

Southern Grampians Glenelg Primary Care Partnership

Empowering our Communities to Thrive: 2019 & beyond

Bulletin #9 - 28th May 2021

SGGPCP Updates

Southern Grampians Shire Council and Glenelg Shire Council are among a number of local governments across Victoria to receive a VicHealth Local Government Partnership grant aimed at improving health and well-being outcomes for young people.

Yesterday, staff from both councils and partner organisations participated in Systems Thinking training with the Global Obesity Centre at Deakin University to develop skills that will be utilised to deliver a series of community workshops to build shared understanding of the issues facing young people, and develop and implement appropriate actions to address them.

There are now 23 additional people from across our catchment trained in Systems Thinking using an approach called Group Model Building -

Stay tuned for details about the community workshops across both shires. For queries, contact Ebony at ebony.jenkins@wdhs.net



Storytelling Masterclass **Series**

With Viv McWaters & Lee Ryan, Creative Facilitation



Session 1: Telling Stories

Thursday 10th June, 11 June 10th Workshop Full

Session 2: Learning from Stories

Thursday 17th June, 11am-12:30pm via zoom



The Storytelling Masterclass series is selling fast with the session 1 (June 10) already SOLD OUT and a few spaces available in session 2 (June 17). If you would like to register your name for a waiting list should a place become available please email joanne.brown@wdhs.net

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Are you ready to pitch your project to a live audience?

SharkPitch aims to support 3 organisations to "pitch" their idea to a live virtual audience on Tuesday 7 September **2021** for financial and in-kind support for their program.

Expressions of interest are sought from grass-root community organisations who are working on one of the following priority areas facing people living in the Glenelg Shire community;

- **HEALTH** improving people's health.
- **EDUCATION** helping everyone achieve their potential.
- **INCOME STABILITY** promoting financial stability and independence.

Our MC engages the audience encouraging them to pledge funds, intending to raise a minimum of \$8,000 per organisation.

If you are interested in participating in the Shark Pitch event you must complete our expression of interest form by Wednesday 30 June 2021.

SharkPitch is an excellent opportunity to connect donors and community organisations innovatively. It allows people wanting to give back, whether financially, in time or with services and products to link organisations already established but needing support. It also allows community groups to upskill their staff and/or volunteers with public presentations, pitching and marketing themselves. Expression of

interest form

How organisations are selected to pitch:

- All expressions of interests are sent to a panel independent of United Way Glenelg. The panel will give United Way Glenelg their recommendations.
- The project must address an identified gap or need in the Glenelg Shire community.
- The pitch must be clear, concise and compelling.

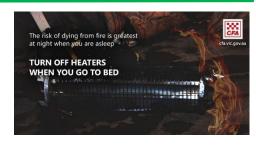
If you wish to discuss your project further contact United Way Glenelg Executive Officer, Nicole Carr on 0410 513 305.



Heating safety tips

- Ensure heaters are installed, maintained and operated according to manufacturer's instructions.
- Turn off all heating devices before leaving home or going to sleep.
- Drying clothes and other items must be kept at least one metre away from all heating
- Children must be supervised near all types of heating. Maintain a safe distance between Children and heating
- For portable heating appliances choose models that have automatic safety switches that turn the heater off if tipped
- Keep portable electric heaters away from wet areas to avoid the possibility of electric shock.







Executive Officer: Janette Lowe M: 0408 553 095 E: janette.lowe@wdhs.net Manager Health & Wellbeing: Jo Brown M: 0428 310 280 E: joanne.brown@wdhs.net **Project Officers:**

Rowena Wylie M: 0419 143652 E: rowena.wylie@wdhs.net Ebony lenkins M: 0466 554 562 E: ebony.ienkins@wdhs.net

Carol Stewart M: 0407 293 224 E: carolpstewart@outlook.com Sheridan Krause M: 0423 120 744: E: shereidan.krause@wdhs.net

Office Coordinator: Robyn Holcombe M: 0438 550300 E: robyn.holcombe@wdhs.net





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Resources – links to Government, Organisational and Community Resources – Click here

PROFESSIONAL DEVELOPMENT	
MENTAL HEALTH MATTERS KNOW THE SIGNS	Mental Health in the Workplace Training Red Cross has developed Mental Health Matters short courses which are delivered as workshops and can be customised to suit your workplace situation. Using an interactive online workshop format, participants learn about mental health and develop an understanding of when further help may be required. Call 1300 367 428 (option 2) to book an information session or workshop at your
Women's Health	Introduction to Prevention of Violence Against Women (PVAW) - Free Online Course This Course provides an introduction to the Prevention of Violence Against Women (PVAW). This is a great introductory Course to help you develop foundational knowledge to support further studies or work in gender equity and the prevention of violence against women. Click here for more information

FUNDING OPPORTUNITIES

South West Sport – Current Grants

Get Active Kids Voucher Program

The Get Active Kids Voucher Program helps eligible families get their kids involved in organised sport and recreation activities by reimbursing the cost of membership and registration fees, uniforms and equipment. Eligible children may be able to receive up to \$200 each. Click on the link: https://www.getactive.vic.gov.au/vouchers/



The <u>Youth Health Forum</u> is excited to announce a grants program closing on 31 May 2021. Grants up to \$10,000 are available to organisations that have partnered with young people to improve their peers' access to health services. The program will focus on the "Missing Middle" in health care-young people who do not have the knowledge or resources to access health services as needed. Click here



Farm Safety Rebate Scheme

Victorian farmers. Funding for the Scheme is provided from the Agriculture Infrastructure and Jobs Fund. One of the aims of this fund is to strengthen the resilience of the agriculture sector The Farm Safety Rebate Scheme aims to improve safety outcomes on farms.

Rebates of up to \$5,000 excluding GST are available with at least 50% co-contribution to assist eligible farm businesses within Victoria to invest in infrastructure and equipment to improve safety for farming families, workers and visitors to Victorian farms.

Click here to read more

Our Team:

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