

Southern Grampians Glenelg Primary Care Partnership

Empowering our Communities to Thrive: 2019 & beyond

Bulletin #7 -April 2021

SGGPCP Updates

Employment Opportunity - Community Development Worker

Casual (indicative hours 32 hours per fortnight)

Southern Grampians Glenelg Primary Care Partnership has an exciting opportunity for a Community Development Worker to support the Casterton community in helping young people meet their fullest potential.

The successful applicant will be energetic and love working with a diverse range of people and projects and to achieve more through a collaborative approach. So if you value the power of people and communities in building strong, resilient and resourceful communities, let us know what skills and passions you have to offer.

Further information about the position, contact Joanne Brown, on 0428 310 280 or via email joanne.brown@wdhs.net

For more details <u>click here</u> Closing Date: Sunday 23 May 2021

Stories2Connect Project



The SGGPCP is delivering the Stories2Connect Project, an important intergenerational initiative to reduce digital exclusion and build social connection. This week we kicked off our very first digital mentoring session and the feedback was amazing!

"The residents loved their time", Eventide staff.

"Our students were really engaged", Monivae College staff.

For further information on the project contact Carol Stewart, E: carolpotewart@outlook.com

Inquiry into the Use of School Buses in Rural and Regional Victoria



YACVic Rural is rolling out the **On the buses!** consultations to improve access to transport in rural and regional Victoria.

If you have any questions or concerns about this survey, please contact Sebastian on 0431 904 385 or santoine@yacvic.org.au

Being Herd

Have you got a story to share? Being Herd is a free two-day workshop that empowers young people (aged 18-30) to give a voice to their story of mental-ill health.

Batyr are currently accepting expressions of interest from young people (aged 18 - 30) to take part in their free Being Herd lived-experience storytelling workshops! The workshop runs over a day and a half and brings together a small group of young people to learn how to build the skills and confidence to share about their lived experience of mental ill health, how they reached out for support and how they manage their wellbeing today.









Sout PCP making or difference

Southern Grampians Glenelg Primary Care Partnership

Empowering our Communities to Thrive: 2019 & beyond





Thursday 27th May, 2021 Bendigo Bank Complex, 39 Park Rd Beaufort 10.30am -3pm

- FREE event - lunch included -

Facilitated by the Healthy Eating Advisory Service, this Healthy Choices seminar will be an interactive session bringing together presenters and key stakeholders from across Western Victoria.

This seminar will cover off on:

- An introduction to the Healthy Eating Advisory Service (HEAS)
- Healthy Choices guidelines and
- Healthy Choices guidelines and implementation
- Mandate for hospitals and heath services
- Busting myths and misconceptions around implementation
- Reducing barriers to implementation
- Case studies from settings across the region
- Getting managers on board
- Explanation on use of FoodChecker
- Embedding Healthy Choices into policy and ensuring sustainability
- Q and A session
- Networking opportunities

To register please contact Lauren Dempsey **by Friday 21st May** on 5352 6204 or email lauren.dempsey@gppcp.org.au Hurry places are limited!









RSVP

Due to COVID 19 requirements please RSVP past particpant or Parent/support worker by Friday 7 May Link:

by Friday 7 May Link: https://www.trybooking.com/BQQAB or scan QR Code









Resources – links to Government, Organisational and Community Resources – Click here

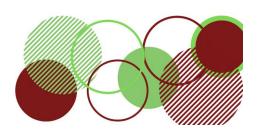
Our Team:

Executive Officer: Janette Lowe M: 0408 553 095 E: janette.lowe@wdhs.net Manager Health & Wellbeing: Jo Brown M: 0428 310 280 E: joanne.brown@wdhs.net Project Officers:

Rowena Wylie M: 0419 143652 E: rowena.wylie@wdhs.net Ebony Jenkins M: 0466 554 562 E: ebony.jenkins@wdhs.net

Carol Stewart M: 0407 293 224 E: carolpstewart@outlook.com Sheridan Krause M: 0423 120 744: E: shereidan.krause@wdhs.net

Office Coordinator: Robyn Holcombe M: 0438 550300 E: robyn.holcombe@wdhs.net www.sgg.pcp



Sout pcp making a difference

Southern Grampians Glenelg Primary Care Partnership

Empowering our Communities to Thrive: 2019 & beyond

PROFESSIONAL DEVELOPMENT

Free Professional Development: Gambling Harm

The Health Promotion Team at Bethany Community Support offer **FREE Professional Development** for teams, workplaces, sporting clubs, community and youth groups around gambling harm awareness and supports available.

We deliver education and awareness for individuals and those affected by gambling and specifically work in settings across communities and sectors including:

Family violence; Youth; Drug and alcohol; Homeless and housing sector;
 Employment sector; Disability; Aboriginal and Torres Strait Islander groups;
 Culturally diverse groups; LGBTQIA+ groups

For more information contact Lily Bourke lbourke@bethany.org.au ph. 0418 667 612



Mental Health in the Workplace Training

Red Cross has developed Mental Health Matters short courses which are delivered as workshops and can be customised to suit your workplace situation. Using an interactive online workshop format, participants learn about mental health and develop an understanding of when further help may be required.

Call 1300 367 428 (option 2) to book an information session or workshop at your workplace.



Mental Health Matters Workshops – Saturday 15th May at Warrnambool

ESF has been funded by the State Government to host a program of Mental Health Matters workshops for volunteers in locations statewide.

The workshops are free and have been designed especially for emergency service volunteers with an interest in supporting the wellbeing of colleagues as well as looking after themselves.

Find out more... https://esf.com.au/events/mental-health-matters/



Introduction to Prevention of Violence Against Women (PVAW) - Free Online Course

This Course provides an introduction to the Prevention of Violence Against Women (PVAW). This is a great introductory Course to help you develop foundational knowledge to support further studies or work in gender equity and the prevention of violence against women.

Click here for more information

FUNDING OPPORTUNITIES

South West Sport – Current Grants

Get Active Kids Voucher Program

The Get Active Kids Voucher Program helps eligible families get their kids involved in organised sport and recreation activities by reimbursing the cost of membership and registration fees, uniforms and equipment. Eligible children may be able to receive up to \$200 each. Click on the link: https://www.getactive.vic.gov.au/vouchers/



The <u>Youth Health Forum</u> is excited to announce a grants program closing on 31 May 2021. Grants up to \$10,000 are available to organisations that have partnered with young people to improve their peers' access to health services. The program will focus on the "Missing Middle" in health care-young people who do not have the knowledge or resources to access health services as needed. Click here

Our Team:

Executive Officer: Janette Lowe M: 0408 553 095 E: Janette.lowe@wdhs.net
Manager Health & Wellbeing: Jo Brown M: 0428 310 280 E: joanne.brown@wdhs.net
Project Officers:

Rowena Wylie M: 0419 143652 E: rowena.wylie@wdhs.net Ebony Jenkins M: 0466 554 562 E: ebony.jenkins@wdhs.net

Carol Stewart M: 0407 293 224 E: carolpstewart@outlook.com Sheridan Krause M: 0423 120 744 : E: shereidan.krause@wdhs.net

Office Coordinator: Robyn Holcombe M: 0438 550300 E: robyn.holcombe@wdhs.net www.sgg.pcp

