

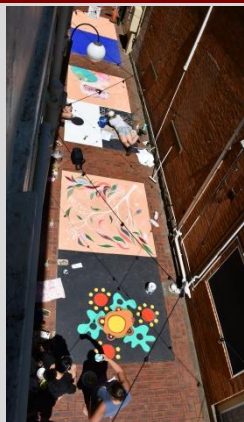


Southern Grampians Glenelg PCP

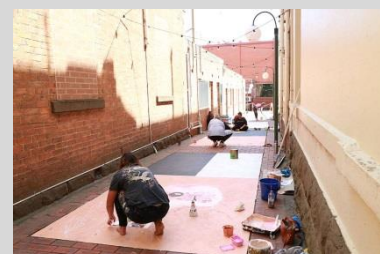
February 26th 2019

Bulletin #5

McGuigan Lane Art Project - Hamilton



McGuigan Lane which runs alongside our PCP Hamilton Office has been very busy over the last week with numerous local artists and students contributing to the pavement murals. The laneway murals are part of Southern Grampians Shire Council CBD revitalization project.



Hamilton water has been labelled second best tap water in the world!



Hamilton's water has been labelled second best tap water in the world. Samples from Wannon Water Treatment Plant took out second place at the International Water Tasting Competition in the United States. Known as the Olympics of Water, this event is the largest water tasting competition in the world. Water sampled from Hamilton was taken from the southern ranges of the Grampians National Park, before it was treated by Wannon Water and supplied to customers in Hamilton, Dunkeld and Tarrington.

Getting Active – Upcoming Community Events / Partnerships



Hamilton Park Run – Lakes Edge Adventure Playground, lake Hamilton, Rippon Road, Hamilton. Every Saturday at 8am
www.parkrun.com.au/Hamilton



Clean Up Australia Day

Registrations for 2019 Clean Up Australia Day are open. Businesses will focus their action on Tuesday 26th Feb and schools will run their own clean up on Friday 1st March, and youth and community groups will take part over the weekend, 2nd & 3rd March.

To register a clean up event or make a donation, go to www.cleanupaustralia.org.au



The Dark Side of the Rainbow (My Other Closet): LGBTI+ and Family Violence

This training event will be held on 8th March 2019 at the Miners Tavern in Ballarat.

Tickets are now available for purchase.

To purchase tickets and for [further information](#), [click here](#).



February shE-Update is now available

Lots of information of events and activities across Victoria that connect and benefit rural and regional women.

[Read the latest newsletter here.](#)



VAAP Regional Seminar

The Victorian Active Ageing Partnership (VAAP) is a Victorian government initiative that aims to increase physical activity opportunities for older Victorians.

Aim of seminar is to inform service providers of various strategies and tools to assist them in their work engaging older people in physical activity and to promote local information-sharing and networking

Wed 15th May, 10am-3pm at Camperdown Football Netball Club, Recreation Reserve, Camperdown. Free

[Click here for booking link](#) Phone: 03 8531 8045 Email: programs@msk.org.au

Southern Grampians Glenelg PCP

Upper Level, 157 Gray Street, Hamilton 3300 (PO Box 283)

Executive Officer: Janette Lowe

Manager Health & Wellbeing: Jo Brown Communications Officer: Maya Eats

Project Officers: Rowena Wylie, Ebony Jenkins, Sardie Edgar, Clinton Thomas

Office Coordinator: Robyn Holcombe W: www.sggpcp.com T: (03) 555 18471



A jointly funded initiative of the State Government of Victoria and the Australian Government



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Funding / Grants



Active Club Grants for female participation

VicHealth is inviting community sport clubs to apply for an Active Club Grant. Grants for sporting clubs provide up to \$3,000 or \$10,000 to increase participation opportunities for Victorians in community sport. Hundreds of clubs have already received an Active Club Grant and are doing fantastic things with their sporting club funding, helping their communities by getting more people active. Applications close Friday 8th March, 2019. [Click here](#) for further details



Funding for Women's Leadership Development Course

A pool of scholarships are occasionally available for women to participate in a range of leadership courses. You can register your interest on this page and you will be contacted when the grants are next offered. For more details [click here](#)

Professional Development/Training and Other Opportunities



Systems Thinking Forum – Taking a Systems Approach to Prevention – February 28th, 6pm – 8pm, Deakin Downtown Melbourne. Free for AHPA members, \$25 for non members. Video conferencing available register via Eventbrite.



Resilient Kids Conference, Saturday 2nd March, 9am to 4pm, Warrnambool. Six amazing presentations. Further details click here: <https://www.resilientkidsconference.com.au/warrnambool-2nd-march-2019/>



15th National Rural Health Conference: Better together! - 24th-27th March 2019. Hotel Grand Chancellor, Hobart. [Click here](#) for further details.

NEW Gender Transformative Practice to Prevent Violence Against Women - Thurs 21st March 9:30-4:30pm Explore the challenge and opportunities of undertaking action that seeks to transform gender norms, practices and structures in order to prevent violence against women and promote gender equality. This full day masterclass aims to build participants' confidence and skills to undertake effective gender transformative practice as part of their primary prevention and gender equality work. To find out more information and registration details, click here <https://bit.ly/2T4GA09>



Gender Equity in Action - Thursday 28th March 10am – 4pm Learn the practical skills you need to design, deliver and evaluate gender sensitive programs and services. This activity-based workshop will be your introductory step-by-step guide to performing a gender analysis in practice. To find out more information and registration details, click here <https://bit.ly/2El6chn>



Health Literacy Course – 4 day course commencing May 2019, Melbourne. [Click here](#) for details

MS Professional Development Programs 2019 - [Click here to view calendar](#)



- **Port Fairy Community Market** – Sat 2nd March, Railway Pl. Port Fairy. E: market@portfairycitycommunityhouse.com.au
- **Merino Produce Swap** – 10am-11am, Saturday 9th March, Merino Community Health Centre (2nd Sat of month)
- **Farmers & Craft Market HIRL** – 9am-12noon, Saturday 30th March, 333 Nth Boundary Road, Hamilton
- **Nareen Produce Swap** – 10am to 11am, Sunday 31st March at the Nareen Hall. (Last Sunday of the month)
- **Hamilton Community House** – Morning market - 9am-12noon, Saturday 23rd March, 19 Sedgewick Street, Hamilton
- **Henty Market** – 9am to 2pm, Sunday 24th March

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