

## Glenelg Community Coronavirus Q & A Thursday 4th November 12:30pm to 1pm



Local health professionals and community leaders from across Glenelg are joining forces to answer the Glenelg Shire community's questions about the coronavirus pandemic and its impacts locally.

You can join either using Zoom or live stream via Southern Grampians Glenelg Primary Care Partnership Facebook page.

### Guest panellists:

- **Dr Kaushik Banerjee**, Director Medical Services, Portland District Health
- **Paul Phelan**, Director Community Services, Glenelg Shire

For more information contact Janette Lowe, E: [janette.lowe@wdhs.net](mailto:janette.lowe@wdhs.net)

### Zoom link:

<https://us02web.zoom.us/j/82461715611?pwd=ZUs4VUxBRFRNoaXJYNENibzF2eIAyUT09>



Linking your Vaccination Certificate to your Services Victoria App



# CONNECTING carers

TO BUSHFIRE SAFETY



CFA also delivers bushfire planning workshops to community groups. To arrange a workshop email us at [communityprograms@cfa.vic.gov.au](mailto:communityprograms@cfa.vic.gov.au) or contact your local CFA District Office.



Western District  
Health Service

## HAMILTON FUN RUN & RIDE

The Hamilton Fun Run has gone  
virtual in 2021

The virtual event will include running and cycling events

You can run, walk or ride anytime, anywhere in the world\*  
between 6th - 21st November

\*ensuring you adhere to COVID-19 restrictions within your area

REGISTER NOW

[www.mycause.com.au/events/hamiltonfunrun](http://www.mycause.com.au/events/hamiltonfunrun)



## Confidential, independent, local and free – business support for farmers and small business owners throughout Victoria's regional west

### Confidential, independent, local and free.

Business support for farmers and small business owners throughout Victoria's regional west.



Farm business



Small business



Well-being in business

**RFCS**

Victoria West



[www.RFCSVictoriaWest.com.au](http://www.RFCSVictoriaWest.com.au)  
**1300 735 578**

Getting started is as easy as giving us a call



Government-funded Rural Financial Counselling Service (RFCS) has operated nationwide for over 35 years, providing free business support to primary producers and now rural-regional small business owners navigating the challenges of financial stress or uncertainty, including operating through drought, bushfire or COVID19.

RFCS Victoria West is your local provider.

Rural financial counsellors and small business financial counsellors are a great resource for your farm or small business operation. They're based in the regions they work in and understand local conditions and communities.

Financial counsellors can help with:

- Understanding your financial position
- Identifying and exploring options and opportunities
- Accessing grants and government support
- Negotiating with banks, creditors or insurance providers

- Planning for the next months and for the future

RFCS Victoria West takes a holistic approach to financial counselling. A well-being counsellor is available to ensure anyone working with a financial counsellor is fully supported.

Appointments are always free of charge.

Get to know your local RFCS. Call 1300 735 578 or visit [www.RFCSVictoriaWest.com.au](http://www.RFCSVictoriaWest.com.au).



### Southern Grampians Shire Council "Greater Hamilton Christmas Festivities" Youth Project. For 17 to 25 year olds

#### Sleigh Display Christmas Activation

The project begins with a course in Automate and Animate Your Holiday Lights Using RGB Pixels to be conducted at the Greater Hamilton Library. Bookings are limited to 10 participants and registration is essential.

Dates: Thursday 11th November & Friday 12th  
Time: 4.30pm – 6.30 each day.

Following the course the Hamilton Performing Arts Centre experts will guide participants in assembling components and coding a spectacular display of lighting to music to be enjoyed by the whole community.

Dates: Tuesday 16th November & Wednesday 17th November  
Tuesday 23rd November & Wednesday 24th November  
Time: 4.30pm – 6.30pm each day.

To register for this free and exciting opportunity contact the Greater Hamilton Library 5573 0470 or email: [library@sthgrampians.vic.gov.au](mailto:library@sthgrampians.vic.gov.au)



# Free Parent Webinar: Gaming & Young People

**Did you know? Adolescents have an average spend of \$50 a month on in-game purchases.** (RockLoff et al. 2020)

**Bethany Community Support** invites all Great South Coast and Barwon parents to attend this **FREE** online information session.

This session by will cover:

- Understanding gaming
- The connection between gaming and gambling
- In game purchasing
- Setting boundaries with your child
- Top tips for parents
- Access to free resources



**Date: Wednesday 24th November 2021**

**Time: 7:00 – 8:00pm**

**Link to register: <https://bit.ly/3msBub5>**

**Great South Coast:**

**Lily Bourke**

**e. [lbourke@bethany.org.au](mailto:lbourke@bethany.org.au)**

**m. 0418 667 612**

**Barwon:**

**Hannah Martin**

**e. [hmartin@bethany.org.au](mailto:hmartin@bethany.org.au)**

**m. 0456 111 534**



## Wannon Water is here to help

Did you know that 20 per cent of people had trouble paying their water bills last year yet only 2.5 per cent asked for help? If you're having difficulty, please call Wannon Water to access a range of support programs.

Their Customer Relations Team members are specially trained and will support you through the process. They understand that every situation is unique and that financial stress impacts all of us in different ways. They'll work with you to find the best solution for your needs.

Contact Wannon Water on freecall 1300 926 666 or use the chat function on the website at [wannonwater.com.au](http://wannonwater.com.au)



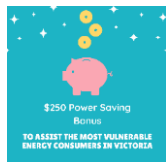
## FUNDING OPPORTUNITIES



**Barwon South West  
Waste & Resource  
Recovery Group**

Barwon South West Waste and Resource Recovery Group's Can Do Communities program provides grants of up to \$500 to incorporated community groups for activities that contribute to community capacity to reduce waste and litter. There is no closing date, the application process is quick and easy and Education Officer, Linda Grant would love to chat with you about your project ideas. Visit [www.reduce-recycle.com.au/community/programs](http://www.reduce-recycle.com.au/community/programs) or contact [info@bswwrrg.vic.gov.au](mailto:info@bswwrrg.vic.gov.au) for more information.

### South West Sport – Current Grants



#### \$250 Power Saving Bonus

Launched by the State Government on 1 February 2021, the \$250 Power Saving Bonus (PSB) is a financial package designed to assist the most vulnerable energy consumers in Victoria. It is a one-off payment available to over 900,000 eligible Victorian households with at least one eligible concession card holder. The \$250 Bonus will be available until 31 January 2022 and will be limited to one payment per eligible household. Consumers submit their applications through the [Victorian Energy Compare website](http://Victorian Energy Compare website)



**There are still \$\$ available for youth led projects!** Connect UP Grants \$1500 available for youth led projects to connect and inspire young people. Contact Kim [kwatts@brophy.org.au](mailto:kwatts@brophy.org.au) for details. Get in quick and support young people to apply for these grants. Super easy process 😊 great for social connection activities that can happen in November/December.

[Safe and Connected | Brophy Family and Youth Services](#)

## PROFESSIONAL DEVELOPMENT

	<p><b>Accidental Counsellor Training - Tuesday 23 November from 9.30am to 4.30pm</b></p> <p>Where: The Lady Bay Resort, 2 Pertobe Road, Warrnambool 3280</p> <p>This will be a <b>fully subsidized</b> and <b>catered</b> event for Carer Support Provider staff. Numbers are strictly limited.</p> <p>Please RSVP: Vicki Kearney, Coordinator, SWCRSN <a href="mailto:vkearney@mpower.org.au">vkearney@mpower.org.au</a> or by phone: 5561 8111</p>
	<p><b>Mental Health in the Workplace Training</b></p> <p>Red Cross has developed Mental Health Matters short courses which are delivered as workshops and can be customised to suit your workplace situation. Call 1300 367 428 (option 2) to book an information session or workshop at your workplace.</p>
	<p><b>Introduction to Prevention of Violence Against Women (PVAW) - Free Online Course</b></p> <p><a href="#">Click here</a> for more information</p>

Resources – links to Government, Organisational and Community Resources – [Click here](#)

## Our Team

**Executive Officer:** Janette Lowe M: 0408 553 095 E: [Janette.lowe@wdhs.net](mailto:Janette.lowe@wdhs.net)

**Manager Health & Wellbeing:** Jo Brown M: 0428 310 280 E: [joanne.brown@wdhs.net](mailto:joanne.brown@wdhs.net)

**Project Officers:**

Rowena Wylie M: 0419 143 652 Ebony Rhook M: 0466 554 562 E: [ebony.rhook@wdhs.net](mailto:ebony.rhook@wdhs.net)

Molly Dennis M: 0466 432 196 E: [molly.dennis@wdhs.net](mailto:molly.dennis@wdhs.net)

Emma Schultz M: 0423 120 744 E: [emma.schultz@wdhs.net](mailto:emma.schultz@wdhs.net)

**Office Coordinator:** Robyn Holcombe M: 0438 550 300 E: [robyn.holcombe@wdhs.net](mailto:robyn.holcombe@wdhs.net) [www.sgg.pcp](http://www.sgg.pcp)

