



Bulletin #11 – 25th June 2021

SGGPCP Updates

Welcome Molly - Hands Up Casterton – new Community Development worker



SGGPCP welcomes Molly Dennis to the team. Molly will be taking on the community development role with Hands Up Casterton. Molly is excited to return to her hometown of Casterton after previously working with the Department of Housing in Geelong and returning to the area to take up the Youth Engagement Officer role at WDHS. Molly is passionate about community and particularly about Casterton where she is an active community member, so when the opportunity to working with the Hands Up Casterton team arose Molly put her hand up. This role is also supported by Beyond the Bell Great South Coast who identify the alignment with their 2021-2023 strategy and purpose “to actively work with communities, with a focus on social and emotional wellbeing, disadvantaged children and young people and engagement with learning”. Molly will work in this role on Thursdays and Fridays and can be contacted on 0466 432 196 and E: handsupcasterton@gmail.com



Victoria’s Crime Prevention Strategy - Empowering local solutions to tackle crime

A new Crime Prevention Strategy that sets out a clear approach to empower communities to tackle the causes of crime has been released by the Victorian Government.

The focus of the Strategy is working in partnership with communities and key organisations to deliver innovative local solutions to crime. It recognises that communities hold the expertise, knowledge and ideas to design the solutions that are right for them.

The **Building Safer Communities Program** is a key initiative under the Strategy and includes grants and community forums. The next round of grants to support projects to prevent crime and improve community safety will open on 15 November 2021.

Find out more including the outcomes of the first grants round, at crimeprevention.vic.gov.au

South West Sport – Youth in Sport Team



Are you aged 12-25 and have a passion for being active? If you answered yes; South West Sport wants to hear from you.

South West Sport is establishing a youth advisory group to help shape the future of Youth Participation in the region.

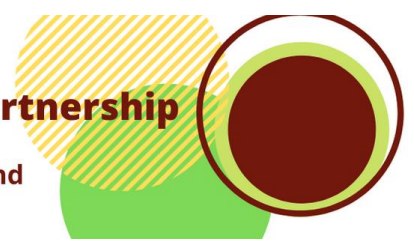
We are seeking participants from across the South West region, who are aged 12-25, who have a passion for sport and being active. If this sounds like something you or a young person you know would be great at, please follow the link to our expression of interest.

The South West Sport - Youth in Sport Team, is an opportunity for young people in the region to gain skills in the sport and recreation industry, collaborate with other young people, have their voices heard and to influence youth participation in the region.

If you are passionate about physical activity and being active, if you are part of the game, a supporter, a volunteer, an umpire or someone wanting to get involved in physical activity - this is for you.

Register your interest here <https://www.surveymonkey.com/r/SWSYouthInSport>

This program is supported by VicHealth’s Regional Sports Program.



Heart Smart Pocket Guide

90% of Australians have at least one risk factor for heart disease.* The more risk factors for coronary heart disease you have, the greater your chance of developing it. The good news is that you can do something positive to limit most risk factors.

[Click here](#) for the Heart Smart Pocket Guide

Portland

YOUTH MENTAL HEALTH FIRST AID



Do you want to learn more about young people's mental health and learn how to support them?

**4 X 3 HOUR NIGHT SESSIONS
THIS AUGUST
REGISTER NOW!**



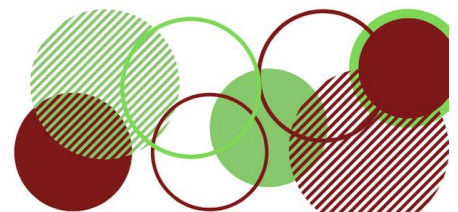
<https://live4life.eventbrite.com.au>

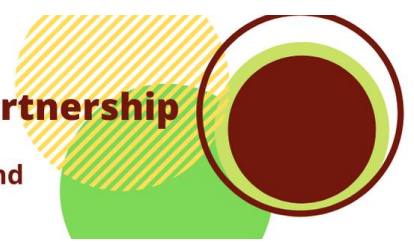
PROFESSIONAL DEVELOPMENT

	<p>Mental Health in the Workplace Training</p> <p>Red Cross has developed Mental Health Matters short courses which are delivered as workshops and can be customised to suit your workplace situation. Using an interactive online workshop format, participants learn about mental health and develop an understanding of when further help may be required.</p> <p>Call 1300 367 428 (option 2) to book an information session or workshop at your workplace.</p>
	<p>Introduction to Prevention of Violence Against Women (PVAW) - Free Online Course</p> <p>This Course provides an introduction to the Prevention of Violence Against Women (PVAW). This is a great introductory Course to help you develop foundational knowledge to support further studies or work in gender equity and the prevention of violence against women.</p> <p>Click here for more information</p>

Our Team:

Executive Officer: Janette Lowe M: 0408 553 095 E: janette.lowe@wdhs.net
 Manager Health & Wellbeing: Jo Brown M: 0428 310 280 E: joanne.brown@wdhs.net
 Project Officers:
 Rowena Wylie M: 0419 143652 E: rowena.wylie@wdhs.net Ebony Jenkins M: 0466 554 562 E: ebony.jenkins@wdhs.net
 Sheridan Krause M: 0423 120 744 E: shereidan.krause@wdhs.net Molly Dennis: 0466 432 196 E: molly.dennis@wdhs.net
 Carol Stewart M: 0407 293 224 E: carolstewart@outlook.com
 Office Coordinator: Robyn Holcombe M: 0438 550300 E: robyn.holcombe@wdhs.net www.sgg.pcp





FUNDING OPPORTUNITIES

South West Sport – Current Grants



Australia Post community grants up to \$10,000 is available to eligible community-led, local projects that connect individuals and communities to improve mental health and wellbeing. Closes 4 July. [Click here](#)

Safer Communities Fund

The Morrison Government is providing up to \$20 million in funding for early intervention projects and up to \$10 million for security infrastructure through round six of the Safer Communities Fund.

The early intervention grant opportunity is now open (closing 22 July 2021) and the security infrastructure grant opportunity opens on 15 June 2021 (closing 5 August 2021).

[Click here](#) to read more



\$250 Power Saving Bonus

Launched by the State Government on 1 February 2021, the \$250 Power Saving Bonus (PSB) is a financial package designed to assist the most vulnerable energy consumers in Victoria. It is a one-off payment available to over 900,000 eligible Victorian households with at least one eligible concession card holder. The \$250 Bonus will be available until 31 January 2022 and will be limited to one payment per eligible household. Consumers submit their applications through the [Victorian Energy Compare website](#)

Healing the Past by Nurturing the Future Project

We are seeking participants for a [Primary Care Workforce Survey](#) as part of the [Healing the Past by Nurturing the Future](#) project. The survey is interested in learning more about **primary workforce** views across **regional** and **rural Victoria** on providing **trauma-informed primary care services** for clients who are parents (including Aboriginal parents). Please help through your feedback by completing the **15 minute** survey.

All the study information can be found on [my study profile](#)

Further information contact: Carol Reid, PhD Candidate; Healing the Past by Nurturing the Future Project, La Trobe Uni
M: 0439 949 020 E: c.reid@latrobe.edu.au E: 20205661@students.latrobe.edu.au



Resources – links to Government, Organisational and Community Resources – [Click here](#)

Our Team:

Executive Officer: Janette Lowe M: 0408 553 095 E: janette.lowe@wdhs.net
Manager Health & Wellbeing: Jo Brown M: 0428 310 280 E: joanne.brown@wdhs.net
Project Officers:
Rowena Wylie M: 0419 143652 E: rowena.wylie@wdhs.net Ebony Jenkins M: 0466 554 562 E: ebony.jenkins@wdhs.net
Sheridan Krause M: 0423 120 744 E: shereidan.krause@wdhs.net Molly Dennis: 0466 432 196 E: molly.dennis@wdhs.net
Carol Stewart M: 0407 293 224 E: carolpstewart@outlook.com
Office Coordinator: Robyn Holcombe M: 0438 550300 E: robyn.holcombe@wdhs.net www.sgg.pcp

