



Unpacking Complexity Using Group Model Building



Sixteen participants from across the region learned how to use Group Model Building as a tool to unpack complexity and mobilise community at a Masterclass held in Portland last week. Andrew Brown from the Global Obesity Centre at Deakin University led an enthusiastic group through the process of how to involve a community to identify the variables that influence an issue or problem and map the connections between the variables. Using STICK-E (software created by GLOBE), participants were actively involved in the creation of systems maps and practiced skills in facilitation to identify areas for action. This small group are looking forward to practicing their new skill sets and sharing their experiences with the wider group.

Group Model Building has been a process successfully used to mobilise community action in SEA Change Portland and GenR8 Change as well as other community led approaches throughout the SGGPCP region.

For further information contact Jo Brown, Health & Wellbeing Manager P: 555 18563 R: joanne.brown@wdhs.net



What is SafeScript and why do we need it?

The rollout will see SafeScript introduced across Victorian in April 2019 after a successful trial last year. It will allow medical professionals to record prescriptions for some high-risk medicines to minimise potential harms. [Read more here](#)



Funding Opportunities



Churchill Fellowship

Allows you to design your own research project, travel the world and further your knowledge in your chosen field, before returning to make a real contribution to Australian society. Applications close 30 April. [For more details click here.](#)



Strengthening Rural Communities - Small & Vital

Gives small rural, regional and remote communities across Australia the opportunity to access funds that can benefit and help secure their future prosperity. Grants of up to \$10,000 are available and grants are always available. [For more details click here.](#)

Getting Active – Upcoming Community Events / Partnerships



Hamilton Park Run – Lakes Edge Adventure Playground, lake Hamilton, Rippon Road, Hamilton. Every Saturday at 8am www.parkrun.com.au/Hamilton



VAAP Regional Seminar

The Victorian Active Ageing Partnership (VAAP) is a Victorian government initiative that aims to increase physical activity opportunities for older Victorians. Aim of seminar is to inform service providers of various strategies and **tools to assist them in their work engaging older people in physical activity and to promote local information-sharing and networking.** Wed 15th May, 10am-3pm at Camperdown Football Netball Club, Recreation Reserve, Camperdown. Free [Click here for booking link](#) Phone: 03 8531 8045 Email: programs@msk.org.au

Southern Grampians Glenelg PCP

Upper Level, 157 Gray Street, Hamilton 3300 (PO Box 283)

Executive Officer: Janette Lowe

Manager Health & Wellbeing: Jo Brown Communications Officer: Maya Eats

Project Officers: Rowena Wylie, Ebony Jenkins, Sardi Edgar, Clinton Thomas

Office Coordinator: Robyn Holcombe W: www.sggpcp.com T: (03) 555 18471



A jointly funded initiative of the State Government of Victoria and the Australian Government



Southern Grampians Glenelg PCP

April 26th 2019

Bulletin #10

Professional Development/Training and Other Opportunities



New Staff to This Land – A workshop for new staff and those wanting a better understanding of local Indigenous history and culture.

This workshop will be part of the Southern Grampians Youth Network May Meeting. Arrive at 10am for workshop only, Wednesday 1st May, South West TAFE, 200 Ballarat Road, Hamilton.

RSVP: Marg Wagner, LLEN, Email: marg@gsgllen.org.au Phone: 5571 9302



Apply for a Future 500 Leaders Governance Scholarship and together, we'll change the face of community governance diversity in Australia in 2019

As champions of diversity, ICDA is focused on providing leadership opportunities to the most underrepresented sectors of the community. As part of this endeavour, in partnership with organisations who share our vision, during 2019 we are offering up to 500 governance scholarships of \$1000 towards the Diploma of Business (Governance).

This new round, in partnership with the Women's Leadership Institute Australia (WLIA), is focused on women.

Apply today and be part of a new movement of governance leaders. Help us change the game.

[Learn more and apply here](#)

Applications close at 3:00 pm AEST Friday 3rd May 2019.



Free Parenting Forum – Real wired child: what kids are doing online and how to keep them safe.

Tuesday 7th May, 7pm-8:30pm, Hamilton Performing Arts Centre, Hamilton.

Dr Michael Carr-Gregg – includes everything parents need to know about social networking sites, cyberbullying, internet addiction, filtering software and online games. (4 to 16 years)



Join us at PreventX 2019: connect, explore, activate

Tuesday, 21 May 2019, 9:00am–4:30pm - Storey Hall, RMIT University, Swanston Street, Melbourne

You're invited to Domestic Violence Resource Centre Victoria's prevention of family violence and violence against women conference, **PreventX 2019: connect, explore, activate**. PreventX will bring prevention practitioners together to multiply(X) their impact by e(X)changing ideas and making connec(X)tions.

To purchase tickets click [here](#).



The Youth Disability Advocacy Service are coming to Warrnambool 23 May, 9:30am to 1:30pm, to deliver a workshop for people working in 'mainstream' services for young people.

<https://www.yacvic.org.au/get-involved/events/together-building-an-inclusive-youth-sector-training-warrnambool/>

Further information contact Karen: E: rural.gsc@yacvic.org.au P: 0427 514 870

Gender Equity in Action - Thursday 26th May, 10am – 4pm.

This workshop unpacks the impact of gender inequality on our health and wellbeing in Australia and best practice approaches to building gender equity into your work.

This workshop is designed for professionals working in a range of areas including health promotion, social policy, community development, health and support services, women's health, community health and local and state government who want to deliver gender equitable and gender sensitive programs and services.

More information and registration details visit this link: <https://bit.ly/2UINXgK>

If you have any queries about these workshops, please feel free to contact us on training@whv.org.au



Health Literacy Course – 4 day course commencing May 2019, Melbourne. [Click here](#) for details

MS Professional Development Programs 2019 - [Click here to view calendar](#)

Southern Grampians Glenelg PCP

Upper Level, 157 Gray Street, Hamilton 3300 (PO Box 283)

Executive Officer: Janette Lowe

Manager Health & Wellbeing: Jo Brown Communications Officer: Maya Eats

Project Officers: Rowena Wylie, Ebony Jenkins, Sardie Edgar, Clinton Thomas

Office Coordinator: Robyn Holcombe W: www.sggpcp.com T: (03) 555 18471



A jointly funded initiative of the State Government of Victoria and the Australian Government






Garden to Plate Program

Southern Grampians Adult Education Centre Inc
A brand new program for people with a disability

Garden to Plate includes areas of study for personal development, life skills and planning for the future. Whilst participating in real-life activities of planning, preparing and cooking meals the students learn more about language, literacy, numeracy and technology relating to everyday living.

Commences in Term 2, and runs for one day a week for 29 weeks.
 Tuesdays at HIRL
 Carers can attend. Payment Plans Available.
 Enquire NOW – T: 5571 9900
www.sgae.vic.edu.au

SHD1331617

Now is the time to ask ... Where can SGAE learning take me?



- **Port Fairy Community Market** – Sat 27th April, Railway Pl. Port Fairy. E: market@portfaircommunityhouse.com.au
- **Merino Produce Swap** – 10am-11am, Saturday 11th May, Merino Community Health Centre (2nd Sat of month)
- **Farmers & Craft Market HIRL** – 9am-12noon, Saturday 27th April, 333 Nth Boundary Road, Hamilton
- **Nareen Produce Swap** – 10am to 11am, Sunday 28th April at the Nareen Hall. (Last Sunday of the month)

Southern Grampians Glenelg PCP

Upper Level, 157 Gray Street, Hamilton 3300 (PO Box 283)

Executive Officer: Janette Lowe

Manager Health & Wellbeing: Jo Brown Communications Officer: Maya Eats

Project Officers: Rowena Wylie, Ebony Jenkins, Sardie Edgar, Clinton Thomas

Office Coordinator: Robyn Holcombe W: www.sggpcp.com T: (03) 555 18471



A jointly funded initiative of the State Government of Victoria and the Australian Government