual every Saturday, including Saturday 22 December and Saturday 29 December 2018.

If you would like to take part in one of our additional parkrun events, or one of the additional events that will be taking place around Australia on Christmas Day and New Years Day, check out the [parkrun Australia Christmas Compendium](http://www.parkrun.com.au/christmas-compendium/) for all the latest event listings: <http://www.parkrun.com.au/christmas-compendium/>

Professional Development/Training and Other Opportunities



VicHealth's Leading Thinker Initiative Prof Iris Bohnet – February 11th-15th 2019, Melbourne.

Professor Bohnet is a global expert in gender equality and behavioural insights, and ranked in the top 20 of apolitical's Most Influential People in Gender Policy list for 2018.

[Click here for further details](#)



Connecting the Dots – Rural Youth Sector Conference - February 12-13, 2019, Ballarat.

Focussing on youth health, wellbeing and safety Registrations are now open: [Connecting the Dots](#) Scholarships for the registration cost, and travel subsidies for those travelling 250km+ are available, but get in quick for these



3-day Health Literacy Masterclass – February 13th-15th, 2019, Melbourne.

Using health literacy for health service improvement and community development. A three day intensive masterclass for managers, executives, health professionals, health planners, policy makers, researchers, and those active in health promotion and community services.

[Click her for further details](#)



Building Capability for Cross Sector Partner Training

Training will be delivered by the international organisation, the Partnership Brokers Association.

Mon 25 & Tues 26 February 2019, Mon 4 & Tues 5 March 2019, Community Services Centre, Port Fairy

FebruThe workshop is a great opportunity for our region to gain access to these important skills

For further information contact Richard Zerbe, Executive Officer, Community Southwest M: 0448 505 885

E: executiveofficer@communitysouthwest.com W: www.communitysouthwest.com .



15th National Rural Health Conference: Better together! - 24th-27th March 2019. Hotel Grand Chancellor, Hobart. [Click here](#) for further details.



Health Literacy Course – 4 day course commencing May 2019, Melbourne. [Click here](#) for details



Southern Grampians Glenelg Primary Care Partnership, Upper Level, 157 Gray Street, Hamilton 3300 (PO Box 283)

Executive Officer: Janette Lowe

Manager Health & Wellbeing: Jo Brown Communications Officer: Maya Eats

Project Officers: Rowena Wylie, Clinton Thomas, Ebony Jenkins, Sardie Edgar

Office Coordinator: Robyn Holcombe W: www.sggpcp.com T: (03) 555 18471

