

Collaboration for Community Resilience - COVID 19

Summary Paper : Meeting 16, Sept 23 2020.
Social Recovery Advice Pt 4

Resourceful, Resilient and Connected Community



The Collaboration for Community Resilience (COVID 19) Network met to continue to work together to support our community through COVID 19 using the summary of the understand Social Recovery Advice Summary Document.

A draft Social Recovery Advice outline had been shared with C4CR participants outlining four themes for social recovery: Resourceful, connected and Resilient community, Accessible activities and services, Safe and well community and Reaching our fullest potential.

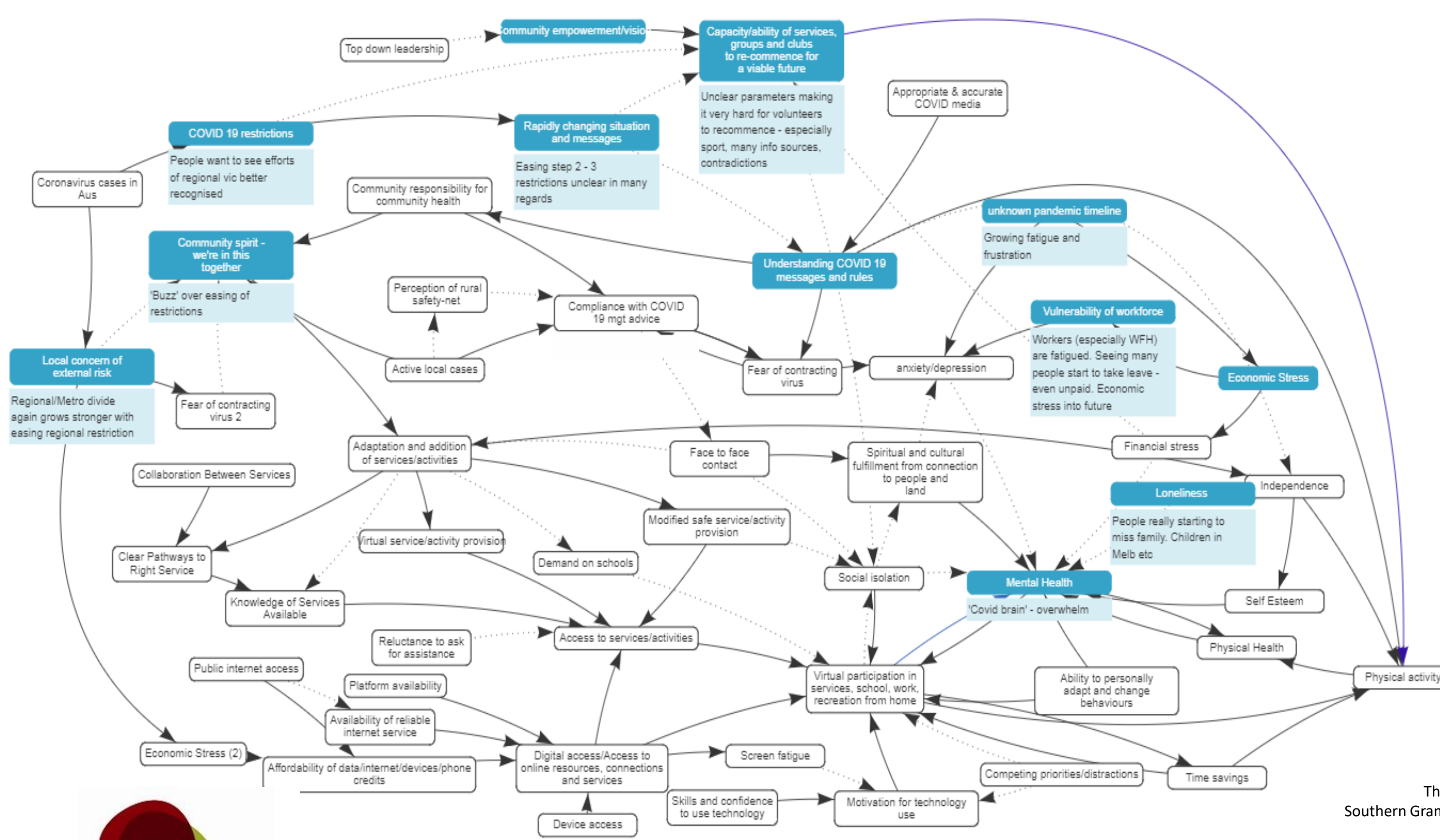
During this meeting, a small group considered the opportunities they could see to contribute to and influence recovery using this document summary as a guide. Although only a small group, there were many opportunities identified.

The conversations around Resourceful, Connected and Resilient Community highlighted some of the roles organisations can play building local community capacity, integrating into strategic planning frameworks and activities, increasing opportunity of partnerships and backbone organisations as well as valuing and enhancing community spirit by celebrating achievements.

In terms of accessible services and activities, the group highlighted supporting digital access and infrastructure while partnering with community to increase skills and confidence.

Accessible activities and services





Between meetings we captured the changes we have seen over the past 2 weeks. These changes have been added to the systems map developed by the group. Stories are added as notes attached to the variable. For example: There has been a “buzz” in the community around easing of restrictions and reducing case numbers but this has also been met with quite a bit of confusion around understanding restrictions, especially with a strong media focus on metropolitan messaging. The confusion has impacted on the capacity of services and clubs to reopen, particularly with sporting clubs who have several guidelines to fulfil both with local council and governing bodies. We are continuing to hear stories of fatigue and the increased vulnerability of the workforce with long term working from home and future economic stressors. The mental health of our community continues to be challenged with the longevity of the pandemic with many reporting experiencing “COVID brain” impacting concentration and motivation. There are continued impacts on loneliness with families unable to reconnect face to face and travel restrictions still in place.

This network is being facilitated by Southern Grampians Glenelg Primary Care Partnership. For further information contact Jo Brown joanne.brown@wdhs.net

