

Southern Grampians Glenelg Primary Care Partnership

Empowering our Communities to Thrive: 2019 & beyond

Bulletin #2 - 21st February 2022

SGGPCP Update

Dear SGGPCP Partners and Stakeholders

Last October the Department of Health announced that the 28 PCPs located across Victoria would transition their high-value functions into the Local Public Health Units (LPHUs) by 31 March 2022. Earlier this week Professor Euan Wallace, Secretary Department of Health announced an extension to the Primary Care Partnerships Program Service Agreement and funding to 30 June 2022. We welcome this extension as it allows sufficient time for effective co-design, consultation and transition of the PCPs' staffing, partnerships and high value functions.

In our case the Barwon South West Public Health Unit is led by Barwon Health. Recently, SGGPCP, Western District Health Service (as auspice agency for the SGGPCP) and Barwon Health (BH) commenced discussions regarding the potential transition of SGGPCP's functions, staff and resources. South West PCP, and G21/Barwon PCP are also transitioning to Barwon Health as part of this change.

Importantly, the SGGPCP's Executive Committee is committed to making the best decisions for our current members and the broader Southern Grampians Glenelg community during this transition phase. Our Auspice, Western District Health Service, is also committed to ensuring all legal aspects transition appropriately and are strongly supporting staff along with our Executive Committee, through this transition.

We welcome any questions or feedback regarding our transition.

Please contact Janette Lowe, Executive Officer, SGGPCP E: Janette.lowe@wdhs.net

BreastScreen Victoria – appointments available at Portland clinic



The Portland BreastScreen Victoria clinic currently has appointments available from early March onwards for eligible Victorians.

Women aged between 50 and 74 should have a free breast screen every two years. They are the best way to find breast cancer early, before there are symptoms and when treatment is most successful.

All breast screens are with a female radiographer, in a friendly and safe environment. You don't need a doctor's referral or Medicare card, and screens only take 10 minutes.

BreastScreen Victoria has safety measures in place to protect clients and staff against the risk of COVID-19. This includes mandatory face masks and spaced out appointments to allow for physical distancing, and more cleaning in between appointments. More information about screening during COVID-19 can be found on the BreastScreen Victoria website. The Portland clinic is located on Portland & District Hospital, corner Bentinck & Fern Streets, PORTLAND, VIC 3305.

Appointments for the Portland clinic can be made online at breastscreen.org.au or by calling 13 20 50.

Links

Bookings: https://bookings.breastscreen.org.au or call 13 20 50

Facebook: <u>BreastScreen Victoria</u> Website: <u>www.breastscreen.org.au</u>











Vision Initiative is hosting an online webinar panel for World Glaucoma Week, Tuesday 8th March, 4pm-5:30pm.

This webinar is for allied/community health professionals or any health professionals that work with people living with glaucoma.

Registration link: <u>Community health: Supporting people with glaucoma</u>
Registration, Tue 08/03/2022 at 4:00 pm | Eventbrite

Free child car restraint fittings & safety checks



Hamilton Community House with the assistance of Hamilton Institute of Rural Learning invites local parents and carers to book in for a free child car restraint fitting or safety check.

Where: HIRL, 333 Nth Boundary Road, Hamilton When: Tuesday 22 March 2022 between 10am & 2pm



Bookings are essential. Parents and carers (including grandparents) can book in a free child car restraint fitting or check by registering through: https://safeseatssafekids.com.au/venues-mec/



Australian Government

Department of Health

COVID-19 aged care grief and trauma support services | Australian Government Department of Health

These services provide grief and trauma support for those living, working and caring in the aged care sector, who have been impacted by COVID-19.

As a result of COVID-19, many people may be:

- suffering grief and loss from the passing of a loved one or significant changes in lifestyle
- experiencing trauma as a response to isolation, physical distancing, and visitor restrictions in aged care.

These free support and advice services are available Australia-wide for:

- residents in aged care
- home care recipients
- families of senior Australians, their families of choice, friends, loved ones, representatives and community visitors
- aged care staff, including residential aged care staff and home care staff, including aged care leadership, nursing and personal care workers, and ancillary staff.

Resources available:

- Support for grief, loss and bereavement
- Resources for those affected by trauma
- Help for dementia associated behaviours
- Advice and advocacy for older people
- <u>Crisis support services available 24 hours</u>
- Resources



Healthy Choices, Healthy Habits, Healthy Kids

A school lunch order research study by Cancer Council Victoria

Children need good nutrition for healthy growth and development. Nutrition is important for a child's long-term health and for prevention of chronic diseases like cancer, diabetes and heart disease.

Because children spend a large proportion of their time at school, the school environment offers an ideal setting to encourage and support healthy childhood nutrition.

With the support of My School Connect's online canteen platform, Cancer Council Victoria will conduct Healthy Choices, Healthy Habits, Healthy Kids, a school lunch order research study, to determine whether clearer communication about the nutritional value of food items in school canteens will encourage healthier food choices. There is no cost for schools to join the study, and all schools that sign up to the study get free access to the My School Connect online platform for the duration of the study.

Click here to read more





Our children and young people: every choice: every chance

What will I be doing?



Collaborate with a team to explore issues facing young people in south west Victoria, design and run a project to improve education, training and employment opportunities in your community.

Will I get paid?



Yes!

You will receive an honorarium for your participation on this project.

What is the time commitment?



Monthly opportunities with meetings and training (via face-face or zoom, Covid pending) after school hours throughout 2022. First meeting will be held mid-March.
Organising and running a project in your community

Who can apply?



Anyone aged between 12-19 years living in:

- Colac Otway Shire
- Corangamite Shire
- Glenelg Shire
- Moyne Shire
- Southern Grampians Shire
- Warrnambool City

Why apply?

Build your personal skills and capacity to influence change, connect with other young change makers and be part of an exiting project where you have the power to make decisions that affect young people in your community!

https://pdf.ac/17Cl33 (apply here)



Contact Rachel Wilks: rwilks@btb.org.au

FUNDING OPPORTUNITIES



Jump Start

VicHealth are looking for projects that will provide more opportunities for Victoria's children and young people through food, art and play.

Together, JumpStart! will create hundreds of community-led initiatives for Victoria's children and young people (aged 0-25, including families).

But what does this look like? Tell us how your organisation can support young people to:

- learn about their own food culture and identity and share this with others
- get physically active in welcoming and inclusive places
- connect through arts, cultural and play-based activities.

JumpStart! Is more than just a funding opportunity. We're offering a whole heap of support, because we're in this together. We'll back your ideas through building your skills. We'll connect you with like-minded leaders, share insights across communities and be sure you have the resources to make your project the best it can possibly be.

Organisations like yours can make it happen. Funding from \$3,000 to \$50,000 is available from a share of \$2 million for round one.

• <u>Click here</u> for more information

Sustainability Victoria

Recycling Victoria Communities Fund Round 2

The Recycling Victoria Communities Fund supports local community groups, social enterprises and other not-for-profit businesses working to reduce waste and improve recycling.

The Fund objective is to assist Victorian Communities to transition to a circular economy by providing funds to solicit creative solutions for issues and gaps in the current waste management system.

Applications must be submitted by 11:59pm, 31 March 2022. Late applications will only be accepted under exceptional circumstances.

Click here for more information





Jobs, Precincts

and Regions



Change Our Game Community Activation Grants

The Change Our Game Community Activation Grants Program funds one-off community level events that celebrate the role of women and girls in sport and active recreation. The Program provides funding of up to \$10,000 to successful applicants. Organisations can submit one application to one of the following streams:

- Stream 1: Community Re-activation (up to \$5,000) To support clubs and organisations impacted by COVID-19 to reconnect women and girls with community sport and active recreation, and increase the promotion of alternative participation options.
- Stream 2: Organisation or club training or development (up to \$5,000) For clubs and organisations to undertake self-directed learning and training opportunities in leadership or in activities specific to their sport.
- Stream 3: Showcasing achievements (up to \$10,000) Activities and events that aim to influence and empower women and girls in sport and active recreation.

Click here for more information



Get Active Kids Voucher Program - opening on March 7

The Program will encourage kids to re-engage or to participate for the first time in new activities by reducing the cost of participation which can be a significant barrier to participation.

The Program will be delivered across four Rounds over the period 1 March 2021 until 17 April 2022.

Click here for more information



Victorian Sport Awards - opening on February 14

Each year the Victorian Sport Awards honour those who have made an outstanding contribution to sport in Victoria as an individual or team recognising athletes, coaches, administrators and volunteers from both metropolitan and regional areas in Victoria. It is through your nominations that we can identify and celebrate these people in our sporting community.

Click here for more information



South West Sport – Current Grants

	Free From Violence Local Government Program
State Government Families, Fairness and Housing	The Free from Violence Local Government Program 2022-2025 will support councils to embed gender equality and family violence prevention practices into their work and the
	programs and services they deliver.
	<u>Click here</u> for more information
	Disability Self Help Grants
YICTORIA State Government Families, Fairness and Housing	Applications for the latest funding round of disability self help grants are open.
	Grants of up to \$5,000 a year over two years are available to support disability self help groups.
	The grants are available to assist disability self help groups with general expenses and
	running costs, as well as minor works and equipment.
	<u>Click here</u> to find out more
	Local Community Access Grants Program
YICTORIA State Government	Grants of up to \$20,000 are still available to support community organisations and neighbourhood houses to deliver activities that reduce COVID-19 vaccine misinformation and hesitancy.
	Community organisations and neighbourhood houses can apply for funding that promotes and increases vaccine confidence through community engagement and improves access by
	removing practical barriers to COVID-19 vaccinations. Projects need to support one or more
	priority groups outlined in the program guidelines.
	<u>Click here</u> for more information

Experts in Our Health – A training session for Health and Community Services Workforces Women with disabilities experience multiple barriers to accessing health services. The Experts in Our Health training supports organisations to improve accessibility and implement inclusive co-design of services and programs. Length: Approximately 60 minutes Location: In-person or online via Zoom Cost: Free, funded by Department of Social Services For more information: contact Rosie Granland on 0412 283 587 E: rosie.granland@wdv.org.au or Dee Henry on 03 92 86 7801 E: dee.henry@wdv.org.au

Resources – links to Government, Organisational and Community Resources – Click here

Our Team

Executive Officer: Janette Lowe M: 0408 553 095 E: Janette.lowe@wdhs.net Manager Health & Wellbeing: Jo Brown M: 0428 310 280 E: joanne.brown@wdhs.net Project Officers:

Rowena Wylie M: 0419 143 652 Ebony Rhook M: 0466 554 562 E: ebony.rhook@wdhs.net

Emma Schultz: M: 0423 120 744 E: emma.schultz@wdhs.net

Office Coordinator: Robyn Holcombe M: 0438 550 300 E: robyn.holcombe@wdhs.net www.sgg.pcp

