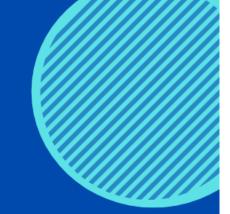


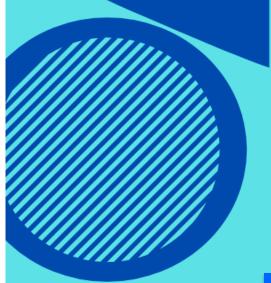
Empowering our Communities to Thrive: 2019 & beyond

Bulletin #19 – 28th September 2021

Glenelg Community Coronavirus Q & A

Thursday 7th October 12:30pm to 1pm





Local health professionals and community leaders from across Glenelg are joining forces to answer the Glenelg Shire community's questions about the coronavirus pandemic and its impacts locally.

You can join either using Zoom or live stream via Southern Grampians Glenelg Primary Care Partnership Facebook page.

Guest panellists:

- Dr Kaushik Banerjea, Director Medical Services, Portland District Health
- Karena Prevett, Acting CEO, Portland District Health
- Paul Phelan, Director Community Services, Glenelg Shire

For more information contact Janette Lowe, E: janette.lowe@wdhs.net

Zoom link:

https://us02web.zoom.us/i/82461715611?pwd=ZUs4VUxBRFNoaXJYNENibzF2elAyUT09



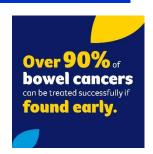
Campaign to increase bowel cancer screening rates in Victoria

With new Victorian data showing nearly 500 bowel cancers went undiagnosed in the first three quarters of 2020, Cancer Council Victoria has launched a campaign calling on eligible Victorians aged 50–74 to take part in the National Bowel Cancer Screening Program.

The campaign airs across TV, radio, out-of-home, and digital channels in Victoria to highlight the importance of finding bowel cancer early through the free at-home screening test. This test spots the early signs of bowel cancer, when successful treatment is more likely.

Bowel cancer is our second biggest cancer killer, taking around 100 Australian lives each week. Yet, if more people completed the free at-home bowel screening test every two years, many of these lives could be saved.

For more information on bowel cancer and bowel screening, visit: bowelcancer.org.au











Southern Grampians Glenelg PCP and South West PCP

are hosting a free information session on:

The Future Victorian Mental Health System

Thursday 28th October, 12:30pm to 1:30pm

Register via EventBrite: https://www.eventbrite.com.au/e/175117780997

a zoom link will be sent out prior to session

Session includes:

Presentation from Larissa Taylor Deputy CEO – Policy, Advocacy and Communications, Mental Health Victoria. Larissa will outline key changes happening in the Victorian mental health system in response to the Royal Commission on Mental Health and the proposed schedule for implementation.

Audience Questions and Answers

Opportunity to network and discuss future opportunities within Great South Coast.

Target Audience: Mental Health Service Providers, Support Service Providers, Mental Health Promotion Providers, Local Government, and Mental Health Services Advocates



Larissa Taylor, MPsych (Clin)

Larissa comes to Mental Health Victoria with a degree in clinical psychology as well as clinical and leadership experience in the health and disability sector. She has worked for an international disability NCO in Kenya and in mental health and disability across both South Australia and Victoria. Larissa brings extensive experience in supporting community-based organisations and staff in the transition to the NDIS.

For further information contact:

Janette Lowe M: 0408 553 095 E: janette.lowe@wdhs.net

Mark Brennan M: 0400 362 799 E: mbrennan@swpcp.com.au





Empowering our Communities to Thrive: 2019 & beyond

btb.org.au

Expressions of Interest Appointed Board Director Position

Beyond the Bell Great South Coast Ltd invites expressions of interest to join the Board.

The Board comprises of 9 Directors who provide strategic direction, oversight, governance and advocacy for Beyond the Bell. We are particularly seeking young professionals/professionals experienced in evaluation and/or research.

Bi-monthly meetings are held on-line/in locales across the Great South Coast.

Board members do not receive fees for their service; however, necessary expenses are reimbursed.

Further details and forms contact Board Chair: Francis Broekman Email: fbroekman@brophyfys.org

Applications close: 12pm, 8 October, 2021.

Our children and young people; every choice; every chance



Need a certificate to prove you've had the COVID jab?

If you don't have access to MyGov to get a copy of your vaccine certificate you can call the Australian Immunisation Register on 1800 653 809.

They will mail you out a hardcopy which will take up to 14 days.



Go to www.servicesaustralia.gov.au to find out more.

Our Team:

Executive Officer: Janette Lowe M: 0408 553 095 E: janette.lowe@wdhs.net
Manager Health & Wellbeing: Jo Brown M: 0428 310 280 E: joanne.brown@wdhs.net
Project Officers:

Rowena Wylie M: 0419 143652 E: rowena.wylie@wdhs.net Ebony Rhook M: 0466 554 562 E: ebony.rhook@wdhs.net Sheridan Krause M: 0423 120 744: E: shereidan.krause@wdhs.net Molly Dennis 0466 432 196 E: molly.dennis@wdhs.net Carol Stewart M: 0407 293 224 E: carolpstewart@outlook.com

Office Coordinator: Robyn Holcombe M: 0438 550300 E: robyn.holcombe@wdhs.net www.sgg.pc





Empowering our Communities to Thrive: 2019 & beyond



Barwon South West Waste & Resource Recovery Group

Barwon South West Waste and Resource Recovery Group's Can Do Communities program provides grants of up to \$500 to incorporated community groups for activities that contribute to community capacity to reduce waste and litter. There is no closing date, the application process is quick and easy and Education Officer, Linda Grant would love to chat with you about your project ideas. Visit www.reduce-recycle.com.au/community/programs or contact info@bswwrrg.vic.gov.au for more information.

South West Sport – Current Grants



\$250 Power Saving Bonus

Launched by the State Government on 1 February 2021, the \$250 Power Saving Bonus (PSB) is a financial package designed to assist the most vulnerable energy consumers in Victoria. It is a one-off payment available to over 900,000 eligible Victorian households with at least one eligible concession card holder. The \$250 Bonus will be available until 31 January 2022 and will be limited to one payment per eligible household. Consumers submit their applications through the Victorian Energy Compare website



Precincts and Regions

Get Active Kids Voucher Program

The Program will encourage kids to re-engage or to participate for the first time in new activities by reducing the cost of participation which can be a significant barrier to participation.

There is a total of \$21 million available through the Get Active Kids Voucher Program. The initiative will deliver 100,000 vouchers over two years to eligible Victorian children and young people, assisting families with the costs of participation in sport and active recreation activities.

You can apply for any amount above \$50 and up to \$200 per child for reimbursement of eligible out of pocket expenses associated with your child's sport and active recreation activity.

Opens 4th October 2021

<u>Click here</u> for more information



AgriFutures Rural Women's Acceleration Grant

A new AgriFutures Australia program, developed to foster growth and development in women involved in Australia's rural and emerging industries, businesses, and communities.

AgriFutures has introduced a new program called the AgriFutures Rural Women's Acceleration Grant program. It will run separately, however it will complement the Rural Women's Award process, aiming to provide a leadership and development opportunity to women who are not quite ready to apply for the Award.

Seven Australian women per annum will be granted with a learning and development bursary (not cash) of up to \$7,000 for professional development to enable them to bring their idea, cause or vision to life.

Click here to read more



Empowering our Communities to Thrive: 2019 & beyond





Health Promotion Awards

We know there are amazing Victorians supporting their communities to live healthier, happier lives. The Victorian Health Promotion Awards give us the opportunity to recognise these incredible individuals and organisations.

Nominate them before Friday, 1 October. <u>Click here</u> to nominate

#VicHealthPromotionAwards #HealthPromotionChampions

PROFESSIONAL DEVELOPMENT	
Phn WESTERN VICTORIA An Australian Government Initiative	Free webinar Supporting Young People and their Families through Grief and Suicide death Thursday 16th September 6.30pm - 7.45pm Click here to register
Moyne NextGen	Join Moyne NextGen! and give young people in Moyne a stronger voice to make a greater impact! Young people aged 16-25 who live, study or work in Moyne Shire are invited to express their interest to participate on the Moyne NextGen! youth engagement panel. Get paid for your time and contribution! Check out the details and Register your interest by 17 September.
genü	Launch of the South West's Low Intensity Mental Health Support Service being delivered by genU is happening on Wednesday 29 September 3.00pm to 3.45pm RSVP by 24 September. Please register HERE and a link will be sent to you.
NARI AGENG RESEARCH INSTITUTE LTD Bringing research to life	Strategies for tackling loneliness in Aged Care Workshop Presenter: National Ageing Research Institute Dates: Wednesday October 20 th Location: Online Details: Here
MENTAL HEALTH MATTERS KNOW THE SIGNS	Mental Health in the Workplace Training Red Cross has developed Mental Health Matters short courses which are delivered as workshops and can be customised to suit your workplace situation. Call 1300 367 428 (option 2) to book an information session or workshop at your workplace.
Women's Health	Introduction to Prevention of Violence Against Women (PVAW) - Free Online Course Click here for more information

Resources – links to Government, Organisational and Community Resources – Click here

Our Team:

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