

Southern Grampians Glenelg Primary Care Partnership

Empowering our Communities to Thrive: 2019 & beyond



SGGPCP Update

PCPs across the state were advised recently that the Department of Health (DH) will extend PCP funding as is, for a further nine months until March 2022. During this time, DH will work with PCPs to determine and transition to a new governance model. In the transition plan, DH guarantees no reduction in funding for partnerships across the state and all PCP funded staff will be able to transfer to the new governance model. These commitments by DH are positive for continuing the important work and restoring some security to PCP staff across the state.

SGGPCP is continuing our SGGPCP Future Partnership Model work, to determine the model and direction we want for our region and work with DH during this process. We look forward to continuing working hard with all our partners and friends to achieve positive outcomes for our community.

Thank you for your support

Janette Lowe

Executive Officer - Southern Grampians Glenelg Primary Care Partnership

Survey: Community-led Resilience



As part of our work around community resilience, SGGPCP is working with the Collaboration for Community-led Resilience, a new cross-sector initiative aiming to promote and support community-led resilience across Victoria. To help inform its establishment and development, a short <u>survey</u> is now open for people interested in promoting and supporting community-led approaches. If you'd like to share your thoughts and ideas on such an initiative, please complete this <u>survey</u> by 29 April.

For further information contact Jo Brown E: joanne.brown@wdhs.net

Volunteers: Attraction, Retention and Re-engagement



FREE CLUB DEVELOPMENT WORKSHOP:

VOLUNTEER ATTRACTION, RETENTION, AND RE-ENGAGEMENT

Is your club seeking to develop a culture of volunteering?

South West Sport is presenting a free workshop in each of our local government areas outlining practical ideas that will help your club attract, retain, and re-engage volunteers.

Click your preferred workshop location and date for more details and registration:

- Corangamite Lismore Wed, 28th April 2021, 6 pm
- Glenelg Portland Mon, 3rd May 2021, 6 pm
- Sth Grampians Hamilton Wed, 5th May 2021, 6 pm
- Moyne Koroit Mon, 10th May 2021, 6 pm
- Warrnambool Wed, 12th May 2021, 6 pm

Resources - links to Government, Organisational and Community Resources - Click here









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Your invitation - Connect to Thrive Exhibition 2021

"The exhibition is aimed at anyone who is interested in contributing to and supporting the South West Victorian community, and those who really want to understand the key issues in our region and what we can do about addressing them together. It provides a space to connect and collaborate with others to contribute to a collective goal." – Kellie King, co-lead of the Chapter

About the Event

The South West Victorian Chapter of Thriving Communities Partnership is set to host the first Connect to Thrive exhibition, featuring guest speakers from the South West Region in an interactive virtual event to foster collaboration across organisations and business in the region.

Featuring two events, the exhibition will be focused on themes covering health, access & inclusion, education & employment and community strength, with a diverse panel of speakers presenting pitches for collaboration on South West Victorian initiatives that contribute to a thriving South West Victorian region.

The Connect to Thrive Exhibition 2021 provides a platform for community organisations, businesses and government to foster deeper connections and find opportunities for collaboration and partnerships across organisations and sectors.

At each virtual Zoom event, participants from across sectors will come together to:

- Hear from a diverse range of speakers presenting pitches for collaboration on emerging or innovative South West Victorian initiatives.
- Engage in a 1-hour, interactive breakout room session with a presenter of their choosing to explore opportunities for connection and collaboration in response to their pitch.

Event One - Connect to Thrive Exhibition 2021 - Virtual Zoom Event

When: Monday 26 April 2021 Time: 1pm to 3pm AEST

Speakers:

- Emma Mahoney, Women's Health and Wellbeing Barwon South West
- Kate Roache, Beyond the Bell
- Tom Richardson, Find Your Voice all-abilities choir

Register: Register now

Event Two - Connect to Thrive Exhibition 2021 - Virtual Zoom Event

When: Monday 3 May 2021 Time: 5pm to 7pm AEST

Speakers:

- Emily Falla, Wata Waetnanda group
- Emily Lee-Ack, South West Local Learning & Employment Network
- Ailiche Goddard-Clegg, HYCEL Deakin

Register: Register now

Our Team:

Executive Officer: Janette Lowe M: 0408 553 095 E: Janette.lowe@wdhs.net
Manager Health & Wellbeing: Jo Brown M: 0428 310 280 E: joanne.brown@wdhs.net
Project Officers:

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Office Coordinator: Robyn Holcombe M: 0438 550300 E: robyn.holcombe@wdhs.net www.sgg.pcp



Sout PCP making of difference

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Australia in 2030: What is our path to better health for all?

Wednesday, May 5, 2021 9:45 AM - 11:30 AM

In the wake of the coronavirus pandemic, now more than ever we need to take immediate action to improve people's health and wellbeing.

VicHealth worked closely with the Medical Journal of Australia (MJA) to produce a supplement exploring how we can achieve health for all by 2030.

Click here for details



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Mental Health in the Workplace Training

Knowing how to recognise the signs and symptoms of mental health concern at work is an equally important part of workplace health and safety as physical first aid training.

Red Cross has developed Mental Health Matters short courses which are delivered as workshops and can be customised to suit your workplace situation. Using an interactive online workshop format, participants learn about mental health and develop an understanding of when further help may be required.

Call 1300 367 428 (option 2) to book an information session or workshop at your workplace.



The VCOSS Disaster Recovery Conversation series provides an opportunity for leaders, staff and volunteers of community and social service organisations to network and gain access to in depth expert knowledge on topical issues relating to emergencies and disasters.

The purpose of this month's Conversation is to identify and explore priority issues in emergency and disaster recovery for culturally and linguistically diverse people and communities, to share recent research and practice, and to have your questions answered.

Date: 29 April Time: 4.00 to 5.30pm To register – click here

FUNDING OPPORTUNITIES

South West Sport – Current Grants

Get Active Kids Voucher Program

The Get Active Kids Voucher Program helps eligible families get their kids involved in organised sport and recreation activities by reimbursing the cost of membership and registration fees, uniforms and equipment. Eligible children may be able to receive up to \$200 each. Click on the link: https://www.getactive.vic.gov.au/vouchers/



Heart Foundation Grants

This year the Heart Foundation has up to twenty **\$10,000** grants for new, innovative projects that get more people moving in schools, universities or local community groups.

The Active Australia Innovation Challenge strongly encourages innovative projects that support people who do not meet Australia's Physical Activity Guidelines, people at risk of chronic disease, and people living in communities with high levels of physical inactivity (including rural and remote regions). This includes people identifying as Aboriginal or Torres Strait Islander and people with culturally and linguistically diverse backgrounds.

Applications close 26th April 2021. Click here to read more

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