

Bulletin #3 – 11th March 2021

Get Active Kids Voucher Program



The Get Active Kids Voucher Program helps eligible families get their kids involved in organised sport and recreation activities by reimbursing the cost of membership and registration fees, uniforms and equipment. Eligible children may be able to receive up to \$200 each.

Click on the link: <https://www.getactive.vic.gov.au/vouchers/>

Children must be aged 4 to 18 and named on a valid Health Care Card or Pensioner Concession Card and Medicare card to be eligible. Find out if you can apply, what costs are covered and how much can be reimbursed.

rethink sugary drink



Rethink Sugary Drink's Latest Ad Campaign

Regular consumption of sugary drinks can cause tooth decay and, in the long run, unhealthy weight gain, increasing the risk of serious health problems.

Yet the beverage industry continues to entice young Australians into buying their products. Using seductive marketing tactics, sugary drink companies position their products as the key to all aspects of a better life.

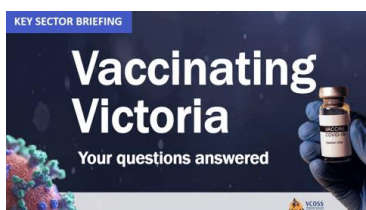
[Click here](#) to read more



Transforming Victoria Police Services

Victoria Police have launched a community survey to improve their services to better meet current and future community safety priorities.

The survey is accessible via the Engage Vic online platform <https://engage.vic.gov.au/transforming-victorias-police-services/service-delivery-survey> and will close on 10 April 2021.



Click here: [ACCESS RESOURCES ONLINE](#)

Survey – Impact of extreme heat on Victorian Communities

VCOSS is preparing a report about the impact of extreme heat on Victorian communities and the community sector.



We would like to hear from members about your experiences of heatwaves via [this survey](#).

The survey asks about how extreme heat affects your organisation, how your community tries to stay safe and cool, and what budget or policy measures would help protect communities from heatwaves.

The survey takes 5-10 minutes and can be found here: bit.ly/extremeheatsurvey. It will be open until Friday 2 April.



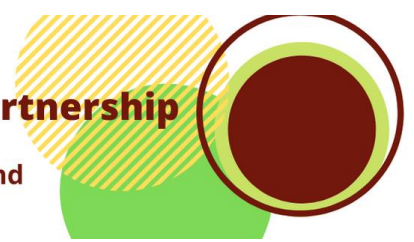
PROFESSIONAL DEVELOPMENT

 <p>MENTAL HEALTH MATTERS KNOW THE SIGNS</p>	<p>Mental Health in the Workplace Training</p> <p>Knowing how to recognise the signs and symptoms of mental health concern at work is an equally important part of workplace health and safety as physical first aid training.</p> <p>Red Cross has developed Mental Health Matters short courses which are delivered as workshops and can be customised to suit your workplace situation. Using an interactive online workshop format, participants learn about mental health and develop an understanding of when further help may be required.</p> <p>Call 1300 367 428 (option 2) to book an information session or workshop at your workplace.</p>
 <p>EmmaHouse Domestic & Family Violence Service</p>	<p>Collaborative Practice Training: Putting the multi-agency into MARAM</p> <p>Professionals will explore how to contribute to risk assessment and collaborate for ongoing risk management, through respectful and sensitive engagement with victim survivors, information sharing, referral and secondary consultation. For further information click here</p>

Our Team:

Executive Officer: Janette Lowe M: 0408 553 095 E: janette.lowe@wdhs.net
Manager Health & Wellbeing: Jo Brown M: 0428 310 280 E: joanne.brown@wdhs.net
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FUNDING OPPORTUNITIES

South West Sport – Current Grants

Are you eligible for the new \$250 Power Saving Bonus?

The new \$250 Power Saving Bonus is now available to help eligible concession card holders cover the cost of their energy bills.

The \$250 Power Saving Bonus is a one-off payment available to Victorian households with at least one resident who has a Centrelink Pensioner Concession Card or DVA Pensioner Concession Card, or is a recipient of Jobseeker, Youth Allowance, Abstudly, or Austudy.

To learn more about eligibility and **the support available** to submit an application visit the [Victorian Energy Compare](#) website.



Reimagining Health Grants

VicHealth is offering grants of up to \$3K, \$10K or \$50K for local organisations to support children and young people (aged 0-25 years) or Victorians experiencing disadvantage, by addressing food insecurity, creating meaningful social connection or providing opportunities for physical activity.

The Reimagined Health grants will open 9am Wednesday 3 March 2021, with an available funding pool of \$3 million.

[Click here](#) for more information



Australian Government
Department of Health

Regional Health Infrastructure Fund

The Regional Health Infrastructure Fund (RHIF) provides vital government funding to rural and regional health services and agencies across Victoria so these services can continue to provide safe and efficient care to local communities.

Established in 2016, the \$470 million fund is the largest program of its type in Victoria and was created to improve:

- safety and quality of services
- enhance service capacity
- efficient models of care
- patient and staff amenity
- service efficiency.

[Click here](#) to read more

Resources – links to Government, Organisational and Community Resources – [Click here](#)

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