

BRINGING SMILES TO THE FACES OF OUR OLDER RESIDENTS



Kind-hearted children are writing letters and creating art pieces to give to older residents in aged care facilities to boost social connections during the coronavirus pandemic.

The 'Sunshine Project', initiated by the Glenelg Collaborative COVID Communications group is bringing plenty of smiles and responses to those residents in aged care facilities who have little to no family visiting.

The letters and artwork have been delivered throughout June to places such as Harbourside Lodge, Seaview House, and Heywood Rural Health Aged Care, as well as to Winda Mara clients.

Local primary schools have been highly engaged with the project, encouraging students to write letters and create artwork pieces for the project. The schools involved include Narrawong Primary School, Portland South Primary School, Bundarra Primary School, and All Saints Primary School.

Artworks and letters, from any interested community member, are being collected from the various drop off points throughout Glenelg Shire until July 31st. These include Woolworths Portland, Narrawong Post Office, Winda Mara Heywood, and Foodworks Casterton.

Photo: Bonnie Blackburn and Marj Brain from Seaview House are thrilled to read the letters and artwork from the children.

Glenelg Community Coronavirus Q & A

Friday 10th July
11:30am to 12:30pm
Join using Zoom link
or facebook

Local health professionals and community leaders from across Glenelg are joining forces to answer the Glenelg Shire community's questions about the coronavirus pandemic and its impacts locally.

The next Q & will be held on Friday 10th July at 11:30am
You can join either using Zoom or Facebook.

Guest panelists:

Dr Kaushik Banerjee, Director Medical Services, Portland District Health
Jane Young, Media & Communications Manager, Glenelg Shire
Courtney Guy, Team Leader, Early Intervention Psychosocial Support Response, Wellways

- zoom link <https://zoom.us/j/98685756622>
- live stream via the Southern Grampians Glenelg Primary Care Partnership Facebook page. [View Facebook page here.](#)

For more information contact Jo Brown, joanne.brown@wdhs.net

Collaboration for Community Resilience (COVID 19)

A small group met last Wednesday to share our understanding of how the systems is changing with some easing of restrictions. The group mapped these changes into the Causal Loop Diagrams previously developed and identified emerging concerns. There were two emerging themes: 1) Community participation and empowerment that stemmed from a reliance of the community on a top down approach and the risk of limited community participation in decision making and 2) Continuing mental health impacts with the recommencement of activities and compliance, anxiety and fear, ongoing fatigue from ongoing restrictions and loneliness. A summary paper with more information can be found on the SGGPCP website [click here](#)
For further information contact Jo Brown, E: joanne.brown@wdhs.net

Resources – links to Government, Organisational and Community Resources – [Click here](#)



Southern Grampians Glenelg Primary Care Partnership

Bulletin #18 – 9th July 2020

Empowering our Communities to Thrive: 2019 & beyond

Glenelg Moves



Glenelg Moves is a local campaign to encourage Glenelg residents to get moving. Upload an image, video or clip to social media, tag #Glenelgmoves



Merino Community Swap & Share – Saturday 11th July, 10am to 11am – Merino Lion’s Park, dress warmly and BYO hot drink! Gold coin donation

FUNDING OPPORTUNITIES

- Southern Grampians Shire Council – Greater Grants Rd 1 – closes 31/7/2020
- Community Safety Infrastructure Grants – closes 17/7/2020
- United Way – Community Fund or Lewis Court - closes 31/8/2020

PROFESSIONAL DEVELOPMENT

You can't ask that!



Bethany Community Support in collaboration with Link Health & the Three Sides of The Coin Project, presents an insightful, powerful and FREE Professional Development experience. Delivered online, via a theatrical performance, delivering true personal stories to destigmatize gambling, start a conversation about the harms of gambling, and highlight the links between gambling, AOD, mental health, family violence. We know that gambling harm has increased in our communities during CO19, and we are pleased to be able to provide this Professional Development to those working with at risk groups, particularly at this time. If you are interested in attending this valuable Professional Development, please click on dates below to register: [Wednesday 15th July at 2pm](#) & [Thursday 23rd July at 11am](#)



Building Visibility and Influence for Women in the APS
Presenter: Visibility Co. Dates: July 23rd & 24th Location: Online Details: [Here](#)

Child Safe Standards / Reportable Conduct Scheme - Commission for Children and Young People
July 15th to August 20th (multiple sessions) – Webinar. Details: [Here](#)



Cognitive Behavioural Therapy (CBT) for AOD workers - Presenter: 360 Edge
August 26th & 27th (Part A & B) Location: Online Workshop. Details: [Here](#)

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