

# Southern Grampians Glenelg Primary Care Partnership

**Empowering our Communities to Thrive: 2019 & beyond** 

# Bulletin #8 - 13th May 2021

# **SGGPCP Updates**

# **Employment Opportunity - Community Development Worker**

Casual (indicative hours 32 hours per fortnight)

Southern Grampians Glenelg Primary Care Partnership has an exciting opportunity for a Community Development Worker to support the Casterton community in helping young people meet their fullest potential.

The successful applicant will be energetic and love working with a diverse range of people and projects and to achieve more through a collaborative approach. So if you value the power of people and communities in building strong, resilient and resourceful communities, let us know what skills and passions you have to offer.

Further information about the position, contact Joanne Brown, on 0428 310 280 or via email joanne.brown@wdhs.net

For more details click here Closing Date: Sunday 23 May 2021

# Southern Grampians Shire - What's On



Don't miss the DigiHub on Friday 28 May at The Hub, Hamilton!

The Digital Education & Innovation Hub is a free hands-on event for tinkerers and gamers of all kinds. Discover drones, virtual reality, 3D printers, robots, animation, gadgets and esports gaming, all while exploring pathways, careers and opportunities in digital creative industries.

Hamilton FReeZA and GenR8 Change are bringing a Smoothie Bike from SEA Change Portland to the event too! Have a ride of the pedal-powered blender and whip up a FREE banana smoothie to fuel your experience and stay physically active between screentime.

Australian Esports League will also have their Free Play Zone set up ahead of the weekend's Esports Cup. This is a free weekend of competitive gaming for all ages, featuring games like Super Smash Bros & Rocket League, plus shout-casting, competitions &

giveaways. See the event <a href="https://bit.ly/3ddRWYf">https://bit.ly/3ddRWYf</a> and register for free at <a href="mailto:ael.com.au/hamilton.">ael.com.au/hamilton.</a>

For further information contact Stacey Barnes, Events Marketing & Development Officer, Southern Grampians Shire Council, P: 03 5573 0239 M: 0429 499 373 E: SBarnes@sthgrampians.vic.gov.au











DISA DigiHub 2021

SMOOTHIE BIKE

FRIDAY 28TH MAY 2PM - 7PM THE HUB, GRAY ST HAMILTON

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# Are you ready to pitch your project to a live audience?

SharkPitch aims to support 3 organisations to "pitch" their idea to a live virtual audience on Tuesday 7 September **2021** for financial and in-kind support for their program.

Expressions of interest are sought from grass-root community organisations who are working on one of the following priority areas facing people living in the Glenelg Shire community;

- **HEALTH** improving people's health.
- **EDUCATION** helping everyone achieve their potential.
- **INCOME STABILITY** promoting financial stability and independence.

Our MC engages the audience encouraging them to pledge funds, intending to raise a minimum of \$8,000 per organisation.

If you are interested in participating in the Shark Pitch event you must complete our expression of interest form by Wednesday 30 June 2021.

SharkPitch is an excellent opportunity to connect donors and community organisations innovatively. It allows people wanting to give back, whether financially, in time or with services and products to link organisations already established but needing support. It also allows community groups to upskill their staff and/or volunteers with public presentations, pitching and marketing themselves. Expression of

interest form

#### How organisations are selected to pitch:

- All expressions of interests are sent to a panel independent of United Way Glenelg. The panel will give United Way Glenelg their recommendations.
- The project must address an identified gap or need in the Glenelg Shire community.
- The pitch must be clear, concise and compelling.

If you wish to discuss your project further contact United Way Glenelg Executive Officer, Nicole Carr on 0410 513 305.



## Open fire safety tips

- Always use a fire screen in front of an open fire.
- Ensure ashes are cold before discarding.
- Chimneys and flues should be cleaned annually.
- Keep wood and other combustibles at least one metre away from fire.
- Only burn dry, clean wood.
- Brick chimneys and gas heaters should be checked before winter to prevent fires and carbon monoxide poisoning.





## Resources - links to Government, Organisational and Community Resources - Click here

#### **Our Team:**

Executive Officer: Janette Lowe M: 0408 553 095 E: janette.lowe@wdhs.net Manager Health & Wellbeing: Jo Brown M: 0428 310 280 E: joanne.brown@wdhs.net **Project Officers:** 

Rowena Wylie M: 0419 143652 E: rowena.wylie@wdhs.net Ebony lenkins M: 0466 554 562 E: ebony.ienkins@wdhs.net

Carol Stewart M: 0407 293 224 E: carolpstewart@outlook.com Sheridan Krause M: 0423 120 744: E: shereidan.krause@wdhs.net

Office Coordinator: Robyn Holcombe M: 0438 550300 E: robyn.holcombe@wdhs.net





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## PROFESSIONAL DEVELOPMENT

## Free Professional Development: Gambling Harm

The Health Promotion Team at Bethany Community Support offer **FREE Professional Development** for teams, workplaces, sporting clubs, community and youth groups around gambling harm awareness and supports available.

We deliver education and awareness for individuals and those affected by gambling and specifically work in settings across communities and sectors including:

Family violence; Youth; Drug and alcohol; Homeless and housing sector;
 Employment sector; Disability; Aboriginal and Torres Strait Islander groups;
 Culturally diverse groups; LGBTQIA+ groups

For more information contact Lily Bourke <a href="mailto:lbourke@bethany.org.au">lbourke@bethany.org.au</a> ph. 0418 667 612



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#### **Mental Health in the Workplace Training**

Red Cross has developed Mental Health Matters short courses which are delivered as workshops and can be customised to suit your workplace situation. Using an interactive online workshop format, participants learn about mental health and develop an understanding of when further help may be required.

Call 1300 367 428 (option 2) to book an information session or workshop at your workplace.



## Mental Health Matters Workshops – Saturday 15<sup>th</sup> May at Warrnambool

ESF has been funded by the State Government to host a program of Mental Health Matters workshops for volunteers in locations statewide.

The workshops are free and have been designed especially for emergency service volunteers with an interest in supporting the wellbeing of colleagues as well as looking after themselves.

Find out more... <a href="https://esf.com.au/events/mental-health-matters/">https://esf.com.au/events/mental-health-matters/</a>



## Introduction to Prevention of Violence Against Women (PVAW) - Free Online Course

This Course provides an introduction to the Prevention of Violence Against Women (PVAW). This is a great introductory Course to help you develop foundational knowledge to support further studies or work in gender equity and the prevention of violence against women.

Click here for more information

## **FUNDING OPPORTUNITIES**

## **South West Sport – Current Grants**

## **Get Active Kids Voucher Program**

The Get Active Kids Voucher Program helps eligible families get their kids involved in organised sport and recreation activities by reimbursing the cost of membership and registration fees, uniforms and equipment. Eligible children may be able to receive up to \$200 each. Click on the link: https://www.getactive.vic.gov.au/vouchers/



The <u>Youth Health Forum</u> is excited to announce a grants program closing on 31 May 2021. Grants up to \$10,000 are available to organisations that have partnered with young people to improve their peers' access to health services. The program will focus on the "Missing Middle" in health care-young people who do not have the knowledge or resources to access health services as needed. <u>Click here</u>

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